

Prova 26 Masc., 1500m Livres Absoluto
13/11/2021 - 16:44 Resultados

Recorde Regional Absoluto	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional Jun17	15:58.37	DEUS, Andre Portugal	CNF	Funchal	13/07/2019
Recorde Regional Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Recorde Regional Inf A	16:57.52	ALMEIDA, Carlos Alexandre	CDN	Funchal	13/07/2003
Recorde Regional Inf B	17:40.06	FREITAS, Tomas Miguel	CDN	Funchal	31/05/2003

TAC Nacional - PL (Março) Juv B: 18:30.96; Juv A: 17:26.47; Jun17: 16:42.75; Jun18: 16:42.75; Sen: 16:22.58 /
TAC Zonais Juv B: 18:44.12; Juv A: 18:23.49 / TAC Nacional Juv B: 18:30.96; Juv A: 17:26.47; Jun17: 16:57.69; Jun18: 16:52.63;
Sen19: 16:22.58; 20+: 16:22.58

Pontos: FINA 2021

Lugar Ano Tempo final Pts

Infantil A - 14 anos

1. MIRANDA, Francisco Guilherme	08	Naval do Funchal	20:45.45	315
100m: 1:16.31 1:16.31	500m: 6:49.50 1:23.76	900m: 12:27.00 1:24.25	1300m: 18:04.30 1:24.09	
200m: 2:39.17 1:22.86	600m: 8:14.58 1:25.08	1000m: 13:51.50 1:24.50	1400m: 19:26.75 1:22.45	
300m: 4:01.34 1:22.17	700m: 9:38.04 1:23.46	1100m: 15:15.86 1:24.36	1500m: 20:45.45 1:18.70	
400m: 5:25.74 1:24.40	800m: 11:02.75 1:24.71	1200m: 16:40.21 1:24.35		
2. CASTRO, Marco Antonio	08	Naval do Funchal	21:13.08	295
100m: 1:18.95 1:18.95	500m: 6:59.20 1:25.07	900m: 12:42.81 1:26.18	1300m: 18:27.77 1:26.08	
200m: 2:45.72 1:26.77	600m: 8:25.17 1:25.97	1000m: 14:10.80 1:27.99	1400m: 19:53.04 1:25.27	
300m: 4:09.81 1:24.09	700m: 9:51.43 1:26.26	1100m: 15:36.32 1:25.52	1500m: 21:13.08 1:20.04	
400m: 5:34.13 1:24.32	800m: 11:16.63 1:25.20	1200m: 17:01.69 1:25.37		
3. JARDIM, Rodrigo Vieira	08	Naval do Funchal	22:10.19	259
100m: 1:19.47 1:19.47	500m: 7:15.04 1:28.56	900m: 13:12.83 1:29.39	1300m: 19:12.57 1:31.64	
200m: 2:48.65 1:29.18	600m: 8:44.44 1:29.40	1000m: 14:41.86 1:29.03	1400m: 20:43.91 1:31.34	
300m: 4:17.68 1:29.03	700m: 10:13.84 1:29.40	1100m: 16:10.54 1:28.68	1500m: 22:10.19 1:26.28	
400m: 5:46.48 1:28.80	800m: 11:43.44 1:29.60	1200m: 17:40.93 1:30.39		
4. MEDEIROS, Joao Francisco	08	Juventude AC	22:36.46	244
100m: 1:22.89 1:22.89	500m: 7:30.31 1:31.93	900m: 13:34.80 1:31.47	1300m: 19:41.52 1:31.23	
200m: 2:53.54 1:30.65	600m: 9:00.87 1:30.56	1000m: 15:06.85 1:32.05	1400m: 21:11.79 1:30.27	
300m: 4:26.63 1:33.09	700m: 10:31.76 1:30.89	1100m: 16:38.43 1:31.58	1500m: 22:36.46 1:24.67	
400m: 5:58.38 1:31.75	800m: 12:03.33 1:31.57	1200m: 18:10.29 1:31.86		
5. NOBREGA, Matias Sargo	08	Naval do Funchal	23:17.13	223
100m: 1:25.31 1:25.31	500m: 7:39.41 1:34.15	900m: 13:57.30 1:35.23	1300m: 20:15.09 1:33.88	
200m: 2:58.58 1:33.27	600m: 9:13.44 1:34.03	1000m: 15:32.32 1:35.02	1400m: 21:47.60 1:32.51	
300m: 4:31.47 1:32.89	700m: 10:48.44 1:35.00	1100m: 17:07.75 1:35.43	1500m: 23:17.13 1:29.53	
400m: 6:05.26 1:33.79	800m: 12:22.07 1:33.63	1200m: 18:41.21 1:33.46		
DSQ JESUS, Vasco Franca	08	Naval do Funchal	22:04.90	
<i>403 - Falsa partida - SW 4.4</i>				
100m: 1:17.12 1:17.12	500m: 7:08.06 1:28.82	900m: 13:10.80 1:32.34	1300m: 19:13.17 1:29.55	
200m: 2:42.90 1:25.78	600m: 8:37.64 1:29.58	1000m: 14:41.96 1:31.16	1400m: 20:40.85 1:27.68	
300m: 4:11.25 1:28.35	700m: 10:07.21 1:29.57	1100m: 16:13.24 1:31.28	1500m: 22:04.90 1:24.05	
400m: 5:39.24 1:27.99	800m: 11:38.46 1:31.25	1200m: 17:43.62 1:30.38		

