

Prova 2	Femin., 400m Livres				Categorias
19/02/2022 - 9:53	Race 2: 400m Freestyle Female				Resultados
World Record	3:56.46	LEDECKY, Kathleen	USA	Rio (BRA)	07/08/2016
European Record	3:59.15	PELLEGRINI, Federica	ITA	Rome (ITA)	26/07/2009
Portuguese Record	4:09.49	DURAES, Diana Margarida	SLB	Tarragona (ESP)	25/06/2018
Meeting Record	4:46.65	CELIK, Tina	SLO	Funchal	22/02/2020

Pontos: FINA 2021

Lugar	Ano		Tempo final		Pts
Infantil B, 12 anos					
1.	CUNHA, Maria Rita	10	Colegio Efanor	5:36.79	346
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>				
	50m: 37.73 37.73	150m: 2:03.06 42.75	250m: 3:29.30 42.96	350m: 4:54.61 42.19	
	100m: 1:20.31 42.58	200m: 2:46.34 43.28	300m: 4:12.42 43.12	400m: 5:36.79 42.18	
2.	LEITAO, Isabel Gouveia	10	Naval do Funchal	5:57.19	290
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>				
	50m: 37.90 37.90	150m: 2:08.57 45.03	250m: 3:42.17 46.59	350m: 5:14.19 44.46	
	100m: 1:23.54 45.64	200m: 2:55.58 47.01	300m: 4:29.73 47.56	400m: 5:57.19 43.00	
3.	OLIVEIRA, Rita Sousa	10	Colegio Efanor	6:17.94	244
	50m: 40.20 40.20	150m: 2:16.05 49.03	250m: 3:54.53 48.74	350m: 5:30.72 48.71	
	100m: 1:27.02 46.82	200m: 3:05.79 49.74	300m: 4:42.01 47.48	400m: 6:17.94 47.22	
4.	ALVES, Ana Carolina	10	Desportivo Nacional	6:28.25	225
	50m: 42.09 42.09	150m: 2:19.93 50.00	250m: 4:00.91 50.59	350m: 5:41.99 50.83	
	100m: 1:29.93 47.84	200m: 3:10.32 50.39	300m: 4:51.16 50.25	400m: 6:28.25 46.26	
5.	BRITO, Madalena Pinto	10	Naval do Funchal	6:34.93	214
	50m: 38.84 38.84	150m: 2:17.56 50.55	250m: 4:02.46 52.57	350m: 5:45.78 51.82	
	100m: 1:27.01 48.17	200m: 3:09.89 52.33	300m: 4:53.96 51.50	400m: 6:34.93 49.15	
6.	ROSA, Clara Sofia	10	Desportivo Nacional	6:39.48	207
	50m: 42.66 42.66	150m: 2:23.59 51.24	250m: 4:07.28 52.22	350m: 5:51.24 51.65	
	100m: 1:32.35 49.69	200m: 3:15.06 51.47	300m: 4:59.59 52.31	400m: 6:39.48 48.24	
7.	QUADRADO, Teresa Gomes	10	Juventude Atlantico	6:57.41	181
	50m: 41.17 41.17	150m: 2:27.34 55.53	250m: 4:16.84 56.18	350m: 6:06.49 55.05	
	100m: 1:31.81 50.64	200m: 3:20.66 53.32	300m: 5:11.44 54.60	400m: 6:57.41 50.92	

Infantil A, 13 anos

1.	MOREIRA, Madalena Valente	09	Colegio Efanor	5:16.83	415
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>				
	50m: 35.52 35.52	150m: 1:56.05 41.13	250m: 3:17.02 40.59	350m: 4:38.31 40.72	
	100m: 1:14.92 39.40	200m: 2:36.43 40.38	300m: 3:57.59 40.57	400m: 5:16.83 38.52	
2.	MATEUS, Eleine Vieira	09	Desportivo Nacional	5:35.05	351
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>				
	50m: 37.49 37.49	150m: 2:03.69 43.38	250m: 3:30.03 42.96	350m: 4:55.38 42.25	
	100m: 1:20.31 42.82	200m: 2:47.07 43.38	300m: 4:13.13 43.10	400m: 5:35.05 39.67	
3.	MELIM, Sara Beatriz	09	Desportivo Nacional	5:35.11	351
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>				
	50m: 38.14 38.14	150m: 2:03.39 42.78	250m: 3:30.30 43.04	350m: 4:54.86 41.65	
	100m: 1:20.61 42.47	200m: 2:47.26 43.87	300m: 4:13.21 42.91	400m: 5:35.11 40.25	
4.	SA, Vanessa Fernandes	09	Naval do Funchal	5:52.23	302
	50m: 38.96 38.96	150m: 2:09.78 45.84	250m: 3:40.91 45.87	350m: 5:10.37 44.24	
	100m: 1:23.94 44.98	200m: 2:55.04 45.26	300m: 4:26.13 45.22	400m: 5:52.23 41.86	
5.	BERNARDO, Gabriela Sousa	09	Colegio Efanor	5:58.28	287
	50m: 38.79 38.79	150m: 2:09.87 46.50	250m: 3:41.48 45.62	350m: 5:14.12 44.92	
	100m: 1:23.37 44.58	200m: 2:55.86 45.99	300m: 4:29.20 47.72	400m: 5:58.28 44.16	

