

Prova 3

Femin., 400m Estilos

Absoluto

07/05/2021 - 20:03

Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Jun17	5:20.63	QUINTAL, Fabiana Maria	CDN	Funchal	01/03/2001
Recorde Regional Jun16	5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
Recorde Regional Juv A	5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
Recorde Regional Juv B	5:19.80	SOUSA, Susana Margarida	CFU	Funchal	27/06/1991
Recorde Regional Inf A	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
Recorde Regional Inf B	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Zonais Juv B: 5:47.14; Juv A: 5:37.41; Jun16: 5:23.44; Jun17: 5:17.82; Sen18: 5:16.24; 19 +: 5:06.36

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
<b>Infantil A - 13 anos</b>			
1. BAPTISTA, Ines Sande	08 Desportivo Nacional	<b>6:29.45</b>	
50m: 41.13 41.13	150m: 250m:	350m:	
100m: 1:28.70 47.57	200m: 3:06.67	300m: 4:57.25	400m: 6:29.45
DSQ SOARES, Leonor Silva	08 Desportivo Nacional		
<i>Braçada subaquática durante o percurso (Mariposa)</i>			
<b>Juvenil B - 14 anos</b>			
1. CAMARA, Ines Cruz	07 Desportivo Nacional	<b>5:28.70</b>	10,5
<i>Mínimos   Torneio Zonal Sul - Rio Maior</i>			
50m: 33.05 33.05	150m: 250m:	350m:	
100m: 1:11.60 38.55	200m: 2:38.22	300m: 4:11.24	400m: 5:28.70
<b>Juvenil A - 15 anos</b>			
1. DIAS, Julia Alves	06 Desportivo Nacional	<b>5:44.59</b>	5,7
50m: 34.09 34.09	150m: 250m:	350m:	
100m: 1:15.02 40.93	200m: 2:38.98	300m: 4:22.37	400m: 5:44.59
<b>Juniores - 16, 17 anos</b>			
1. FERREIRA, Maria Leonor	04 Desportivo Nacional	<b>5:25.28</b>	8,8
50m: 33.63 33.63	150m: 250m:	350m:	
100m: 1:13.33 39.70	200m: 2:34.42	300m: 4:08.50	400m: 5:25.28