

Prova 4 Masc., 400m Livres Absoluto
10/06/2022 - 16:32 Resultados

Recorde Regional Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Nacional Inf B: 5:31.38; Inf A: 5:13.39; Juv B: 4:27.96; Juv A: 4:21.64; Jun17: 4:10.51; Jun18: 4:09.26; Sen19: 4:03.91; 20+: 4:02.70

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
Infantis (13 and 14 years)			
1. RODRIGUES, Guilherme Gomes	08 CD Sao Roque	4:49.10	395
<i>Vencedor do Escalão [Infantil A e B], TAC Infantis Famalicão, 22 a 24 Julho</i>			
50m:	33.44 33.44	150m:	250m:
100m:	1:09.92 36.48	200m:	300m:
350m:		400m:	4:49.10
2. CASTRO, Marco Antonio	08 Naval do Funchal	4:57.44	363
<i>TAC Infantis Famalicão, 22 a 24 Julho</i>			
50m:	34.27 34.27	150m:	250m:
100m:	1:11.80 37.53	200m:	300m:
350m:		400m:	4:57.44
3. POMBO, Tiago Santos	08 Natacao de Alcobaca	5:06.39	332
<i>TAC Infantis Famalicão, 22 a 24 Julho</i>			
50m:	32.86 32.86	150m:	250m:
100m:	1:11.63 38.77	200m:	300m:
350m:		400m:	5:06.39
4. FARIA, Afonso Cunha	09 CD Sao Roque	5:09.35	322
<i>TAC Infantis Famalicão, 22 a 24 Julho</i>			
50m:	36.14 36.14	150m:	250m:
100m:	1:15.32 39.18	200m:	300m:
350m:		400m:	5:09.35
5. GONCALVES, Pedro Martim	09 Juventude AC	5:09.79	321
<i>TAC Infantis Famalicão, 22 a 24 Julho</i>			
50m:	33.34 33.34	150m:	250m:
100m:	1:12.09 38.75	200m:	300m:
350m:		400m:	5:09.79
6. JARDIM, Rodrigo Vieira	08 Naval do Funchal	5:11.72	315
<i>TAC Infantis Famalicão, 22 a 24 Julho</i>			
50m:	32.43 32.43	150m:	250m:
100m:	1:10.10 37.67	200m:	300m:
350m:		400m:	5:11.72
7. NOBREGA, Matias Sargo	08 Naval do Funchal	5:12.22	314
<i>TAC Infantis Famalicão, 22 a 24 Julho</i>			
50m:	33.79 33.79	150m:	250m:
100m:	1:12.09 38.30	200m:	300m:
350m:		400m:	5:12.22
8. FERNANDEZ, Henrique Justino	08 Juventude AC	5:16.08	302
<i>TAC Infantis Famalicão, 22 a 24 Julho</i>			
50m:	35.54 35.54	150m:	250m:
100m:	1:14.98 39.44	200m:	300m:
350m:		400m:	5:16.08
9. BARATA, Joao Tomas	08 Juventude AC	5:28.77	269
<i>TAC Infantis Famalicão, 22 a 24 Julho</i>			
50m:	35.81 35.81	150m:	250m:
100m:	1:15.49 39.68	200m:	300m:
350m:		400m:	5:28.77
10. RODRIGUES, Goncalo Reis	09 Juventude AC	5:32.46	260
<i>TAC Infantis Famalicão, 22 a 24 Julho</i>			
50m:	35.56 35.56	150m:	250m:
100m:	1:16.06 40.50	200m:	300m:
350m:		400m:	5:32.46

Prova 4, Masc., 400m Livres, Infantis (13 and 14 years)

