

Prova 35 Femin., 400m Estilos Absoluto
Startlist
14/11/2021 - 9:15

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Jun17	5:19.30	FERREIRA, Maria Leonor	CDN	Funchal	11/07/2021
Recorde Regional Jun16	5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
Recorde Regional Juv A	5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
Recorde Regional Juv B	5:19.42	CAMARA, Ines Cruz	CDN	Funchal	11/07/2021
Recorde Regional Inf A	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
Recorde Regional Inf B	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Nacional - PL (Mar o) Juv B: 5:31.04; Juv A: 5:21.75; Jun16: 5:15.10; Jun17: 5:09.74; Sen: 5:04.54 / TAC Zonais Juv B: 5:47.14; Juv A: 5:37.41 / TAC Nacional Juv B: 5:31.04; Juv A: 5:23.44; Jun16: 5:17.82; Jun17: 5:16.24; Sen18: 5:07.90; 19 +: 5:06.36

Ano

S rie 1 de 1

1	TEMTEM, Madalena Barbosa	09	CD Nacional	7:00.00
2	MELIM, Sara Beatriz	09	CD Nacional	6:18.00
3	SILVA, Silvana Suamade	06	CD Sao Roque	5:34.52
4	FERREIRA, Maria Leonor	04	CD Nacional	5:14.87
5	RODRIGUES, Laura Sofia	07	Juventude AC	5:27.96
6	PEREIRA, Maria Clara	08	Juventude AC	6:15.00
7	MATEUS, Eleine Vieira	09	CD Nacional	6:32.23
8	SILVA, Maria Korina	09	CD Nacional	7:20.00