

Event 1 Men, 400m Freestyle Categories
19/02/2022 - 9:15 Race 1: 400m Freestyle Male Results

World Record	3:40.07	BIEDERMANN, Paul	GER	Rome (ITA)	26/07/2009
European Record	3:40.07	BIEDERMANN, Paul	GER	Rome (ITA)	26/07/2009
Portuguese Record	3:50.56	LOPES, Jose Paulo	SCB	Barcelona (ESP)	06/06/2021
Meeting Record	4:19.27	DEUS, Andre Portugal	POR	Funchal	22/02/2020

Points: FINA 2021

Rank	YB		Time		Pts
Infantil B, 13 anos					
1.	CAMACHO, Henrique Mexedo	09	Colegio Efanor	5:24.90	310
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>				
	50m: 35.50	35.50	150m: 1:57.98	41.46	250m: 3:21.89
	100m: 1:16.52	41.02	200m: 2:40.44	42.46	300m: 4:04.71
					350m: 4:45.48
					400m: 5:24.90
2.	ANDRADE, Salvador Freitas	09	Naval do Funchal	5:25.96	307
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>				
	50m: 35.80	35.80	150m: 1:59.02	42.78	250m: 3:24.32
	100m: 1:16.24	40.44	200m: 2:41.01	41.99	300m: 4:06.45
					350m: 4:47.97
					400m: 5:25.96
3.	NOGUEIRA, Goncalo Aires	09	Colegio Efanor	5:33.95	286
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>				
	50m: 36.92	36.92	150m: 2:03.08	44.14	250m: 3:29.27
	100m: 1:18.94	42.02	200m: 2:46.31	43.23	300m: 4:11.46
					350m: 4:53.53
					400m: 5:33.95
4.	FARIA, Afonso Cunha	09	Desportivo Sao Roque	5:38.49	274
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>				
	50m: 37.55	37.55	150m: 2:03.49	43.15	250m: 3:30.69
	100m: 1:20.34	42.79	200m: 2:47.61	44.12	300m: 4:15.11
					350m: 4:57.94
					400m: 5:38.49
5.	SILVA, Joao Bernardo	09	Desportivo Nacional	5:39.88	271
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>				
	50m: 37.00	37.00	150m: 2:02.75	43.22	250m: 3:31.29
	100m: 1:19.53	42.53	200m: 2:47.12	44.37	300m: 4:15.15
					350m: 4:58.88
					400m: 5:39.88
6.	GONCALVES, Joao Guilherme	09	Naval do Funchal	5:42.42	265
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>				
	50m: 36.60	36.60	150m: 2:03.97	43.95	250m: 3:35.00
	100m: 1:20.02	43.42	200m: 2:49.33	45.36	300m: 4:19.21
					350m: 5:03.36
					400m: 5:42.42
7.	GONCALVES, Pedro Martim	09	Juventude Atlantico	5:44.82	259
	<i>POR: Qualificação (TAC) Zonal INF.</i>				
	50m: 36.64	36.64	150m: 2:04.43	45.53	250m: 3:33.22
	100m: 1:18.90	42.26	200m: 2:49.60	45.17	300m: 4:19.10
					350m: 5:03.43
					400m: 5:44.82
8.	JARDIM, Joao Tomas	09	Desportivo Nacional	5:55.29	237
	50m: 39.59	39.59	150m: 2:09.78	45.52	250m: 3:42.53
	100m: 1:24.26	44.67	200m: 2:56.10	46.32	300m: 4:28.02
					350m: 5:13.51
					400m: 5:55.29
9.	VELOZA, Tomas Ramos	09	Desportivo Nacional	5:56.61	235
	50m: 38.62	38.62	150m: 2:08.50	45.43	250m: 3:40.61
	100m: 1:23.07	44.45	200m: 2:54.98	46.48	300m: 4:26.74
					350m: 5:12.04
					400m: 5:56.61
10.	SILVA, Guilherme Ferreira	09	Colegio Efanor	5:56.72	234
	50m: 37.40	37.40	150m: 2:09.81	46.41	250m: 3:41.70
	100m: 1:23.40	46.00	200m: 2:56.56	46.75	300m: 4:28.30
					350m: 5:13.27
					400m: 5:56.72
11.	MARTINS, Antonio Freitas	09	Desportivo Nacional	6:03.93	221
	50m: 41.48	41.48	150m: 2:17.35	48.47	250m: 3:52.80
	100m: 1:28.88	47.40	200m: 3:05.84	48.49	300m: 4:40.37
					350m: 5:23.50
					400m: 6:03.93
12.	MARTINHO, Joao Miguel	09	Desportivo Nacional	6:15.07	201
	50m: 38.70	38.70	150m: 2:15.13	49.45	250m: 3:50.92
	100m: 1:25.68	46.98	200m: 3:03.05	47.92	300m: 4:41.07
					350m: 5:29.13
					400m: 6:15.07

