

Prova 14 Masc., 1500m Livres Absolutos
02/07/2022 - 9:28 Absoluto (Juvenis, Juniores e Seniores) Resultados

Recorde Regional Absoluto	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Sen	15:43.81	FRANCO, Paulo Fragueiro	CDN	Faro	18/07/2009
Recorde Regional Jun18	16:02.73	FRANCO, Paulo Fragueiro	CDN	Limassol (CYP)	16/04/2000
Recorde Regional Jun17	16:05.95	FRANCO, Paulo Fragueiro	CDN	Moscovo (RUS)	17/07/1999
Recorde Regional Juv A	16:54.13	FRANCO, Paulo Fragueiro	CDN	Lisboa	25/01/1998
Recorde Regional Juv B	16:57.41	FREITAS, Tomas Miguel	CDN	Lisboa	09/07/2005

TAC Nacional Juv B: 18:40.12; Juv A: 18:09.78; Jun17: 17:28.37; Jun18: 17:23.15; Sen19: 16:28.61; 20+: 16:28.61

Pontos: FINA 2021

Lugar	Ano		Tempo final		Pts
Juvenis B, 15 anos					
1.	PEREIRA, Lucas Santos	07	Naval do Funchal	19:04.84	440
	100m: 1:08.18 1:08.18	500m: 6:11.64 1:17.25	900m: 11:23.13 1:18.09	1300m: 16:34.10 1:17.75	
	200m: 2:22.73 1:14.55	600m: 7:29.43 1:17.79	1000m: 12:42.26 1:19.13	1400m: 17:52.03 1:17.93	
	300m: 3:38.16 1:15.43	700m: 8:47.31 1:17.88	1100m: 13:58.96 1:16.70	1500m: 19:04.84 1:12.81	
	400m: 4:54.39 1:16.23	800m: 10:05.04 1:17.73	1200m: 15:16.35 1:17.39		
2.	JESUS, David Martins	07	CD São Roque	19:06.92	438
	100m: 1:07.96 1:07.96	500m: 6:12.97 1:16.97	900m: 11:19.82 1:16.76	1300m: 16:31.89 1:18.30	
	200m: 2:23.38 1:15.42	600m: 7:29.61 1:16.64	1000m: 12:37.26 1:17.44	1400m: 17:50.23 1:18.34	
	300m: 3:39.70 1:16.32	700m: 8:47.38 1:17.77	1100m: 13:54.94 1:17.68	1500m: 19:06.92 1:16.69	
	400m: 4:56.00 1:16.30	800m: 10:03.06 1:15.68	1200m: 15:13.59 1:18.65		
3.	COSTA, Guilherme Corte	07	Desportivo Nacional	19:19.95	423
	100m: 1:08.54 1:08.54	500m: 6:13.00 1:16.77	900m: 11:22.30 1:18.10	1300m: 16:43.02 1:20.91	
	200m: 2:23.90 1:15.36	600m: 7:29.92 1:16.92	1000m: 12:41.94 1:19.64	1400m: 18:02.66 1:19.64	
	300m: 3:39.73 1:15.83	700m: 8:47.35 1:17.43	1100m: 14:01.54 1:19.60	1500m: 19:19.95 1:17.29	
	400m: 4:56.23 1:16.50	800m: 10:04.20 1:16.85	1200m: 15:22.11 1:20.57		

Juniores, 17 e 18 anos

1.	RODRIGUES, Rodrigo Reis	04	CD São Roque	17:38.70	556
	100m: 1:04.93 1:04.93	500m: 5:49.88 1:10.72	900m: 10:32.73 1:11.32	1300m: 15:18.42 1:12.23	
	200m: 2:15.97 1:11.04	600m: 7:00.22 1:10.34	1000m: 11:43.47 1:10.74	1400m: 16:30.15 1:11.73	
	300m: 3:27.45 1:11.48	700m: 8:10.84 1:10.62	1100m: 12:55.11 1:11.64	1500m: 17:38.70 1:08.55	
	400m: 4:39.16 1:11.71	800m: 9:21.41 1:10.57	1200m: 14:06.19 1:11.08		

