



Prova 29 Masc., 1500m Livres Absoluto
12/03/2023 - 9:37 Resultados

Recorde Regional Absoluto	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional Jun17	15:58.37	DEUS, Andre Portugal	CNF	Funchal	13/07/2019
Recorde Regional Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Recorde Regional Inf A	16:57.52	ALMEIDA, Carlos Alexandre	CDN	Funchal	13/07/2003
Recorde Regional Inf B	17:40.06	FREITAS, Tomas Miguel	CDN	Funchal	31/05/2003

Juv. B Mas. Juv B: 18:15.67 / Juv. A Mas. Juv A: 17:50.54 / J nior 1  Ano Mas. Jun17: 17:20.38 / J nior 2  Ano Mas. Jun18: 17:15.36 / S nior 1  Ano Mas. Sen19: 16:50.23 / S nior 2  Ano Mas. 20 +: 16:45.20 / OPEN Juvemis Mas. Juv: 17:50.54 / OPEN J nior Mas. Jun: 17:15.36 / OPEN S nior Mas. Sen: 16:45.20

Pontos: FINA 2022

Lugar Ano Tempo final Pts

Infantis B, 13 anos

1. GONCALVES, Tomas Figueiredo	10	Naval do Funchal	20:23.09	331
100m: 1:15.99 1:15.99	500m: 6:45.30 1:21.21	900m: 12:13.39 1:21.18	1300m: 17:45.39 1:21.20	
200m: 2:37.81 1:21.82	600m: 8:06.88 1:21.58	1000m: 13:36.75 1:23.36	1400m: 19:06.91 1:21.52	
300m: 4:01.64 1:23.83	700m: 9:29.47 1:22.59	1100m: 15:00.01 1:23.26	1500m: 20:23.09 1:16.18	
400m: 5:24.09 1:22.45	800m: 10:52.21 1:22.74	1200m: 16:24.19 1:24.18		
2. LETRA, Francisco Freitas	10	Naval do Funchal	20:52.30	309
100m: 1:14.79 1:14.79	500m: 6:49.97 1:23.49	900m: 12:27.84 1:25.91	1300m: 18:06.86 1:25.72	
200m: 2:38.41 1:23.62	600m: 8:14.17 1:24.20	1000m: 13:55.12 1:27.28	1400m: 19:29.73 1:22.87	
300m: 4:01.52 1:23.11	700m: 9:38.18 1:24.01	1100m: 15:17.18 1:22.06	1500m: 20:52.30 1:22.57	
400m: 5:26.48 1:24.96	800m: 11:01.93 1:23.75	1200m: 16:41.14 1:23.96		
3. ROCHA, Tomas Pinto	10	Naval do Funchal	21:20.47	289
100m: 1:14.71 1:14.71	500m: 6:52.96 1:25.06	900m: 12:42.60 1:28.37	1300m: 18:35.68 1:28.01	
200m: 2:38.17 1:23.46	600m: 8:20.24 1:27.28	1000m: 14:11.81 1:29.21	1400m: 20:02.52 1:26.84	
300m: 4:02.50 1:24.33	700m: 9:46.83 1:26.59	1100m: 15:40.20 1:28.39	1500m: 21:20.47 1:17.95	
400m: 5:27.90 1:25.40	800m: 11:14.23 1:27.40	1200m: 17:07.67 1:27.47		
4. MENDES, Salvador Neves	10	Naval do Funchal	21:49.66	270
100m: 1:18.69 1:18.69	500m: 7:06.37 1:26.95	900m: 12:59.23 1:28.77	1300m: 18:57.98 1:26.77	
200m: 2:45.27 1:26.58	600m: 8:35.17 1:28.80	1000m: 14:30.71 1:31.48	1400m: 20:27.02 1:29.04	
300m: 4:12.59 1:27.32	700m: 10:01.99 1:26.82	1100m: 15:58.58 1:27.87	1500m: 21:49.66 1:22.64	
400m: 5:39.42 1:26.83	800m: 11:30.46 1:28.47	1200m: 17:31.21 1:32.63		

