

Prova 4

Masc., 400m Estilos

Absoluto

07/05/2021 - 20:11

Startlist

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:38.48	ALVES, Paulo Rodrigues	CDN	Leiria	15/12/2019
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

TAC Zonais Juv B: 5:18.95; Juv A: 5:13.10; Jun17: 4:55.34; Jun18: 4:46.65; Sen19: 4:45.22; 20 +: 4:37.73

Ano

Série 1 de 1

2	SILVA, Tony Stefano	05	Desportivo Nacional	5:41.67
3	RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	4:50.18
4	ALVES, Paulo Rodrigues	04	Desportivo Nacional	4:38.48
5	GOUVEIA, Luis Galvao	05	Desportivo Nacional	4:45.23
6	OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	5:01.83