

Prova 35 Femin., 400m Estilos Absoluto  
14/11/2021 - 9:15 Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Jun17	5:19.30	FERREIRA, Maria Leonor	CDN	Funchal	11/07/2021
Recorde Regional Jun16	5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
Recorde Regional Juv A	5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
Recorde Regional Juv B	5:19.42	CAMARA, Ines Cruz	CDN	Funchal	11/07/2021
Recorde Regional Inf A	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
Recorde Regional Inf B	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Nacional - PL (Março) Juv B: 5:31.04; Juv A: 5:21.75; Jun16: 5:15.10; Jun17: 5:09.74; Sen: 5:04.54 / TAC Zonais Juv B: 5:47.14; Juv A: 5:37.41 / TAC Nacional Juv B: 5:31.04; Juv A: 5:23.44; Jun16: 5:17.82; Jun17: 5:16.24; Sen18: 5:07.90; 19 +: 5:06.36

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
<b>Infantil A - 13 anos</b>			
1. MELIM, Sara Beatriz	09 CD Nacional	<b>6:16.68</b>	324
50m: 41.66 41.66	150m: 2:21.91 51.63	250m: 3:59.55 50.42	350m: 5:34.81 44.68
100m: 1:30.28 48.62	200m: 3:09.13 47.22	300m: 4:50.13 50.58	400m: 6:16.68 41.87
2. MATEUS, Eleine Vieira	09 CD Nacional	<b>6:29.93</b>	292
50m: 44.52 44.52	150m: 2:24.93 48.80	250m: 4:06.32 55.24	350m: 5:46.61 45.90
100m: 1:36.13 51.61	200m: 3:11.08 46.15	300m: 5:00.71 54.39	400m: 6:29.93 43.32
DSQ TEMTEM, Madalena Barbosa	09 CD Nacional		
<i>710 - N�o efectuou recupera�o da bra�ada, de acordo com a regra - SW 7.3</i>			
DSQ SILVA, Maria Korina	09 CD Nacional		
<i>403 - Falsa partida - SW 4.4</i>			

**Juvenil B - 14 anos**

1. PEREIRA, Maria Clara	08 Juventude AC	<b>6:11.63</b>	338
50m: 41.14 41.14	150m: 2:19.10 48.26	250m: 3:57.73 52.18	350m: 5:33.13 42.44
100m: 1:30.84 49.70	200m: 3:05.55 46.45	300m: 4:50.69 52.96	400m: 6:11.63 38.50

**Juniores - 16, 17 anos**

1. SILVA, Silvana Suamade	06 CD Sao Roque	<b>5:54.93</b>	388
50m: 37.64 37.64	150m: 2:09.55 46.98	250m: 3:45.63 50.73	350m: 5:15.96 39.78
100m: 1:22.57 44.93	200m: 2:54.90 45.35	300m: 4:36.18 50.55	400m: 5:54.93 38.97