

Prova 24	Femin., 1500m Livres					Absoluto
28/01/2023 - 11:20	Junto com a prova 23. (1500m Livres Masc.)					Resultados
Recorde Regional Absoluto	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006	
Recorde Regional Sen	18:55.48	MARQUES, Mariana Sousa	CNF	Coimbra	30/07/2006	
Recorde Regional Jun17	18:57.24	SOUSA, Joana Francisca	CDSR	Funchal	03/07/2021	
Recorde Regional Jun16	19:01.67	SOUSA, Joana Francisca	CDSR	Funchal	28/02/2020	
Recorde Regional Juv A	19:30.34	AGUILAR, Vera Ines	CDN	Funchal	05/07/2015	
Recorde Regional Juv B	19:33.38	ARAUJO, Maria Clara	CNF	Funchal	07/07/2019	
Recorde Regional Inf A	20:24.76	FREITAS, Maria Beatriz	CDN	Funchal	05/07/2009	
Recorde Regional Inf B	20:28.70	TELO, Carla Patricia	CSM	Matur	01/01/1983	

Juv. B Fem. Juv B: 20:34.84 / Juv. A Fem. Juv A: 20:06.26 / Júnior 1º Ano Fem. Jun16: 19:37.67 /
Júnior 2º Ano Fem. Jun17: 19:31.95 / Sénior 1.º Fem. Sen18: 19:09.09 / Sénior 2.º Fem. 19 +: 19:03.37 /
OPEN Juvenis Fem. Juv: 20:06.26 / OPEN Júnior Fem. Jun: 19:31.95 / OPEN Sénior Fem. Sen: 19:03.37

Pontos: FINA 2022

Lugar	Ano								Tempo final	Pts
Juniões, 16 e 17 anos										
1.	SILVA, Silvana Suamade		06	Desportivo Sao Roque				20:17.85	431	
100m:	1:14.17	1:14.17	500m:	6:33.83	1:20.79	900m:	12:03.13	1:23.42	1300m:	17:36.95 1:23.28
200m:	2:33.37	1:19.20	600m:	7:55.01	1:21.18	1000m:	13:26.06	1:22.93	1400m:	18:58.58 1:21.63
300m:	3:52.78	1:19.41	700m:	9:17.24	1:22.23	1100m:	14:49.92	1:23.86	1500m:	20:17.85 1:19.27
400m:	5:13.04	1:20.26	800m:	10:39.71	1:22.47	1200m:	16:13.67	1:23.75		