Event 1, Boys, 400m Freestyle, Infantil B, 13 anos

Rank	Name		YB	Club	Time				Pts			
13.	PESTANA, Andre Pinto		09	Naval do Funchal	6:16.64				199			
	50m:	39.12	39.12	150m:	2:14.31	48.55	250m:	3:56.10	50.35	350m:	5:33.57	47.84
	100m:	1:25.76	46.64	200m:	3:05.75	51.44	300m:	4:45.73	49.63	400m:	6:16.64	43.07
14.	RODRIGUES, Goncalo Reis		09	Juventude Atlantico	6:19.31				195			
	50m:	37.18	37.18	150m:	2:12.18	49.74	250m:	3:51.55	49.14	350m:	5:32.59	50.30
	100m:	1:22.44	45.26	200m:	3:02.41	50.23	300m:	4:42.29	50.74	400m:	6:19.31	46.72
15.	SOUSA, Eduardo Afonseca		09	Desportivo Nacional	6:24.23				187			
	50m:	41.95	41.95	150m:	2:19.08	49.07	250m:	3:58.96	49.85	350m:	5:38.15	49.18
	100m:	1:30.01	48.06	200m:	3:09.11	50.03	300m:	4:48.97	50.01	400m:	6:24.23	46.08
16.	GOMES, Joao Abreu		09	Naval do Funchal	6:31.08				178			
	50m:	38.68	38.68	150m:	2:15.75	50.55	250m:	3:59.47	52.44	350m:	5:42.72	51.32
	100m:	1:25.20	46.52	200m:	3:07.03	51.28	300m:	4:51.40	51.93	400m:	6:31.08	48.36
17.	CRESPO, Joao Jesus		09	Desportivo Nacional	6:34.47				173			
	50m:	43.09	43.09	150m:	2:27.30	53.09	250m:	4:08.89	52.10	350m:	5:49.51	50.43
	100m:	1:34.21	51.12	200m:	3:16.79	49.49	300m:	4:59.08	50.19	400m:	6:34.47	44.96
18.	ALVES, Francisco Manuel		09	Desportivo Nacional	6:36.97				170			
	50m:	45.40	45.40	150m:	2:28.13	51.12	250m:	4:09.13	50.87	350m:	5:51.40	51.20
	100m:	1:37.01	51.61	200m:	3:18.26	50.13	300m:	5:00.20	51.07	400m:	6:36.97	45.57

