

| Event 27 | Women, 400m Medley | | | | Absoluto |
|------------------------|-------------------------------|-------------------------|-------|-----------|------------|
| 05/03/2022 - 16:56 | Race 27: 400m Medley (Female) | | | | Startlist |
| Recorde Regional Open | 5:07.00 | QUINTAL, Fabiana Maria | CDN | Coimbra | 31/05/2009 |
| Recorde Regional Sen | 5:07.00 | QUINTAL, Fabiana Maria | CDN | Coimbra | 31/05/2009 |
| Recorde Regional Jun17 | 5:30.47 | ROSA, Beatriz Jong | CDW/T | Funchal | 18/03/2017 |
| Recorde Regional Jun16 | 5:25.48 | CERDAS, Sara Rodrigues | CNF | Funchal | 07/07/2005 |
| Recorde Regional Juv A | 5:28.09 | FERREIRA, Maria Leonor | CDN | Coimbra | 06/04/2019 |
| Recorde Regional Juv B | 5:24.54 | SOUSA, Susana Margarida | CFU | Olivais | 08/08/1991 |
| Recorde Regional Inf A | 5:33.79 | CORREIA, Marta Corte | CNF | Famalicao | 25/07/1997 |
| Recorde Regional Inf B | 5:48.91 | FERREIRA, Maria Leonor | CDN | Funchal | 02/07/2016 |

TAC Nacional - PL (Março) Juv B: 5:48.18; Juv A: 5:37.10; Jun16: 5:25.73; Jun17: 5:20.84; Sen: 5:13.55 / TAC Nacional Juv B: 5:48.18; Juv A: 5:40.83; Jun16: 5:29.02; Jun17: 5:27.38; Sen18: 5:18.16; 19 +: 5:16.57

YB

Heat 1 of 1

| | | | | |
|---|-------------------------|----|----------------------|---------|
| 1 | QUADRADO, Teresa Gomes | 10 | Juventude Atlantico | 7:30.00 |
| 2 | MARGARIDO, Paula Aguiar | 09 | Juventude Atlantico | 6:30.00 |
| 3 | GONCALVES, Vera Andrade | 09 | Juventude Atlantico | 6:10.81 |
| 4 | MAKHNYK, Anita | 04 | Selecao da Ucrania | 5:35.00 |
| 5 | SILVA, Silvana Suamade | 06 | Desportivo Sao Roque | 5:54.57 |
| 6 | SA, Vanessa Fernandes | 09 | Naval do Funchal | 6:16.85 |
| 7 | BAPTISTA, Ines Sande | 08 | Desportivo Nacional | 6:44.00 |
| 8 | LEITAO, Isabel Gouveia | 10 | Naval do Funchal | 8:00.00 |