

Prova 3 Femin., 400m Estilos Juvenis
28/05/2022 - 9:31 JUVENIS A & B Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Juv A	5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
Recorde Regional Juv B	5:19.42	CAMARA, Ines Cruz	CDN	Funchal	11/07/2021

TAC Nacional Juv B: 5:31.04; Juv A: 5:23.44

Pontos: FINA 2021

Lugar	Ano		Tempo final				Pts
Juvenis B, 14 anos							
1.	PEREIRA, Julia Freitas	08	Naval do Funchal	5:33.24			469
	50m: 34.62 34.62	150m: 1:57.84	42.03	250m: 3:25.33	46.54	350m: 4:54.46	41.06
	100m: 1:15.81 41.19	200m: 2:38.79	40.95	300m: 4:13.40	48.07	400m: 5:33.24	38.78
2.	ANDRADE, Matilde Sousa	08	Naval do Funchal	5:34.27			464
	50m: 34.51 34.51	150m: 1:59.59	43.25	250m: 3:30.60	50.08	350m: 4:58.50	37.73
	100m: 1:16.34 41.83	200m: 2:40.52	40.93	300m: 4:20.77	50.17	400m: 5:34.27	35.77
3.	ALVES, Juliana Rodrigues	08	Desportivo Nacional	5:56.45			383
	50m: 37.25 37.25	150m: 2:05.34	45.33	250m: 3:40.64	50.22	350m: 5:15.38	42.91
	100m: 1:20.01 42.76	200m: 2:50.42	45.08	300m: 4:32.47	51.83	400m: 5:56.45	41.07
4.	NOBREGA, Sara Francisca	08	Desportivo Sao Roque	6:32.24			287
	50m: 41.33 41.33	150m: 2:23.53	49.40	250m: 4:06.86	56.13	350m: 5:48.64	44.70
	100m: 1:34.13 52.80	200m: 3:10.73	47.20	300m: 5:03.94	57.08	400m: 6:32.24	43.60
5.	MARQUES, Bruna Francisca	08	Desportivo Sao Roque	6:48.62			254
	50m: 41.03 41.03	150m: 2:26.19	52.82	250m: 4:18.08	1:01.70	350m: 6:06.58	45.51
	100m: 1:33.37 52.34	200m: 3:16.38	50.19	300m: 5:21.07	1:02.99	400m: 6:48.62	42.04

Juvenis A, 15 anos

1.	GONCALVES, Valentina Jose	07	Desportivo Nacional	5:44.51			424
	50m: 36.05 36.05	150m: 2:03.24	44.32	250m: 3:34.52	47.55	350m: 5:04.85	41.80
	100m: 1:18.92 42.87	200m: 2:46.97	43.73	300m: 4:23.05	48.53	400m: 5:44.51	39.66