



Prova 35 Femin., 1500m Livres Absoluto
09/07/2022 - 17:39 Mónica Freitas Resultados

Recordes Regionais Absoluto	17:37.10	ANDRADE, Rubina Amaro	CDN	Funchal	22/07/1995
Recordes Regionais Sen	17:55.74	ANDRADE, Rubina Amaro	CDN	Funchal	13/06/1997
Recordes Regionais Jun17	18:32.01	HENRIQUES, Luisa Costa	CNF	Funchal	29/05/2010
Recordes Regionais Jun16	17:37.10	ANDRADE, Rubina Amaro	CDN	Funchal	22/07/1995
Recordes Regionais Juv A	18:48.70	COSTA, Maria Jardim	CDN	Funchal	13/05/2021
Recordes Regionais Juv B	18:18.70	ANDRADE, Rubina Amaro	CDN	Funchal	05/03/1993
Recordes Regionais Inf A	19:08.84	CORREIA, Marta Corte	CNF	Funchal	13/06/1997
Recordes Regionais Inf B	19:43.31	CORREIA, Lisandra Aguiar	CSM	Funchal	01/06/2003

TAC Nacional Juv B: 19:35.00; Juv A: 19:15.00; Jun16: 18:25.15; Jun17: 18:25.15; Sen18: 17:53.31; 19+: 17:53.31

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
Infantis A, 13 anos			
1. GONCALVES, Vera Andrade	09 Juventude AC	19:36.38	475
100m: 1:14.75 1:14.75	500m: 6:35.45 1:19.64	900m: 11:53.63 1:19.60	1300m: 17:07.86 1:17.98
200m: 2:34.34 1:19.59	600m: 7:54.39 1:18.94	1000m: 13:12.59 1:18.96	1400m: 18:25.50 1:17.64
300m: 3:55.47 1:21.13	700m: 9:14.36 1:19.97	1100m: 14:31.40 1:18.81	1500m: 19:36.38 1:10.88
400m: 5:15.81 1:20.34	800m: 10:34.03 1:19.67	1200m: 15:49.88 1:18.48	
2. MARGARIDO, Paula Aguiar	09 Juventude AC	20:50.71	395
100m: 1:21.09 1:21.09	500m: 7:01.69 1:24.79	900m: 12:39.17 1:23.79	1300m: 18:11.82 1:22.69
200m: 2:46.65 1:25.56	600m: 8:26.60 1:24.91	1000m: 14:02.74 1:23.57	1400m: 19:33.51 1:21.69
300m: 4:11.66 1:25.01	700m: 9:51.06 1:24.46	1100m: 15:25.83 1:23.09	1500m: 20:50.71 1:17.20
400m: 5:36.90 1:25.24	800m: 11:15.38 1:24.32	1200m: 16:49.13 1:23.30	
3. MATEUS, Eleine Vieira	09 Desportivo Nacional	21:01.28	385
100m: 1:22.50 1:22.50	500m: 7:05.76 1:26.23	900m: 12:40.93 1:24.28	1300m: 18:15.96 1:24.95
200m: 2:48.96 1:26.46	600m: 8:29.56 1:23.80	1000m: 14:04.03 1:23.10	1400m: 19:38.83 1:22.87
300m: 4:14.66 1:25.70	700m: 9:53.08 1:23.52	1100m: 15:26.77 1:22.74	1500m: 21:01.28 1:22.45
400m: 5:39.53 1:24.87	800m: 11:16.65 1:23.57	1200m: 16:51.01 1:24.24	

Absolutos, 12 anos e mais velhas

1. GONCALVES, Vera Andrade	09 Juventude AC	19:36.38	475
100m: 1:14.75 1:14.75	500m: 6:35.45 1:19.64	900m: 11:53.63 1:19.60	1300m: 17:07.86 1:17.98
200m: 2:34.34 1:19.59	600m: 7:54.39 1:18.94	1000m: 13:12.59 1:18.96	1400m: 18:25.50 1:17.64
300m: 3:55.47 1:21.13	700m: 9:14.36 1:19.97	1100m: 14:31.40 1:18.81	1500m: 19:36.38 1:10.88
400m: 5:15.81 1:20.34	800m: 10:34.03 1:19.67	1200m: 15:49.88 1:18.48	
2. MARGARIDO, Paula Aguiar	09 Juventude AC	20:50.71	395
100m: 1:21.09 1:21.09	500m: 7:01.69 1:24.79	900m: 12:39.17 1:23.79	1300m: 18:11.82 1:22.69
200m: 2:46.65 1:25.56	600m: 8:26.60 1:24.91	1000m: 14:02.74 1:23.57	1400m: 19:33.51 1:21.69
300m: 4:11.66 1:25.01	700m: 9:51.06 1:24.46	1100m: 15:25.83 1:23.09	1500m: 20:50.71 1:17.20
400m: 5:36.90 1:25.24	800m: 11:15.38 1:24.32	1200m: 16:49.13 1:23.30	
3. MATEUS, Eleine Vieira	09 Desportivo Nacional	21:01.28	385
100m: 1:22.50 1:22.50	500m: 7:05.76 1:26.23	900m: 12:40.93 1:24.28	1300m: 18:15.96 1:24.95
200m: 2:48.96 1:26.46	600m: 8:29.56 1:23.80	1000m: 14:04.03 1:23.10	1400m: 19:38.83 1:22.87
300m: 4:14.66 1:25.70	700m: 9:53.08 1:23.52	1100m: 15:26.77 1:22.74	1500m: 21:01.28 1:22.45
400m: 5:39.53 1:24.87	800m: 11:16.65 1:23.57	1200m: 16:51.01 1:24.24	