Infantil A, 14 anos

1.	MORENITO, Eduardo Ribeiro		08	Colegio Efanor	5:07.69				365			
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>											
	50m:	32.65	32.65	150m:	1:48.42	38.75	250m:	3:08.43	40.22	350m:	4:29.00	39.92
	100m:	1:09.67	37.02	200m:	2:28.21	39.79	300m:	3:49.08	40.65	400m:	5:07.69	38.69
2.	MIRANDA, Francisco Guilherme		08	Naval do Funchal	5:12.03				350			
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>											
	50m:	33.10	33.10	150m:	1:50.80	39.95	250m:	3:12.21	40.85	350m:	4:33.67	40.09
	100m:	1:10.85	37.75	200m:	2:31.36	40.56	300m:	3:53.58	41.37	400m:	5:12.03	38.36
3.	RODRIGUES, Guilherme Gomes		08	Desportivo Sao Roque	5:16.19				337			
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>											
	50m:	33.77	33.77	150m:	1:51.84	39.44	250m:	3:13.71	41.48	350m:	4:36.75	41.08
	100m:	1:12.40	38.63	200m:	2:32.23	40.39	300m:	3:55.67	41.96	400m:	5:16.19	39.44
4.	CASTRO, Marco Antonio		08	Naval do Funchal	5:24.03				313			
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>											
	50m:	34.63	34.63	150m:	1:58.17	42.19	250m:	3:21.76	41.80	350m:	4:46.50	41.35
	100m:	1:15.98	41.35	200m:	2:39.96	41.79	300m:	4:05.15	43.39	400m:	5:24.03	37.53
5.	JESUS, Vasco Franca		08	Naval do Funchal	5:24.58				311			
	<i>POR: Qualificação (TAC) Zonal INF., POR: Qualificação (TAC) Nacional INF.</i>											
	50m:	35.30	35.30	150m:	1:58.57	42.58	250m:	3:23.32	42.34	350m:	4:45.65	40.01
	100m:	1:15.99	40.69	200m:	2:40.98	42.41	300m:	4:05.64	42.32	400m:	5:24.58	38.93
6.	JARDIM, Rodrigo Vieira		08	Naval do Funchal	5:32.98				288			
	<i>POR: Qualificação (TAC) Zonal INF.</i>											
	50m:	35.30	35.30	150m:	2:00.14	42.85	250m:	3:27.00	43.28	350m:	4:53.06	43.08
	100m:	1:17.29	41.99	200m:	2:43.72	43.58	300m:	4:09.98	42.98	400m:	5:32.98	39.92
7.	NOBREGA, Matias Sargo		08	Naval do Funchal	5:33.83				286			
	50m:	35.29	35.29	150m:	1:58.60	43.10	250m:	3:25.62	43.56	350m:	4:53.05	44.46
	100m:	1:15.50	40.21	200m:	2:42.06	43.46	300m:	4:08.59	42.97	400m:	5:33.83	40.78
8.	BARRADAS, Rafael Alves		08	Escola O Liceu	5:40.40				270			
	50m:	36.71	36.71	150m:	2:00.82	42.70	250m:	3:29.30	44.36	350m:	4:58.92	44.68
	100m:	1:18.12	41.41	200m:	2:44.94	44.12	300m:	4:14.24	44.94	400m:	5:40.40	41.48

Event 1, Boys, 400m Freestyle, Infantil A, 14 anos

Rank	Name		YB	Club		Time				Pts		
9.	FERNANDEZ, Henrique Justino		08	Juventude Atlantico		5:48.52				251		
	50m:	38.06	38.06	150m:	2:08.39	45.92	250m:	3:39.89	45.89	350m:	5:08.28	42.84
	100m:	1:22.47	44.41	200m:	2:54.00	45.61	300m:	4:25.44	45.55	400m:	5:48.52	40.24
10.	MENDONCA, Rui Miguel		08	Colegio Efanor		5:54.75				238		
	50m:	34.55	34.55	150m:	2:03.88	45.38	250m:	3:36.07	45.48	350m:	5:09.72	45.86
	100m:	1:18.50	43.95	200m:	2:50.59	46.71	300m:	4:23.86	47.79	400m:	5:54.75	45.03
11.	SILVA, Francisco Pita		08	Juventude Atlantico		6:18.79				196		
	50m:	43.57	43.57	150m:	2:20.03	47.57	250m:	3:58.16	48.03	350m:	5:34.71	47.32
	100m:	1:32.46	48.89	200m:	3:10.13	50.10	300m:	4:47.39	49.23	400m:	6:18.79	44.08
12.	ANTUNES, Frederico Luis		08	Juventude Atlantico		6:47.06				158		
	50m:	41.65	41.65	150m:	2:24.06	52.10	250m:	4:11.88	54.88	350m:	6:00.15	53.60
	100m:	1:31.96	50.31	200m:	3:17.00	52.94	300m:	5:06.55	54.67	400m:	6:47.06	46.91

