

Prova 36 Masc., 400m Estilos Absoluto
14/11/2021 - 9:23 Startlist

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:37.61	GOUVEIA, Luis Galvao	CDN	Funchal	11/07/2021
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

TAC Nacional - PL (Março) Juv B: 5:04.63; Juv A: 4:56.65; Jun17: 4:41.06; Jun18: 4:39.62; Sen: 4:33.15 / TAC Zonais Juv B: 5:18.95; Juv A: 5:13.10 / TAC Nacional Juv B: 5:04.63; Juv A: 4:56.65; Jun17: 4:46.65; Jun18: 4:45.22; Sen19: 4:39.12; 20 +: 4:37.73

Ano

S rie 1 de 1

0 RODRIGUES, Goncalo Reis	09	Juventude AC	7:35.00
1 FERNANDES, Afonso Berimbau	07	Juventude AC	6:50.94
2 COSTA, Guilherme Corte	07	CD Nacional	5:51.15
3 RODRIGUES, Rodrigo Reis	04	CD Sao Roque	4:41.92
4 ALVES, Paulo Rodrigues	04	CD Nacional	4:37.15
5 GOUVEIA, Luis Galvao	05	CD Nacional	4:37.61
6 OLIVEIRA, Afonso Miguel	07	Juventude AC	5:46.94
7 ALVES, Diogo Basilio	07	Juventude AC	6:34.40
8 ALVES, Mateus Basilio	09	Juventude AC	6:55.00
9 JARDIM, Lourenco Almeida	08	CD Nacional	8:00.00