Prova 2, Femin., 400m Livres, Infantil A, 13 anos

Lugar					Ano					Tempo final	Pts	
6.	FREITAS, Francisca Leonor				09	Naval do Funchal				6:15.22	250	
	50m:	42.63	42.63	150m:	2:16.24	47.90	250m:	3:52.89	48.93	350m:	5:29.36	47.98
	100m:	1:28.34	45.71	200m:	3:03.96	47.72	300m:	4:41.38	48.49	400m:	6:15.22	45.86
7.	TEMTEM, Madalena Barbosa				09	Desportivo Nacional				6:27.28	227	
	50m:	42.35	42.35	150m:	2:21.77	49.92	250m:	4:01.08	49.98	350m:	5:41.46	50.16
	100m:	1:31.85	49.50	200m:	3:11.10	49.33	300m:	4:51.30	50.22	400m:	6:27.28	45.82
8.	PEREIRA, Leonor Madureira				09	Colegio Efanor				6:27.77	226	
	50m:	41.62	41.62	150m:	2:21.71	49.88	250m:	4:03.03	50.85	350m:	5:43.70	49.27
	100m:	1:31.83	50.21	200m:	3:12.18	50.47	300m:	4:54.43	51.40	400m:	6:27.77	44.07

Juvenil B, 14 anos

1.	ANDRADE, Matilde Sousa				08	Naval do Funchal				5:14.20	426	
	50m:	34.08	34.08	150m:	1:53.11	39.94	250m:	3:14.21	40.56	350m:	4:35.31	40.19
	100m:	1:13.17	39.09	200m:	2:33.65	40.54	300m:	3:55.12	40.91	400m:	5:14.20	38.89
2.	NOBREGA, Sara Francisca				08	Desportivo Sao Roque				5:34.30	353	
	50m:	37.99	37.99	150m:	2:03.06	42.74	250m:	3:28.28	41.85	350m:	4:53.41	42.09
	100m:	1:20.32	42.33	200m:	2:46.43	43.37	300m:	4:11.32	43.04	400m:	5:34.30	40.89
3.	ALVES, Juliana Rodrigues				08	Desportivo Nacional				5:40.33	335	
	50m:	36.23	36.23	150m:	2:00.58	43.31	250m:	3:28.19	43.75	350m:	4:57.00	44.14
	100m:	1:17.27	41.04	200m:	2:44.44	43.86	300m:	4:12.86	44.67	400m:	5:40.33	43.33
4.	MARQUES, Bruna Francisca				08	Desportivo Sao Roque				6:08.15	264	
	50m:	38.46	38.46	150m:	2:12.69	47.87	250m:	3:47.70	47.81	350m:	5:22.81	48.24
	100m:	1:24.82	46.36	200m:	2:59.89	47.20	300m:	4:34.57	46.87	400m:	6:08.15	45.34

Juvenil A, 15 anos

1.	CAMARA, Ines Cruz				07	Desportivo Nacional				4:58.73	495	
	50m:	34.12	34.12	150m:	1:49.20	38.14	250m:	3:05.09	37.91	350m:	4:21.57	38.37
	100m:	1:11.06	36.94	200m:	2:27.18	37.98	300m:	3:43.20	38.11	400m:	4:58.73	37.16
2.	GOMES, Rita Cunha				07	Viana Natacao				5:26.14	381	
	50m:	36.60	36.60	150m:	1:58.29	41.36	250m:	3:21.28	41.54	350m:	4:44.83	41.83
	100m:	1:16.93	40.33	200m:	2:39.74	41.45	300m:	4:03.00	41.72	400m:	5:26.14	41.31

Juniores, 16 e 17 anos

1.	COSTA, Maria Jardim				06	Desportivo Nacional				4:53.76	521	
	50m:	32.71	32.71	150m:	1:46.54	37.54	250m:	3:01.48	37.13	350m:	4:17.39	38.25
	100m:	1:09.00	36.29	200m:	2:24.35	37.81	300m:	3:39.14	37.66	400m:	4:53.76	36.37
2.	SILVA, Silvana Suamade				06	Desportivo Sao Roque				5:03.88	471	
	50m:	33.57	33.57	150m:	1:50.23	39.29	250m:	3:08.66	39.13	350m:	4:26.17	38.48
	100m:	1:10.94	37.37	200m:	2:29.53	39.30	300m:	3:47.69	39.03	400m:	5:03.88	37.71
3.	BROCHADO, Mariana Goncalves				06	Viana Natacao				5:10.56	441	
	50m:	34.78	34.78	150m:	1:52.31	39.35	250m:	3:11.85	39.96	350m:	4:30.97	39.48
	100m:	1:12.96	38.18	200m:	2:31.89	39.58	300m:	3:51.49	39.64	400m:	5:10.56	39.59

Seniores, 18 anos e mais velhas

1.	SOUSA, Joana Francisca				04	Naval do Funchal				4:58.61	496	
	50m:	33.20	33.20	150m:	1:47.52	37.85	250m:	3:03.79	38.37	350m:	4:20.99	38.57
	100m:	1:09.67	36.47	200m:	2:25.42	37.90	300m:	3:42.42	38.63	400m:	4:58.61	37.62