

Prova 16 Masc., 400m Livres Absoluto  
Startlist  
13/11/2021 - 9:42

Recorde Regional Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Nacional - PL (Março) Juv B: 4:27.96; Juv A: 4:21.64; Jun17: 4:10.09; Jun18: 4:04.87; Sen: 4:00.66 / TAC Zonais Inf B: 5:39.38; Inf A: 5:21.39; Juv B: 4:38.55; Juv A: 4:33.44 / TAC Nacional Inf B: 5:31.38; Inf A: 5:13.39; Juv B: 4:27.96; Juv A: 4:21.64; Jun17: 4:10.51; Jun18: 4:09.26; Sen19: 4:03.91; 20+: 4:02.70

Ano

Série 1 de 5

3 FERNANDES, Antonio Maria	08	Naval do Funchal	8:31.35
4 GOMES, Joao Abreu	09	Naval do Funchal	7:30.00
5 PESTANA, Andre Pinto	09	Naval do Funchal	7:30.00

Série 2 de 5

0 ANTUNES, Frederico Luis	08	Juventude AC	6:57.16
1 BARATA, Joao Tomas	08	Juventude AC	6:50.61
2 CARVALHO, Joaquim Eduardo	07	Naval do Funchal	6:39.24
3 PESTANA, Pedro Correia	09	AD Galomar	6:28.06
4 ALVES, Mateus Basilio	09	Juventude AC	6:27.60
5 VIEIRA, Luis Henrique	07	CD Nacional	6:27.81
6 SILVA, Francisco Pita	08	Juventude AC	6:30.00
7 CORREIA, Joao Luis	08	Juventude AC	6:45.00
8 RODRIGUES, Goncalo Reis	09	Juventude AC	6:53.44
9 BERENQUER, Santiago Moura	07	Juventude AC	7:00.00

Série 3 de 5

0 GONCALVES, Pedro Martim	09	Juventude AC	6:18.59
1 JARDIM, Rodrigo Vieira	08	Naval do Funchal	6:12.25
2 SILVA, Joao Bernardo	09	CD Nacional	6:08.45
3 GONCALVES, Joao Guilherme	09	Naval do Funchal	6:00.00
4 NOBREGA, Matias Sargo	08	Naval do Funchal	5:59.17
5 ANDRADE, Salvador Freitas	09	Naval do Funchal	6:00.00
6 FARIA, Afonso Cunha	09	CD Sao Roque	6:06.97
7 VELOZA, Tomas Ramos	09	CD Nacional	6:08.67
8 TEMES, Joao Caires	06	Juventude AC	6:12.89
9 JARDIM, Lourenco Almeida	08	CD Nacional	6:19.15

Série 4 de 5

0 STEFLEA, Andre Sergio	06	CD Sao Roque	5:49.28
1 BARRADAS, Rafael Alves	08	Escola O Liceu	5:37.53
2 SMIRNOV, Dmytro	07	CD Sao Roque	5:32.88
3 JESUS, Vasco Franca	08	Naval do Funchal	5:26.86
4 MIRANDA, Francisco Guilherme	08	Naval do Funchal	5:21.95
5 JESUS, David Martins	07	CD Sao Roque	5:22.81
6 RODRIGUES, Guilherme Gomes	08	CD Sao Roque	5:32.25
7 CASTRO, Marco Antonio	08	Naval do Funchal	5:35.21
8 GOUVEIA, Martim Jose	07	CD Sao Roque	5:45.67
9 OLIVEIRA, Bernardo Antonio	06	Naval do Funchal	5:53.03

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Série 5 de 5

0 VIEIRA, Emanuel Eloi	03	CD Sao Roque	4:45.94
1 FERNANDES, Diogo Henrique	04	Naval do Funchal	4:25.66
2 DIAS, Andre Vicente	05	CD Nacional	4:20.95
3 ALVES, Paulo Rodrigues	04	CD Nacional	4:14.41
4 MARQUES, Gustavo Pires	04	CD Sao Roque	3:58.76
5 RODRIGUES, Pedro Reis	02	CD Sao Roque	4:08.90
6 OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	4:15.48
7 FERRAZ, Luis Afonso	06	Naval do Funchal	4:25.01
8 TELES, Artur Corte	04	Juventude AC	4:36.21
9 ALVES, Diogo Basilio	07	Juventude AC	5:04.86