Juvenil B - 15 anos

1. COSTA, Guilherme Corte	07	CD Nacional	18:43.28	430
<i>Mínimos Zonal - A definir local (17/12 a 19/12)</i>				
100m: 1:10.08 1:10.08	500m: 6:08.90 1:16.12	900m: 11:12.24 1:16.39	1300m: 16:17.54 1:16.53	
200m: 2:23.97 1:13.89	600m: 7:24.85 1:15.95	1000m: 12:28.42 1:16.18	1400m: 17:32.79 1:15.25	
300m: 3:38.04 1:14.07	700m: 8:40.28 1:15.43	1100m: 13:44.76 1:16.34	1500m: 18:43.28 1:10.49	
400m: 4:52.78 1:14.74	800m: 9:55.85 1:15.57	1200m: 15:01.01 1:16.25		

Prova 26, Masc., 1500m Livres, Juvenil B - 15 anos

Lugar	Ano		Tempo final								Pts	
2.	ALVES, Diogo Basilio		07	Juventude AC				20:20.70		335		
	100m:	1:16.30	1:16.30	500m:	6:48.77	1:23.36	900m:	12:17.79	1:21.31	1300m:	17:42.36	1:21.50
	200m:	2:39.73	1:23.43	600m:	8:11.22	1:22.45	1000m:	13:39.17	1:21.38	1400m:	19:02.72	1:20.36
	300m:	4:02.37	1:22.64	700m:	9:33.60	1:22.38	1100m:	15:00.39	1:21.22	1500m:	20:20.70	1:17.98
	400m:	5:25.41	1:23.04	800m:	10:56.48	1:22.88	1200m:	16:20.86	1:20.47			

Juniores - 17, 18 anos

1.	OLIVEIRA, Diogo Alexandre		05	Naval do Funchal				16:51.72		588		
	<i>M�nimos Nacional - Leiria (26/11 a 28/11) & OPEN</i>											
	100m:	1:02.83	1:02.83	500m:	5:33.91	1:07.70	900m:	10:04.60	1:07.97	1300m:	14:38.37	1:08.73
	200m:	2:10.77	1:07.94	600m:	6:41.15	1:07.24	1000m:	11:13.09	1:08.49	1400m:	15:45.74	1:07.37
	300m:	3:18.61	1:07.84	700m:	7:48.81	1:07.66	1100m:	12:21.39	1:08.30	1500m:	16:51.72	1:05.98
	400m:	4:26.21	1:07.60	800m:	8:56.63	1:07.82	1200m:	13:29.64	1:08.25			
2.	RODRIGUES, Rodrigo Reis		04	CD Sao Roque				17:12.81		553		
	100m:	1:04.74	1:04.74	500m:	5:37.83	1:08.21	900m:	10:14.23	1:09.62	1300m:	14:54.90	1:10.31
	200m:	2:13.40	1:08.66	600m:	6:45.96	1:08.13	1000m:	11:24.11	1:09.88	1400m:	16:05.11	1:10.21
	300m:	3:21.49	1:08.09	700m:	7:54.96	1:09.00	1100m:	12:34.38	1:10.27	1500m:	17:12.81	1:07.70
	400m:	4:29.62	1:08.13	800m:	9:04.61	1:09.65	1200m:	13:44.59	1:10.21			
3.	DIAS, Andre Vicente		05	CD Nacional				17:42.18		508		
	100m:	1:02.94	1:02.94	500m:	5:41.64	1:11.52	900m:	10:33.30	1:13.65	1300m:	15:19.77	1:11.98
	200m:	2:11.18	1:08.24	600m:	6:54.06	1:12.42	1000m:	11:45.68	1:12.38	1400m:	16:31.77	1:12.00
	300m:	3:20.36	1:09.18	700m:	8:07.00	1:12.94	1100m:	12:56.94	1:11.26	1500m:	17:42.18	1:10.41
	400m:	4:30.12	1:09.76	800m:	9:19.65	1:12.65	1200m:	14:07.79	1:10.85			

Seniores - 19 e mais velhos

1.	RODRIGUES, Pedro Reis		02	CD Sao Roque				16:56.91		580		
	100m:	1:03.21	1:03.21	500m:	5:35.73	1:08.29	900m:	10:09.33	1:08.69	1300m:	14:43.30	1:08.01
	200m:	2:10.93	1:07.72	600m:	6:43.77	1:08.04	1000m:	11:18.12	1:08.79	1400m:	15:51.27	1:07.97
	300m:	3:19.25	1:08.32	700m:	7:52.18	1:08.41	1100m:	12:26.57	1:08.45	1500m:	16:56.91	1:05.64
	400m:	4:27.44	1:08.19	800m:	9:00.64	1:08.46	1200m:	13:35.29	1:08.72			