

Prova 5 Femin., 400m Estilos Absoluto
03/12/2021 - 19:56 Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Jun17	5:19.30	FERREIRA, Maria Leonor	CDN	Funchal	11/07/2021
Recorde Regional Jun16	5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
Recorde Regional Juv A	5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
Recorde Regional Juv B	5:19.42	CAMARA, Ines Cruz	CDN	Funchal	11/07/2021
Recorde Regional Inf A	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
Recorde Regional Inf B	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Zonais Juv B: 5:47.14; Juv A: 5:37.41 / TAC Nacional - PL (Março) Juv B: 5:31.04; Juv A: 5:21.75; Jun16: 5:15.10; Jun17: 5:09.74; Sen: 5:04.54 / TAC Nacional Juv B: 5:31.04; Juv A: 5:23.44; Jun16: 5:17.82; Jun17: 5:16.24; Sen18: 5:07.90; 19 +: 5:06.36

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
Infantis B, 12 anos			
1. TEIXEIRA, Maria Leonor	10	Naval do Funchal	6:56.23 240
50m: 43.25 43.25	150m: 2:34.03	54.55 250m: 4:23.01	57.05 350m: 6:09.55 47.55
100m: 1:39.48 56.23	200m: 3:25.96	51.93 300m: 5:22.00	58.99 400m: 6:56.23 46.68
2. RIBEIRO, Guida Drumond	10	Naval do Funchal	7:04.62 226
50m: 40.78 40.78	150m: 2:41.34	55.36 250m: 4:31.48	59.95 350m: 6:20.29 49.16
100m: 1:45.98 1:05.20	200m: 3:31.53	50.19 300m: 5:31.13	59.65 400m: 7:04.62 44.33

Infantis A, 13 anos

1. GONCALVES, Vera Andrade	09	Juventude AC	5:47.88 412
50m: 39.07 39.07	150m: 2:10.40	43.79 250m: 3:43.13	50.10 350m: 5:11.98 38.35
100m: 1:26.61 47.54	200m: 2:53.03	42.63 300m: 4:33.63	50.50 400m: 5:47.88 35.90
2. SA, Vanessa Fernandes	09	Naval do Funchal	6:16.85 324
50m: 42.58 42.58	150m: 2:24.14	48.61 250m: 4:02.32	50.71 350m: 5:36.50 44.02
100m: 1:35.53 52.95	200m: 3:11.61	47.47 300m: 4:52.48	50.16 400m: 6:16.85 40.35

Juvenis B, 14 anos

1. PEREIRA, Maria Clara	08	Juventude AC	6:16.90 324
50m: 40.91 40.91	150m: 2:19.68	47.73 250m: 4:03.19	56.17 350m: 5:37.18 40.75
100m: 1:31.95 51.04	200m: 3:07.02	47.34 300m: 4:56.43	53.24 400m: 6:16.90 39.72

Juniores, 16 e 17 anos

1. CARICHAS, Joana Medeiros	06	Juventude AC	5:46.21 418
50m: 36.60 36.60	150m: 2:04.27	43.21 250m: 3:38.21	51.27 350m: 5:09.58 39.86
100m: 1:21.06 44.46	200m: 2:46.94	42.67 300m: 4:29.72	51.51 400m: 5:46.21 36.63