Absolutos, 15 anos e mais velhos

1.	RODRIGUES, Rodrigo Reis	04	CD São Roque	17:38.70	556
	100m: 1:04.93 1:04.93	500m: 5:49.88 1:10.72	900m: 10:32.73 1:11.32	1300m: 15:18.42 1:12.23	
	200m: 2:15.97 1:11.04	600m: 7:00.22 1:10.34	1000m: 11:43.47 1:10.74	1400m: 16:30.15 1:11.73	
	300m: 3:27.45 1:11.48	700m: 8:10.84 1:10.62	1100m: 12:55.11 1:11.64	1500m: 17:38.70 1:08.55	
	400m: 4:39.16 1:11.71	800m: 9:21.41 1:10.57	1200m: 14:06.19 1:11.08		
2.	PEREIRA, Lucas Santos	07	Naval do Funchal	19:04.84	440
	100m: 1:08.18 1:08.18	500m: 6:11.64 1:17.25	900m: 11:23.13 1:18.09	1300m: 16:34.10 1:17.75	
	200m: 2:22.73 1:14.55	600m: 7:29.43 1:17.79	1000m: 12:42.26 1:19.13	1400m: 17:52.03 1:17.93	
	300m: 3:38.16 1:15.43	700m: 8:47.31 1:17.88	1100m: 13:58.96 1:16.70	1500m: 19:04.84 1:12.81	
	400m: 4:54.39 1:16.23	800m: 10:05.04 1:17.73	1200m: 15:16.35 1:17.39		
3.	JESUS, David Martins	07	CD São Roque	19:06.92	438
	100m: 1:07.96 1:07.96	500m: 6:12.97 1:16.97	900m: 11:19.82 1:16.76	1300m: 16:31.89 1:18.30	
	200m: 2:23.38 1:15.42	600m: 7:29.61 1:16.64	1000m: 12:37.26 1:17.44	1400m: 17:50.23 1:18.34	
	300m: 3:39.70 1:16.32	700m: 8:47.38 1:17.77	1100m: 13:54.94 1:17.68	1500m: 19:06.92 1:16.69	
	400m: 4:56.00 1:16.30	800m: 10:03.06 1:15.68	1200m: 15:13.59 1:18.65		
4.	COSTA, Guilherme Corte	07	Desportivo Nacional	19:19.95	423
	100m: 1:08.54 1:08.54	500m: 6:13.00 1:16.77	900m: 11:22.30 1:18.10	1300m: 16:43.02 1:20.91	
	200m: 2:23.90 1:15.36	600m: 7:29.92 1:16.92	1000m: 12:41.94 1:19.64	1400m: 18:02.66 1:19.64	
	300m: 3:39.73 1:15.83	700m: 8:47.35 1:17.43	1100m: 14:01.54 1:19.60	1500m: 19:19.95 1:17.29	
	400m: 4:56.23 1:16.50	800m: 10:04.20 1:16.85	1200m: 15:22.11 1:20.57		

Prova 14, Masc., 1500m Livres

EXH	ANSELMO, Raul Sousa	05	Seleção dos Açores	17:57.75	527
	100m: 1:02.62 1:02.62	500m: 5:45.80 1:11.46	900m: 10:33.01 1:12.34	1300m: 15:28.88 1:14.85	
	200m: 2:12.00 1:09.38	600m: 6:57.38 1:11.58	1000m: 11:46.15 1:13.14	1400m: 16:44.13 1:15.25	
	300m: 3:22.57 1:10.57	700m: 8:08.83 1:11.45	1100m: 12:59.92 1:13.77	1500m: 17:57.75 1:13.62	
	400m: 4:34.34 1:11.77	800m: 9:20.67 1:11.84	1200m: 14:14.03 1:14.11		
EXH	BRAZ, Romao Noronha	04	Naval de Ponta Delgada	18:46.09	462
	100m: 1:05.92 1:05.92	500m: 6:00.57 1:15.83	900m: 11:09.52 1:18.05	1300m: 16:18.60 1:16.96	
	200m: 2:17.18 1:11.26	600m: 7:17.70 1:17.13	1000m: 12:27.37 1:17.85	1400m: 17:33.66 1:15.06	
	300m: 3:30.23 1:13.05	700m: 8:33.63 1:15.93	1100m: 13:44.85 1:17.48	1500m: 18:46.09 1:12.43	
	400m: 4:44.74 1:14.51	800m: 9:51.47 1:17.84	1200m: 15:01.64 1:16.79		
EXH	MANES, Bernardo Silva	07	Seleção dos Açores	19:25.22	417
	100m: 1:11.17 1:11.17	500m: 6:26.00 1:18.69	900m: 11:40.40 1:17.30	1300m: 16:52.83 1:18.00	
	200m: 2:29.23 1:18.06	600m: 7:45.93 1:19.93	1000m: 12:59.11 1:18.71	1400m: 18:09.79 1:16.96	
	300m: 3:48.12 1:18.89	700m: 9:05.20 1:19.27	1100m: 14:17.25 1:18.14	1500m: 19:25.22 1:15.43	
	400m: 5:07.31 1:19.19	800m: 10:23.10 1:17.90	1200m: 15:34.83 1:17.58		
EXH	ALVES, Mateus Jose	07	Seleção dos Açores	20:03.41	379
	100m: 1:11.33 1:11.33	500m: 6:26.20 1:19.23	900m: 11:49.22 1:21.66	1300m: 17:19.23 1:22.68	
	200m: 2:29.43 1:18.10	600m: 7:46.08 1:19.88	1000m: 13:11.59 1:22.37	1400m: 18:42.05 1:22.82	
	300m: 3:48.21 1:18.78	700m: 9:06.42 1:20.34	1100m: 14:33.72 1:22.13	1500m: 20:03.41 1:21.36	
	400m: 5:06.97 1:18.76	800m: 10:27.56 1:21.14	1200m: 15:56.55 1:22.83		
EXH	VICENTE, David Chagas	06	Bombeiros de Ponta Delgada	20:39.28	347
	100m: 1:16.31 1:16.31	500m: 6:49.95 1:23.84	900m: 12:25.27 1:23.39	1300m: 17:57.40 1:23.37	
	200m: 2:37.89 1:21.58	600m: 8:14.06 1:24.11	1000m: 13:48.33 1:23.06	1400m: 19:20.41 1:23.01	
	300m: 4:02.21 1:24.32	700m: 9:37.74 1:23.68	1100m: 15:11.27 1:22.94	1500m: 20:39.28 1:18.87	
	400m: 5:26.11 1:23.90	800m: 11:01.88 1:24.14	1200m: 16:34.03 1:22.76		