Juvenil B, 15 anos

1.	SIMOES, Bernardo Pereira		07	Torres Novas		4:49.34				440		
	50m:	32.32	32.32	150m:	1:44.91	36.71	250m:	2:59.06	36.88	350m:	4:13.80	36.78
	100m:	1:08.20	35.88	200m:	2:22.18	37.27	300m:	3:37.02	37.96	400m:	4:49.34	35.54
2.	PEREIRA, Lucas Santos		07	Naval do Funchal		4:54.24				418		
	50m:	32.45	32.45	150m:	1:46.27	37.11	250m:	3:01.56	37.67	350m:	4:17.51	37.91
	100m:	1:09.16	36.71	200m:	2:23.89	37.62	300m:	3:39.60	38.04	400m:	4:54.24	36.73
3.	JESUS, David Martins		07	Desportivo Sao Roque		4:56.42				409		
	50m:	31.44	31.44	150m:	1:44.89	37.74	250m:	3:01.65	38.47	350m:	4:19.07	38.51
	100m:	1:07.15	35.71	200m:	2:23.18	38.29	300m:	3:40.56	38.91	400m:	4:56.42	37.35
4.	FERNANDES, Afonso Berimbau		07	Juventude Atlantico		5:11.03				354		
	50m:	34.82	34.82	150m:	1:52.93	39.62	250m:	3:14.00	40.63	350m:	4:34.73	40.03
	100m:	1:13.31	38.49	200m:	2:33.37	40.44	300m:	3:54.70	40.70	400m:	5:11.03	36.30
5.	PENSO, Miguel Reigada		07	Escola O Liceu		5:21.31				321		
	50m:	33.59	33.59	150m:	1:54.08	41.21	250m:	3:18.13	42.50	350m:	4:42.82	42.08
	100m:	1:12.87	39.28	200m:	2:35.63	41.55	300m:	4:00.74	42.61	400m:	5:21.31	38.49
6.	CARVALHO, Joaquim Eduardo		07	Naval do Funchal		5:36.96				278		
	50m:	36.25	36.25	150m:	2:00.81	43.15	250m:	3:27.01	42.94	350m:	4:54.06	43.42
	100m:	1:17.66	41.41	200m:	2:44.07	43.26	300m:	4:10.64	43.63	400m:	5:36.96	42.90
7.	BARBOSA, Joao Camacho		07	Desportivo Nacional		5:39.09				273		
	50m:	34.69	34.69	150m:	1:59.41	43.72	250m:	3:29.63	44.55	350m:	4:58.31	42.54
	100m:	1:15.69	41.00	200m:	2:45.08	45.67	300m:	4:15.77	46.14	400m:	5:39.09	40.78
8.	VIEIRA, Luis Henrique		07	Desportivo Nacional		6:27.60				183		
	50m:	41.37	41.37	150m:	2:19.01	49.39	250m:	4:01.60	51.62	350m:	5:40.64	49.03
	100m:	1:29.62	48.25	200m:	3:09.98	50.97	300m:	4:51.61	50.01	400m:	6:27.60	46.96

Juvenil A, 16 anos

1.	FERRAZ, Luis Afonso		06	Naval do Funchal		4:40.18				484		
	50m:	30.24	30.24	150m:	1:39.77	35.62	250m:	2:53.83	37.28	350m:	4:07.51	36.75
	100m:	1:04.15	33.91	200m:	2:16.55	36.78	300m:	3:30.76	36.93	400m:	4:40.18	32.67
2.	PINHO, Afonso Formigo		06	Torres Novas		4:44.47				462		
	50m:	31.01	31.01	150m:	1:40.99	36.08	250m:	2:55.19	37.33	350m:	4:09.38	37.35
	100m:	1:04.91	33.90	200m:	2:17.86	36.87	300m:	3:32.03	36.84	400m:	4:44.47	35.09
3.	CALHANDRO, Guilherme Oliveira		06	Colegio Efanor		4:51.91				428		
	50m:	31.47	31.47	150m:	1:45.19	37.67	250m:	2:59.89	36.98	350m:	4:15.17	36.87
	100m:	1:07.52	36.05	200m:	2:22.91	37.72	300m:	3:38.30	38.41	400m:	4:51.91	36.74
4.	TEMES, Joao Caires		06	Juventude Atlantico		5:23.03				316		
	50m:	37.77	37.77	150m:	1:59.59	41.93	250m:	3:23.71	41.28	350m:	4:45.45	40.19
	100m:	1:17.66	39.89	200m:	2:42.43	42.84	300m:	4:05.26	41.55	400m:	5:23.03	37.58

Event 1, Boys, 400m Freestyle, Juvenil A, 16 anos

Rank			YB					Time	Pts			
5.	STEFLEA, Andre Sergio		06	Desportivo Sao Roque				5:39.03	273			
	50m:	37.42	37.42	150m:	2:02.95	43.52	250m:	3:31.44	44.18	350m:	4:57.39	42.18
	100m:	1:19.43	42.01	200m:	2:47.26	44.31	300m:	4:15.21	43.77	400m:	5:39.03	41.64

