

Prova 12 Masc., 400m Estilos 17 anos e mais velhos
29/05/2022 - 9:52 JUNIORES & SENIORES Resultados

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018

TAC Nacional Jun17: 4:46.65; Jun18: 4:45.22; Sen19: 4:39.12; 20 +: 4:37.73

Pontos: FINA 2021

Lugar	Ano						Tempo final	Pts				
Juniores, 17 e 18 anos												
1.	GOUVEIA, Luis Galvao		05	Desportivo Nacional			4:39.14	595				
	<i>TAC OPEN de Portugal - Jamor 27 a 30 Julho</i>											
	50m:	28.03	28.03	150m:	1:37.80	36.85	250m:	2:52.89	39.91	350m:	4:06.99	33.32
	100m:	1:00.95	32.92	200m:	2:12.98	35.18	300m:	3:33.67	40.78	400m:	4:39.14	32.15
2.	RODRIGUES, Rodrigo Reis		04	Desportivo Sao Roque			4:44.67	561				
	<i>TAC OPEN de Portugal - Jamor 27 a 30 Julho</i>											
	50m:	29.27	29.27	150m:	1:40.49	38.25	250m:	2:58.29	40.90	350m:	4:12.51	33.01
	100m:	1:02.24	32.97	200m:	2:17.39	36.90	300m:	3:39.50	41.21	400m:	4:44.67	32.16
3.	DIAS, Andre Vicente		05	Desportivo Nacional			5:11.55	428				
	50m:	28.48	28.48	150m:	1:40.78	38.52	250m:	3:06.20	46.96	350m:	4:34.41	38.35
	100m:	1:02.26	33.78	200m:	2:19.24	38.46	300m:	3:56.06	49.86	400m:	5:11.55	37.14
4.	AGUILAR, Luis Santos		04	Desportivo Nacional			5:19.35	397				
	50m:	29.78	29.78	150m:	1:50.28	44.30	250m:	3:18.44	45.87	350m:	4:43.19	38.44
	100m:	1:05.98	36.20	200m:	2:32.57	42.29	300m:	4:04.75	46.31	400m:	5:19.35	36.16
5.	VOLOZHENIN, Alexandre		05	Naval do Funchal			5:25.18	376				
	50m:	32.09	32.09	150m:	1:54.16	42.86	250m:	3:23.27	47.33	350m:	4:48.63	38.27
	100m:	1:11.30	39.21	200m:	2:35.94	41.78	300m:	4:10.36	47.09	400m:	5:25.18	36.55
6.	ALVES, Andre Camara		05	Desportivo Nacional			5:34.37	346				
	50m:	32.27	32.27	150m:	1:55.72	45.40	250m:	3:26.12	46.49	350m:	4:55.12	40.94
	100m:	1:10.32	38.05	200m:	2:39.63	43.91	300m:	4:14.18	48.06	400m:	5:34.37	39.25