

Prova 6 Masc., 400m Estilos Absoluto
03/12/2021 - 20:04 Resultados

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:37.61	GOUVEIA, Luis Galvao	CDN	Funchal	11/07/2021
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

TAC Zonais Juv B: 5:18.95; Juv A: 5:13.10 / TAC Nacional - PL (Março) Juv B: 5:04.63; Juv A: 4:56.65; Jun17: 4:41.06; Jun18: 4:39.62; Sen: 4:33.15 / TAC Nacional Juv B: 5:04.63; Juv A: 4:56.65; Jun17: 4:46.65; Jun18: 4:45.22; Sen19: 4:39.12; 20 +: 4:37.73

Pontos: FINA 2021

Lugar Ano Tempo final Pts
Infantis B, 13 anos

1. ANDRADE, Salvador Freitas	09	Naval do Funchal	6:07.68	260
50m: 40.14 40.14	150m: 2:15.90	48.12	250m: 3:52.86	48.98
100m: 1:27.78 47.64	200m: 3:03.88	47.98	300m: 4:45.78	52.92
			350m: 5:28.12	42.34
			400m: 6:07.68	39.56
2. ALVES, Mateus Basilio	09	Juventude AC	7:11.03	161
50m: 52.16 52.16	150m: 2:46.11	50.73	250m: 4:37.90	1:01.95
100m: 1:55.38 1:03.22	200m: 3:35.95	49.84	300m: 5:37.37	59.47
			350m: 6:24.49	47.12
			400m: 7:11.03	46.54

Infantis A, 14 anos

1. MIRANDA, Francisco Guilherme	08	Naval do Funchal	5:41.76	324
50m: 35.52 35.52	150m: 2:01.04	44.35	250m: 3:34.81	49.80
100m: 1:16.69 41.17	200m: 2:45.01	43.97	300m: 4:24.28	49.47
			350m: 5:03.21	38.93
			400m: 5:41.76	38.55
2. JESUS, Vasco Franca	08	Naval do Funchal	6:07.80	260
50m: 38.91 38.91	150m: 2:15.13	46.27	250m: 3:53.43	54.00
100m: 1:28.86 49.95	200m: 2:59.43	44.30	300m: 4:47.75	54.32
			350m: 5:28.80	41.05
			400m: 6:07.80	39.00
3. NOBREGA, Matias Sargo	08	Naval do Funchal	6:30.52	217
50m: 40.39 40.39	150m: 2:22.84	50.90	250m: 4:06.93	56.22
100m: 1:31.94 51.55	200m: 3:10.71	47.87	300m: 5:01.46	54.53
			350m: 5:44.91	43.45
			400m: 6:30.52	45.61
4. FERNANDEZ, Henrique Justino	08	Juventude AC	6:49.90	187
50m: 46.42 46.42	150m: 2:38.47	54.95	250m: 4:28.35	56.45
100m: 1:43.52 57.10	200m: 3:31.90	53.43	300m: 5:25.50	57.15
			350m: 6:08.72	43.22
			400m: 6:49.90	41.18

DSQ CASTRO, Marco Antonio 08 Naval do Funchal
724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 250 m - SW 7.6, Bruços

Juvenis B, 15 anos

1. FERNANDES, Afonso Berimbau	07	Juventude AC	5:53.05	294
50m: 34.46 34.46	150m: 2:01.46	46.96	250m: 3:40.97	54.23
100m: 1:14.50 40.04	200m: 2:46.74	45.28	300m: 4:35.09	54.12
			350m: 5:15.54	40.45
			400m: 5:53.05	37.51
2. NUNES, Duarte Costa	07	Juventude AC	6:09.01	257
50m: 39.80 39.80	150m: 2:18.52	47.16	250m: 3:58.68	50.88
100m: 1:31.36 51.56	200m: 3:07.80	49.28	300m: 4:53.12	54.44
			350m: 5:33.05	39.93
			400m: 6:09.01	35.96

Juvenis A, 16 anos

1. ABREU, Joao Francisco	06	Naval do Funchal	5:13.55	419
50m: 32.69 32.69	150m: 1:50.01	40.18	250m: 3:16.29	46.87
100m: 1:09.83 37.14	200m: 2:29.42	39.41	300m: 4:02.76	46.47
			350m: 4:38.98	36.22
			400m: 5:13.55	34.57
2. TEMES, Joao Caires	06	Juventude AC	5:36.27	340
50m: 36.19 36.19	150m: 2:02.64	45.41	250m: 3:35.41	47.84
100m: 1:17.23 41.04	200m: 2:47.57	44.93	300m: 4:22.36	46.95
			350m: 4:59.84	37.48
			400m: 5:36.27	36.43

Prova 6, Masc., 400m Estilos

Juniores, 17 e 18 anos

1.	MARQUES, Gustavo Pires	04	CD Sao Roque	4:38.63	598			
<i>Mínimos Camp. Nacional Juv, Jun e Abs - Coimbra, Mínimos Camp. Nacional Juv. e Abs. OPEN - Jamor</i>								
50m:	28.31	28.31	150m: 1:35.93	35.11	250m: 2:52.79	41.70	350m: 4:06.76	32.30
100m:	1:00.82	32.51	200m: 2:11.09	35.16	300m: 3:34.46	41.67	400m: 4:38.63	31.87