

Prova 10	Masc., 400m Livres				Absoluto
04/03/2023 - 9:15					Startlist
Recorde Regional Absoluto	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Sen	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Jun18	4:07.78	GOUVEIA, Pedro Galvao	CDN	Coimbra	02/04/2017
Recorde Regional Jun17	4:07.82	FRANCO, Paulo Fragueiro	CDN	Famalicao	06/08/1999
Recorde Regional Juv A	4:14.87	FRANCO, Paulo Fragueiro	CDN	Jamor	31/07/1998
Recorde Regional Juv B	4:17.97	FREITAS, Tomas Miguel	CDN	Coimbra	23/07/2005
Recorde Regional Inf A	4:25.14	ALMEIDA, Carlos Alexandre	CDN	Restelo	26/07/2003
Recorde Regional Inf B	4:37.33	FRANCO, Paulo Fragueiro	CDN	Olivais	28/07/1995
Recorde Nacional Nat. Adaptada S17	5:28.66	CARVALHO, Joaquim Eduardo	CNF	Coimbra	13/11/2022

ZONAL Inf. B Mas. Inf B: 5:47.82 / ZONAL Inf. A Mas. Inf A: 5:24.81 / Infantil B Mas. Inf B: 5:32.38 /
 Infantil A Mas. Inf A 25m: 5:06.20 / Juv. B Mas. Juv B: 4:39.07 / Juv. A Mas. Juv A: 4:32.67 / J nior 1  Ano Mas. Jun17: 4:24.99 /
 J nior 2  Ano Mas. Jun18: 4:23.71 / S nior 1  Ano Mas. Sen19: 4:17.31 / S nior 2  Ano Mas. 20 +: 4:16.03 /
 OPEN Juvenis Mas. Juv: 4:36.51 / OPEN J nior Mas. Jun: 4:23.71 / OPEN S nior Mas. Sen: 4:16.03

Ano

S rie 1 de 4

3 ALVES, Mateus Basilio	09	Juventude Atlantico	6:27.31
4 VIEIRA, Francisco Rodrigues	10	Naval do Funchal	6:06.92
5 RODRIGUES, Goncalo Reis	09	Juventude Atlantico	6:19.31

S rie 2 de 4

0 GARANITO, Mateus Silva	10	Naval do Funchal	6:02.07
1 ANTUNES, Frederico Luis	08	Juventude Atlantico	5:49.31
2 GOMES, Guilherme Silva	08	Desportivo Nacional	5:46.76
3 PESTANA, Andre Pinto	09	Naval do Funchal	5:35.62
4 CARVALHO, Joaquim Eduardo	07	Naval do Funchal	5:28.66
5 ALVES, Diogo Basilio	07	Juventude Atlantico	5:30.21
6 ABREU, Afonso Henrique	09	Naval do Funchal	5:42.22
7 BARATA, Joao Tomas	08	Juventude Atlantico	5:47.11
8 MENDES, Salvador Neves	10	Naval do Funchal	5:50.00

S rie 3 de 4

0 PESTANA, Pedro Correia	09	Desportivo Nacional	5:25.19
1 SILVA, Joao Bernardo	09	Desportivo Nacional	5:18.79
2 FERNANDEZ, Henrique Justino	08	Juventude Atlantico	5:18.04
3 FARIA, Afonso Cunha	09	Desportivo Sao Roque	5:08.10
4 CASTRO, Marco Antonio	08	Naval do Funchal	4:57.59
5 NUNES, Duarte Costa	07	Juventude Atlantico	5:06.48
6 GONCALVES, Pedro Martim	09	Juventude Atlantico	5:15.81
7 BERENQUER, Santiago Moura	07	Juventude Atlantico	5:18.42
8 NOBREGA, Matias Sargo	08	Naval do Funchal	5:19.69
9 MARTINS, Antonio Freitas	09	Desportivo Nacional	5:25.95

S rie 4 de 4

0 PEREIRA, Lucas Santos	07	Naval do Funchal	4:50.30
1 RODRIGUES, Guilherme Gomes	08	Desportivo Sao Roque	4:45.44
2 COSTA, Guilherme Corte	07	Desportivo Nacional	4:39.76
3 FERNANDES, Diogo Henrique	04	Naval do Funchal	4:23.54
4 OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	4:16.18
5 ABREU, Sergio Gomes	96	Naval do Funchal	4:17.35
6 ALMEIDA, Joao Francisco	07	Naval do Funchal	4:33.71
7 JESUS, David Martins	07	Desportivo Sao Roque	4:42.53
8 GARANITO, Simao Silva	06	Naval do Funchal	4:46.36
9 FERNANDES, Afonso Berimbau	07	Juventude Atlantico	4:54.21