

Event 29	Women, 400m Freestyle				Absoluto
05/03/2022 - 17:27	Race 29: 400m Freestyle (Female)				Startlist
Recorde Regional Open	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Sen	4:41.19	ANDRADE, Rubina Amaro	CDN	Restelo	21/12/1996
Recorde Regional Jun17	4:38.89	ANDRADE, Rubina Amaro	CDN	Famalicao	02/08/1996
Recorde Regional Jun16	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Juv A	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Juv B	4:40.61	ANDRADE, Rubina Amaro	CDN		01/01/1993
Recorde Regional Inf A	4:49.56	ANDRADE, Rubina Amaro	CDN	Matur	21/07/1992
Recorde Regional Inf B	5:04.39	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC Zonais Inf B: 6:06.47; Inf A: 5:44.82 / TAC Nacional - PL (Março) Juv B: 5:06.77; Juv A: 4:49.75; Jun16: 4:45.76; Jun17: 4:38.61; Sen: 4:33.31 / TAC Nacional Inf B: 5:58.47; Inf A: 5:36.82; Juv B: 5:06.77; Juv A: 4:52.31; Jun16: 4:45.76; Jun17: 4:43.04; Sen18: 4:37.41; 19+: 4:36.03

YB

Heat 1 of 3

3 JESUS, Veronica Martins	06	Desportivo Sao Roque	7:26.02
4 NOBREGA, Maria Trindade	05	Desportivo Nacional	7:09.13
5 BLANDY, Mischa Blue	04	Desportivo Nacional	7:16.17

Heat 2 of 3

1 ALVES, Ana Carolina	10	Desportivo Nacional	6:28.25
2 TEIXEIRA, Maria Leonor	10	Naval do Funchal	6:10.92
3 CARDOSO, Isabel Maria	05	Club Sport Maritimo	6:00.00
4 SOARES, Leonor Silva	08	Desportivo Nacional	5:49.46
5 SILVA, Gabriela Suamade	02	Desportivo Sao Roque	5:50.04
6 SILVA, Maria Korina	09	Desportivo Nacional	6:03.52
7 FREITAS, Francisca Leonor	09	Naval do Funchal	6:15.22
8 BRITO, Madalena Pinto	10	Naval do Funchal	6:34.93

Heat 3 of 3

0 NOBREGA, Sara Francisca	08	Desportivo Sao Roque	5:34.30
1 GOMES, Sofia Vega	08	Naval do Funchal	5:27.22
2 CARICHAS, Joana Medeiros	06	Juventude Atlantico	5:19.56
3 POGORELOVA, Diana	02	Selecao da Ucrania	5:06.00
4 COSTA, Maria Jardim	06	Desportivo Nacional	4:52.16
5 FREITAS, Beatriz Rodrigues	06	Naval do Funchal	5:03.13
6 LUIS, Jessica Santos	00	Desportivo Sao Roque	5:07.16
7 FRANCA, Ines Matos	07	Juventude Atlantico	5:25.00
8 DIAS, Monica Fernandes	06	Desportivo Sao Roque	5:31.41
9 PEREIRA, Maria Clara	08	Juventude Atlantico	5:41.43