Infantis A, 14 anos

1. ANDRADE, Salvador Freitas	09	Naval do Funchal	19:14.89	394
100m: 1:11.14 1:11.14	500m: 6:21.87 1:17.50	900m: 11:34.47 1:18.73	1300m: 16:45.22 1:16.52	
200m: 2:28.66 1:17.52	600m: 7:39.76 1:17.89	1000m: 12:52.54 1:18.07	1400m: 18:01.98 1:16.76	
300m: 3:46.29 1:17.63	700m: 8:56.95 1:17.19	1100m: 14:10.85 1:18.31	1500m: 19:14.89 1:12.91	
400m: 5:04.37 1:18.08	800m: 10:15.74 1:18.79	1200m: 15:28.70 1:17.85		
2. PESTANA, Andre Pinto	09	Naval do Funchal	20:56.69	306
100m: 1:15.66 1:15.66	500m: 6:48.92 1:23.57	900m: 12:28.26 1:26.00	1300m: 18:10.15 1:25.54	
200m: 2:37.33 1:21.67	600m: 8:13.38 1:24.46	1000m: 13:54.49 1:26.23	1400m: 19:35.55 1:25.40	
300m: 4:01.10 1:23.77	700m: 9:37.85 1:24.47	1100m: 15:20.10 1:25.61	1500m: 20:56.69 1:21.14	
400m: 5:25.35 1:24.25	800m: 11:02.26 1:24.41	1200m: 16:44.61 1:24.51		
3. RODRIGUES, Goncalo Reis	09	Juventude Atlantico	21:44.00	273
100m: 1:17.34 1:17.34	500m: 6:59.61 1:27.50	900m: 12:51.88 1:29.93	1300m: 18:48.07 1:29.74	
200m: 2:41.84 1:24.50	600m: 8:27.38 1:27.77	1000m: 14:20.82 1:28.94	1400m: 20:17.43 1:29.36	
300m: 4:06.87 1:25.03	700m: 9:54.70 1:27.32	1100m: 15:49.02 1:28.20	1500m: 21:44.00 1:26.57	
400m: 5:32.11 1:25.24	800m: 11:21.95 1:27.25	1200m: 17:18.33 1:29.31		
4. GOMES, Joao Abreu	09	Naval do Funchal	22:48.60	236
100m: 1:19.86 1:19.86	500m: 7:23.38 1:33.85	900m: 13:38.20 1:33.78	1300m: 19:49.58 1:32.95	
200m: 2:47.53 1:27.67	600m: 8:57.25 1:33.87	1000m: 15:12.80 1:34.60	1400m: 21:20.95 1:31.37	
300m: 4:17.32 1:29.79	700m: 10:30.31 1:33.06	1100m: 16:45.62 1:32.82	1500m: 22:48.60 1:27.65	
400m: 5:49.53 1:32.21	800m: 12:04.42 1:34.11	1200m: 18:16.63 1:31.01		



Prova 29, Masc., 1500m Livres

Juvenis A, 16 anos

1. NEVES, Tiago Brazao	07	Naval do Funchal	17:53.53	490
100m: 1:03.23 1:03.23	500m: 5:49.48 1:11.98	900m: 10:39.81 1:12.58	1300m: 15:30.32 1:12.11	
200m: 2:14.62 1:11.39	600m: 7:01.89 1:12.41	1000m: 11:51.69 1:11.88	1400m: 16:43.25 1:12.93	
300m: 3:26.16 1:11.54	700m: 8:14.38 1:12.49	1100m: 13:05.20 1:13.51	1500m: 17:53.53 1:10.28	
400m: 4:37.50 1:11.34	800m: 9:27.23 1:12.85	1200m: 14:18.21 1:13.01		