Juniores, 17 e 18 anos

1.	CARVALHO, Goncalo Renato		04	Porto				4:17.54	623			
	50m:	30.47	30.47	150m:	1:35.30	32.24	250m:	2:40.46	32.31	350m:	3:45.74	32.59
	100m:	1:03.06	32.59	200m:	2:08.15	32.85	300m:	3:13.15	32.69	400m:	4:17.54	31.80
2.	OLIVEIRA, Diogo Alexandre		05	Naval do Funchal				4:26.52	562			
	50m:	29.89	29.89	150m:	1:36.68	34.02	250m:	2:45.63	34.83	350m:	3:54.53	34.15
	100m:	1:02.66	32.77	200m:	2:10.80	34.12	300m:	3:20.38	34.75	400m:	4:26.52	31.99
3.	RODRIGUES, Rodrigo Reis		04	Desportivo Sao Roque				4:27.76	555			
	50m:	29.00	29.00	150m:	1:34.19	33.26	250m:	2:44.07	35.28	350m:	3:54.44	35.20
	100m:	1:00.93	31.93	200m:	2:08.79	34.60	300m:	3:19.24	35.17	400m:	4:27.76	33.32
4.	FERNANDES, Diogo Henrique		04	Naval do Funchal				4:30.79	536			
	50m:	30.49	30.49	150m:	1:37.89	33.80	250m:	2:46.37	34.36	350m:	3:56.69	34.87
	100m:	1:04.09	33.60	200m:	2:12.01	34.12	300m:	3:21.82	35.45	400m:	4:30.79	34.10
5.	ALVES, Paulo Rodrigues		04	Desportivo Nacional				4:36.11	506			
	50m:	29.38	29.38	150m:	1:38.13	34.76	250m:	2:49.08	35.57	350m:	4:00.56	35.07
	100m:	1:03.37	33.99	200m:	2:13.51	35.38	300m:	3:25.49	36.41	400m:	4:36.11	35.55
6.	FERNANDES, Miguel Alves		05	Viana Natacao				4:38.10	495			
	50m:	29.52	29.52	150m:	1:36.39	33.95	250m:	2:47.44	35.96	350m:	4:01.56	36.96
	100m:	1:02.44	32.92	200m:	2:11.48	35.09	300m:	3:24.60	37.16	400m:	4:38.10	36.54

Seniores, 19 anos e mais velhos

1.	SANTOS, Pedro Miguel		01	Porto				4:14.08	649			
	<i>Recorde do Meeting (Absoluto)</i>											
	50m:	29.75	29.75	150m:	1:33.46	31.27	250m:	2:36.97	31.46	350m:	3:41.73	32.34
	100m:	1:02.19	32.44	200m:	2:05.51	32.05	300m:	3:09.39	32.42	400m:	4:14.08	32.35
2.	AMARAL, Francisco Rodriguez		02	Porto				4:17.32	625			
	50m:	30.08	30.08	150m:	1:35.34	32.66	250m:	2:41.40	32.71	350m:	3:46.83	32.53
	100m:	1:02.68	32.60	200m:	2:08.69	33.35	300m:	3:14.30	32.90	400m:	4:17.32	30.49
3.	CASTRO, Martim Pereira		02	Escola O Liceu				4:42.29	473			
	50m:	31.38	31.38	150m:	1:41.71	35.14	250m:	2:54.07	35.90	350m:	4:06.66	36.01
	100m:	1:06.57	35.19	200m:	2:18.17	36.46	300m:	3:30.65	36.58	400m:	4:42.29	35.63
4.	SILVA, Renato Filipe		98	Porto				5:18.90	328			
	50m:	32.83	32.83	150m:	1:52.59	40.91	250m:	3:15.19	41.68	350m:	4:39.06	41.78
	100m:	1:11.68	38.85	200m:	2:33.51	40.92	300m:	3:57.28	42.09	400m:	5:18.90	39.84
5.	REIS, Bruno Ferreira		00	Porto				5:30.46	295			
	50m:	36.71	36.71	150m:	1:59.24	42.06	250m:	3:23.02	41.95	350m:	4:47.62	41.48
	100m:	1:17.18	40.47	200m:	2:41.07	41.83	300m:	4:06.14	43.12	400m:	5:30.46	42.84