

Event 27 Women, 400m Medley Absoluto
05/03/2022 - 16:56 Race 27: 400m Medley (Female) Results

Recorde Regional Open	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Sen	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Jun17	5:30.47	ROSA, Beatriz Jong	CDW/T	Funchal	18/03/2017
Recorde Regional Jun16	5:25.48	CERDAS, Sara Rodrigues	CNF	Funchal	07/07/2005
Recorde Regional Juv A	5:28.09	FERREIRA, Maria Leonor	CDN	Coimbra	06/04/2019
Recorde Regional Juv B	5:24.54	SOUSA, Susana Margarida	CFU	Olivais	08/08/1991
Recorde Regional Inf A	5:33.79	CORREIA, Marta Corte	CNF	Famalicão	25/07/1997
Recorde Regional Inf B	5:48.91	FERREIRA, Maria Leonor	CDN	Funchal	02/07/2016

TAC Nacional - PL (Março) Juv B: 5:48.18; Juv A: 5:37.10; Jun16: 5:25.73; Jun17: 5:20.84; Sen: 5:13.55 / TAC Nacional Juv B: 5:48.18; Juv A: 5:40.83; Jun16: 5:29.02; Jun17: 5:27.38; Sen18: 5:18.16; 19 + 5:16.57

Points: FINA 2021

Rank	YB	Time	Pts
Infantis B, 12 anos			
1.	LEITAO, Isabel Gouveia 10	Naval do Funchal	6:29.87 318
	50m: 40.45 40.45 150m: 2:20.43 49.98 250m: 4:04.76 57.23 350m: 5:46.07 44.70		
	100m: 1:30.45 50.00 200m: 3:07.53 47.10 300m: 5:01.37 56.61 400m: 6:29.87 43.80		
DSQ	QUADRADO, Teresa Gomes 10	Juventude Atlantico	
	102 - Não completou a prova - SW 10.2		

Infantis A, 13 anos

1.	GONCALVES, Vera Andrade 09	Juventude Atlantico	5:50.17 440
	50m: 37.77 37.77 150m: 2:07.00 43.97 250m: 3:41.78 51.21 350m: 5:12.65 39.16		
	100m: 1:23.03 45.26 200m: 2:50.57 43.57 300m: 4:33.49 51.71 400m: 5:50.17 37.52		
2.	SA, Vanessa Fernandes 09	Naval do Funchal	6:24.70 331
	50m: 43.74 43.74 150m: 2:27.90 50.87 250m: 4:07.98 51.04 350m: 5:42.84 44.00		
	100m: 1:37.03 53.29 200m: 3:16.94 49.04 300m: 4:58.84 50.86 400m: 6:24.70 41.86		
DSQ	MARGARIDO, Paula Aguiar 09	Juventude Atlantico	
	102 - Não completou a prova - SW 10.2		

Juvenis B, 14 anos

1.	BAPTISTA, Ines Sande 08	Desportivo Nacional	6:21.56 340
	50m: 40.26 40.26 150m: 2:17.46 51.01 250m: 4:00.39 54.04 350m: 5:39.18 45.18		
	100m: 1:26.45 46.19 200m: 3:06.35 48.89 300m: 4:54.00 53.61 400m: 6:21.56 42.38		

Juniores, 16 e 17 anos

1.	SILVA, Silvana Suamade 06	Desportivo Sao Roque	5:35.00 502
	50m: 35.21 35.21 150m: 2:00.92 45.34 250m: 3:32.05 47.22 350m: 4:58.20 38.50		
	100m: 1:15.58 40.37 200m: 2:44.83 43.91 300m: 4:19.70 47.65 400m: 5:35.00 36.80		

Absolutos, 14 anos e mais velhas

1.	SILVA, Silvana Suamade 06	Desportivo Sao Roque	5:35.00 502
	50m: 35.21 35.21 150m: 2:00.92 45.34 250m: 3:32.05 47.22 350m: 4:58.20 38.50		
	100m: 1:15.58 40.37 200m: 2:44.83 43.91 300m: 4:19.70 47.65 400m: 5:35.00 36.80		
2.	BAPTISTA, Ines Sande 08	Desportivo Nacional	6:21.56 340
	50m: 40.26 40.26 150m: 2:17.46 51.01 250m: 4:00.39 54.04 350m: 5:39.18 45.18		
	100m: 1:26.45 46.19 200m: 3:06.35 48.89 300m: 4:54.00 53.61 400m: 6:21.56 42.38		
EXH	MAKHNYK, Anita 04	Selecao da Ucrania	5:43.72 465
	50m: 35.62 35.62 150m: 2:04.65 47.14 250m: 3:38.19 47.84 350m: 5:06.23 39.56		
	100m: 1:17.51 41.89 200m: 2:50.35 45.70 300m: 4:26.67 48.48 400m: 5:43.72 37.49		