Absolutos, 13 anos e mais velhos

1. CASTRO, Martim Pereira	02	Escola O Liceu	16:55.98	579
100m: 1:01.38 1:01.38	500m: 5:32.84 1:08.43	900m: 10:07.85 1:08.63	1300m: 14:42.79 1:08.80	
200m: 2:08.18 1:06.80	600m: 6:41.41 1:08.57	1000m: 11:16.53 1:08.68	1400m: 15:50.81 1:08.02	
300m: 3:16.33 1:08.15	700m: 7:50.33 1:08.92	1100m: 12:25.26 1:08.73	1500m: 16:55.98 1:05.17	
400m: 4:24.41 1:08.08	800m: 8:59.22 1:08.89	1200m: 13:33.99 1:08.73		

2. NEVES, Tiago Brazao	07	Naval do Funchal	17:53.53	490
100m: 1:03.23 1:03.23	500m: 5:49.48 1:11.98	900m: 10:39.81 1:12.58	1300m: 15:30.32 1:12.11	
200m: 2:14.62 1:11.39	600m: 7:01.89 1:12.41	1000m: 11:51.69 1:11.88	1400m: 16:43.25 1:12.93	
300m: 3:26.16 1:11.54	700m: 8:14.38 1:12.49	1100m: 13:05.20 1:13.51	1500m: 17:53.53 1:10.28	
400m: 4:37.50 1:11.34	800m: 9:27.23 1:12.85	1200m: 14:18.21 1:13.01		

3. ANDRADE, Salvador Freitas	09	Naval do Funchal	19:14.89	394
100m: 1:11.14 1:11.14	500m: 6:21.87 1:17.50	900m: 11:34.47 1:18.73	1300m: 16:45.22 1:16.52	
200m: 2:28.66 1:17.52	600m: 7:39.76 1:17.89	1000m: 12:52.54 1:18.07	1400m: 18:01.98 1:16.76	
300m: 3:46.29 1:17.63	700m: 8:56.95 1:17.19	1100m: 14:10.85 1:18.31	1500m: 19:14.89 1:12.91	
400m: 5:04.37 1:18.08	800m: 10:15.74 1:18.79	1200m: 15:28.70 1:17.85		

4. GONCALVES, Tomas Figueiredo	10	Naval do Funchal	20:23.09	331
100m: 1:15.99 1:15.99	500m: 6:45.30 1:21.21	900m: 12:13.39 1:21.18	1300m: 17:45.39 1:21.20	
200m: 2:37.81 1:21.82	600m: 8:06.88 1:21.58	1000m: 13:36.75 1:23.36	1400m: 19:06.91 1:21.52	
300m: 4:01.64 1:23.83	700m: 9:29.47 1:22.59	1100m: 15:00.01 1:23.26	1500m: 20:23.09 1:16.18	
400m: 5:24.09 1:22.45	800m: 10:52.21 1:22.74	1200m: 16:24.19 1:24.18		

5. LETRA, Francisco Freitas	10	Naval do Funchal	20:52.30	309
100m: 1:14.79 1:14.79	500m: 6:49.97 1:23.49	900m: 12:27.84 1:25.91	1300m: 18:06.86 1:25.72	
200m: 2:38.41 1:23.62	600m: 8:14.17 1:24.20	1000m: 13:55.12 1:27.28	1400m: 19:29.73 1:22.87	
300m: 4:01.52 1:23.11	700m: 9:38.18 1:24.01	1100m: 15:17.18 1:22.06	1500m: 20:52.30 1:22.57	
400m: 5:26.48 1:24.96	800m: 11:01.93 1:23.75	1200m: 16:41.14 1:23.96		

6. PESTANA, Andre Pinto	09	Naval do Funchal	20:56.69	306
100m: 1:15.66 1:15.66	500m: 6:48.92 1:23.57	900m: 12:28.26 1:26.00	1300m: 18:10.15 1:25.54	
200m: 2:37.33 1:21.67	600m: 8:13.38 1:24.46	1000m: 13:54.49 1:26.23	1400m: 19:35.55 1:25.40	
300m: 4:01.10 1:23.77	700m: 9:37.85 1:24.47	1100m: 15:20.10 1:25.61	1500m: 20:56.69 1:21.14	
400m: 5:25.35 1:24.25	800m: 11:02.26 1:24.41	1200m: 16:44.61 1:24.51		