Lugar					Ano		Tempo final	Pts
11.	PACHECO, Santiago Jose				09	Natacao de Alcobaca	5:38.77	245
	50m:	37.40	37.40	150m:	250m:	350m:		
	100m:	1:19.62	42.22	200m:	300m:	400m:	5:38.77	
12.	GOMES, Joao Abreu				09	Naval do Funchal	5:56.37	211
	50m:	36.27	36.27	150m:	250m:	350m:		
	100m:	1:21.80	45.53	200m:	2:52.67	300m:	400m: 5:56.37	
13.	ANTUNES, Frederico Luis				08	Juventude AC	5:59.26	206
	50m:	37.91	37.91	150m:	250m:	350m:		
	100m:	1:22.02	44.11	200m:	2:54.19	300m:	400m: 5:59.26	
14.	ABREU, Afonso Henrique				09	Naval do Funchal	6:00.66	203
	50m:	40.44	40.44	150m:	250m:	350m:		
	100m:	1:29.62	49.18	200m:	3:43.93	300m:	400m: 6:00.66	
15.	CAMACHO, Santiago Bettencourt				09	Juventude AC	6:15.54	180
	50m:	40.99	40.99	150m:	250m:	350m:		
	100m:	1:28.07	47.08	200m:	3:05.88	300m:	400m: 6:15.54	

Juvenis (15 and 16 years)

1.	CRUZ, Leonardo Jose				07	Natacao de Alcobaca	4:16.51	566
	<i>Vencedor do Escalão [Juvenil A e B], TAC OPEN PORTUGAL Jamor, 27 a 30 Julho</i>							
	50m:	28.34	28.34	150m:	250m:	350m:		
	100m:	59.77	31.43	200m:	2:04.78	300m:	400m: 4:16.51	
2.	ALMEIDA, Joao Francisco				07	Naval do Funchal	4:29.88	486
	50m:	29.16	29.16	150m:	250m:	350m:		
	100m:	1:02.42	33.26	200m:	2:11.93	300m:	400m: 4:29.88	
3.	OLIVEIRA, Afonso Miguel				07	Juventude AC	4:33.26	468
	50m:	29.42	29.42	150m:	250m:	350m:		
	100m:	1:02.54	33.12	200m:	2:12.05	300m:	400m: 4:33.26	
4.	COSTA, Guilherme Corte				07	CD Nacional	4:38.13	444
	50m:	30.64	30.64	150m:	250m:	350m:		
	100m:	1:04.79	34.15	200m:	2:15.41	300m:	400m: 4:38.13	
5.	JESUS, David Martins				07	CD Sao Roque	4:38.27	443
	50m:	30.90	30.90	150m:	250m:	350m:		
	100m:	1:04.86	33.96	200m:	2:15.92	300m:	400m: 4:38.27	
6.	PENSO, Miguel Reigada				07	Escola O Liceu	5:01.06	350
	50m:	30.92	30.92	150m:	250m:	350m:		
	100m:	1:06.54	35.62	200m:	2:23.44	300m:	400m: 5:01.06	
7.	BERENGUER, Santiago Moura				07	Juventude AC	5:30.28	265
	50m:	33.64	33.64	150m:	250m:	350m:		
	100m:	1:13.07	39.43	200m:	2:40.28	300m:	400m: 5:30.28	
8.	FERNANDES, Andre Filipe				07	Natacao de Alcobaca	5:43.92	235
	50m:	36.54	36.54	150m:	250m:	350m:		
	100m:	1:18.50	41.96	200m:	2:47.60	300m:	400m: 5:43.92	

Absolutos (17+ years)

1.	RODRIGUES, Rodrigo Reis				04	CD Sao Roque	4:16.81	564
	<i>Vencedor do Escalão [Júnior e Sénior]</i>							
	50m:	29.19	29.19	150m:	250m:	350m:		
	100m:	1:00.44	31.25	200m:	2:05.12	300m:	400m: 4:16.81	
2.	OLIVEIRA, Diogo Alexandre				05	Naval do Funchal	4:17.01	563
	50m:	28.27	28.27	150m:	250m:	350m:		
	100m:	59.66	31.39	200m:	2:05.48	300m:	400m: 4:17.01	

Prova 4, Masc., 400m Livres, Absolutos (17+ years)

Lugar					Ano					Tempo final	Pts
3.	DIAS, Andre Vicente				05	CD Nacional				4:28.48	494
	50m:	29.79	29.79	150m:		250m:		350m:			
	100m:	1:02.32	32.53	200m:	2:11.34	300m:	3:20.76	400m:	4:28.48		