

Prova 3
10/06/2022 - 16:11

Femin., 400m Livres

Absoluto
Startlist

Recorde Regional Absoluto	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Sen	4:35.08	MELIM, Claudia Ramos	CDN	Funchal	06/07/2002
Recorde Regional Jun17	4:32.13	ANDRADE, Rubina Amaro	CDN	Felgueiras	13/07/1996
Recorde Regional Jun16	4:31.80	ANDRADE, Rubina Amaro	CDN	Funchal	14/07/1995
Recorde Regional Juv A	4:31.74	ANDRADE, Rubina Amaro	CDN	Braga	05/03/1994
Recorde Regional Juv B	4:35.00	ANDRADE, Rubina Amaro	CDN	Funchal	29/05/1993
Recorde Regional Inf A	4:37.30	ANDRADE, Rubina Amaro	CDN	Funchal	17/07/1992
Recorde Regional Inf B	4:56.70	ANDRADE, Rubina Amaro	CDN	Funchal	04/05/1991

TAC Nacional Inf B: 5:55.32; Inf A: 5:33.89; Juv B: 4:54.81; Juv A: 4:45.52; Jun16: 4:38.56; Jun17: 4:37.18; Sen18: 4:31.05;
19+: 4:29.70

Ano

Série 1 de 3

2 MELIM, Ana Luisa	08	Juventude AC	8:14.07
3 REIS, Luana Filipe	10	Natacao de Alcobaca	6:11.48
4 OLIVEIRA, Mariana Sousa	10	Natacao de Alcobaca	6:52.03

Série 2 de 3

1 SOARES, Leonor Silva	08	CD Nacional	5:49.46
2 SA, Vanessa Fernandes	09	Naval do Funchal	5:35.46
3 ALVES, Juliana Rodrigues	08	CD Nacional	5:24.08
4 NOBREGA, Sara Francisca	08	CD Sao Roque	5:29.66
5 MARQUES, Bruna Francisca	08	CD Sao Roque	5:48.07

Série 3 de 3

1 ANDRADE, Matilde Sousa	08	Naval do Funchal	5:07.68
2 SILVA, Silvana Suamade	06	CD Sao Roque	4:54.49
3 SILVA, Ana Francisca	06	Natacao de Alcobaca	4:40.24
4 CAMARA, Ines Cruz	07	CD Nacional	4:50.25
5 GONCALVES, Valentina Jose	07	CD Nacional	4:59.65
6 LUIS, Matilde Andre	08	Natacao de Alcobaca	5:15.76