7. ROCHA, Tomas Pinto	10	Naval do Funchal	21:20.47	289
100m: 1:14.71 1:14.71	500m: 6:52.96 1:25.06	900m: 12:42.60 1:28.37	1300m: 18:35.68 1:28.01	
200m: 2:38.17 1:23.46	600m: 8:20.24 1:27.28	1000m: 14:11.81 1:29.21	1400m: 20:02.52 1:26.84	
300m: 4:02.50 1:24.33	700m: 9:46.83 1:26.59	1100m: 15:40.20 1:28.39	1500m: 21:20.47 1:17.95	
400m: 5:27.90 1:25.40	800m: 11:14.23 1:27.40	1200m: 17:07.67 1:27.47		

8. RODRIGUES, Goncalo Reis	09	Juventude Atlantico	21:44.00	273
100m: 1:17.34 1:17.34	500m: 6:59.61 1:27.50	900m: 12:51.88 1:29.93	1300m: 18:48.07 1:29.74	
200m: 2:41.84 1:24.50	600m: 8:27.38 1:27.77	1000m: 14:20.82 1:28.94	1400m: 20:17.43 1:29.36	
300m: 4:06.87 1:25.03	700m: 9:54.70 1:27.32	1100m: 15:49.02 1:28.20	1500m: 21:44.00 1:26.57	
400m: 5:32.11 1:25.24	800m: 11:21.95 1:27.25	1200m: 17:18.33 1:29.31		

9. MENDES, Salvador Neves	10	Naval do Funchal	21:49.66	270
100m: 1:18.69 1:18.69	500m: 7:06.37 1:26.95	900m: 12:59.23 1:28.77	1300m: 18:57.98 1:26.77	
200m: 2:45.27 1:26.58	600m: 8:35.17 1:28.80	1000m: 14:30.71 1:31.48	1400m: 20:27.02 1:29.04	
300m: 4:12.59 1:27.32	700m: 10:01.99 1:26.82	1100m: 15:58.58 1:27.87	1500m: 21:49.66 1:22.64	
400m: 5:39.42 1:26.83	800m: 11:30.46 1:28.47	1200m: 17:31.21 1:32.63		

10. GOMES, Joao Abreu	09	Naval do Funchal	22:48.60	236
100m: 1:19.86 1:19.86	500m: 7:23.38 1:33.85	900m: 13:38.20 1:33.78	1300m: 19:49.58 1:32.95	
200m: 2:47.53 1:27.67	600m: 8:57.25 1:33.87	1000m: 15:12.80 1:34.60	1400m: 21:20.95 1:31.37	
300m: 4:17.32 1:29.79	700m: 10:30.31 1:33.06	1100m: 16:45.62 1:32.82	1500m: 22:48.60 1:27.65	
400m: 5:49.53 1:32.21	800m: 12:04.42 1:34.11	1200m: 18:16.63 1:31.01		



Associa o de Nata o da Madeira
Campeonato "Dalila Lira" |  rbitra Internacional
Funchal, 11 e 12 de Mar o de 2023



Prova 29, Masc., 1500m Livres

EXH	JESUS, David Martins	07	Desportivo Sao Roque	18:07.96	471		
100m:	1:01.12 1:01.12	500m:	5:51.46 1:20.51	900m:	10:47.22 1:13.61	1300m:	15:42.55 1:14.53
200m:	2:11.36 1:10.24	600m:	7:06.12 1:14.66	1000m:	12:01.20 1:13.98	1400m:	16:56.65 1:14.10
300m:	3:21.80 1:10.44	700m:	8:19.82 1:13.70	1100m:	13:13.94 1:12.74	1500m:	18:07.96 1:11.31
400m:	4:30.95 1:09.15	800m:	9:33.61 1:13.79	1200m:	14:28.02 1:14.08		