



Prova 28 Femin., 1500m Livres Absoluto
12/03/2023 - 9:15 Resultados

Recorde Regional Absoluto	17:37.10	ANDRADE, Rubina Amaro	CDN	Funchal	22/07/1995
Recorde Regional Sen	17:55.74	ANDRADE, Rubina Amaro	CDN	Funchal	13/06/1997
Recorde Regional Jun17	18:32.01	HENRIQUES, Luisa Costa	CNF	Funchal	29/05/2010
Recorde Regional Jun16	17:37.10	ANDRADE, Rubina Amaro	CDN	Funchal	22/07/1995
Recorde Regional Juv A	18:48.70	COSTA, Maria Jardim	CDN	Funchal	13/05/2021
Recorde Regional Juv B	18:18.70	ANDRADE, Rubina Amaro	CDN	Funchal	05/03/1993
Recorde Regional Inf A	19:08.84	CORREIA, Marta Corte	CNF	Funchal	13/06/1997
Recorde Regional Inf B	19:43.31	CORREIA, Lisandra Aguiar	CSM	Funchal	01/06/2003

Juv. B Fem. Juv B: 20:10.82 / Juv. A Fem. Juv A: 19:42.79 / Júnior 1º Ano Fem. Jun16: 19:14.76 / Júnior 2º Ano Fem. Jun17: 19:09.16 / Sénior 1.º Fem. Sen18: 18:46.74 / Sénior 2.º Fem. 19+: 18:41.13 / OPEN Juvenis Fem. Juv: 19:42.79 / OPEN Júnior Fem. Jun: 19:09.16 / OPEN Sénior Fem. Sen: 18:41.13

Pontos: FINA 2022

Lugar Ano Tempo final Pts

Juvenis A, 15 anos

1. BAPTISTA, Ines Sande	08	Desportivo Nacional	21:44.20	348
100m: 1:16.45 1:16.45	500m: 7:02.91 1:28.21	900m: 12:56.11 1:29.00	1300m: 18:52.45 1:29.26	
200m: 2:39.94 1:23.49	600m: 8:30.51 1:27.60	1000m: 14:24.81 1:28.70	1400m: 20:22.22 1:29.77	
300m: 4:06.71 1:26.77	700m: 9:58.50 1:27.99	1100m: 15:53.75 1:28.94	1500m: 21:44.20 1:21.98	
400m: 5:34.70 1:27.99	800m: 11:27.11 1:28.61	1200m: 17:23.19 1:29.44		
2. JESUS, Ligia Maria	08	Desportivo Nacional	23:46.76	266
100m: 1:24.60 1:24.60	500m: 7:38.08 1:35.52	900m: 14:04.93 1:38.11	1300m: 20:40.32 1:39.37	
200m: 2:56.17 1:31.57	600m: 9:13.71 1:35.63	1000m: 15:43.60 1:38.67	1400m: 22:16.99 1:36.67	
300m: 4:28.87 1:32.70	700m: 10:49.72 1:36.01	1100m: 17:21.90 1:38.30	1500m: 23:46.76 1:29.77	
400m: 6:02.56 1:33.69	800m: 12:26.82 1:37.10	1200m: 19:00.95 1:39.05		

Absolutos, 12 anos e mais velhas

1. CANADA, Maria Elvira	06	Desportivo Nacional	21:41.92	350
100m: 1:18.98 1:18.98	500m: 7:05.19 1:26.67	900m: 12:57.78 1:28.35	1300m: 18:50.94 1:27.52	
200m: 2:44.98 1:26.00	600m: 8:32.66 1:27.47	1000m: 14:26.64 1:28.86	1400m: 20:18.40 1:27.46	
300m: 4:11.47 1:26.49	700m: 10:00.31 1:27.65	1100m: 15:55.43 1:28.79	1500m: 21:41.92 1:23.52	
400m: 5:38.52 1:27.05	800m: 11:29.43 1:29.12	1200m: 17:23.42 1:27.99		
2. BAPTISTA, Ines Sande	08	Desportivo Nacional	21:44.20	348
100m: 1:16.45 1:16.45	500m: 7:02.91 1:28.21	900m: 12:56.11 1:29.00	1300m: 18:52.45 1:29.26	
200m: 2:39.94 1:23.49	600m: 8:30.51 1:27.60	1000m: 14:24.81 1:28.70	1400m: 20:22.22 1:29.77	
300m: 4:06.71 1:26.77	700m: 9:58.50 1:27.99	1100m: 15:53.75 1:28.94	1500m: 21:44.20 1:21.98	
400m: 5:34.70 1:27.99	800m: 11:27.11 1:28.61	1200m: 17:23.19 1:29.44		
3. JESUS, Ligia Maria	08	Desportivo Nacional	23:46.76	266
100m: 1:24.60 1:24.60	500m: 7:38.08 1:35.52	900m: 14:04.93 1:38.11	1300m: 20:40.32 1:39.37	
200m: 2:56.17 1:31.57	600m: 9:13.71 1:35.63	1000m: 15:43.60 1:38.67	1400m: 22:16.99 1:36.67	
300m: 4:28.87 1:32.70	700m: 10:49.72 1:36.01	1100m: 17:21.90 1:38.30	1500m: 23:46.76 1:29.77	
400m: 6:02.56 1:33.69	800m: 12:26.82 1:37.10	1200m: 19:00.95 1:39.05		