

Prova 2

Masc., 400m Livres

Absoluto

07/05/2021 - 19:36

Resultados

Recorde Regional Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Zonais Juv B: 4:38.55; Juv A: 4:33.44; Jun17: 4:19.30; Jun18: 4:10.51; Sen19: 4:09.26; 20 +: 4:02.70

Pontos: Rudolph Table 2020

Lugar	Ano	Tempo final	Pts
<b>Infantil B - 13 anos</b>			
1. JESUS, Vasco Franca	08	5:26.86	
50m: 35.07 35.07	150m: 250m:	350m:	
100m: 1:16.12 41.05	200m: 2:41.99	300m: 400m:	5:26.86
2. MIRANDA, Francisco Guilherme	08	5:27.50	
50m: 35.68 35.68	150m: 250m:	350m:	
100m: 1:17.59 41.91	200m: 2:41.12	300m: 400m:	5:27.50
3. CASTRO, Marco Antonio	08	5:35.21	
50m: 35.78 35.78	150m: 250m:	350m:	
100m: 1:18.28 42.50	200m: 2:44.41	300m: 400m:	5:35.21
4. FERNANDEZ, Henrique Justino	08	5:50.75	
50m: 37.43 37.43	150m: 250m:	350m:	
100m: 1:20.46 43.03	200m: 2:51.56	300m: 400m:	5:50.75
5. NOBREGA, Matias Sargo	08	5:59.17	
50m: 37.81 37.81	150m: 250m:	350m:	
100m: 1:21.58 43.77	200m: 2:54.32	300m: 400m:	5:59.17
6. MEDEIROS, Joao Francisco	08	5:59.37	
50m: 36.59 36.59	150m: 250m:	350m:	
100m: 1:19.09 42.50	200m: 2:52.56	300m: 400m:	5:59.37
<b>Infantil A - 14 anos</b>			
1. ALMEIDA, Joao Francisco	07	4:48.44	7,7
50m: 30.86 30.86	150m: 250m:	350m:	
100m: 1:06.12 35.26	200m: 2:19.41	300m: 400m:	4:48.44
2. PEREIRA, Lucas Santos	07	5:01.78	4,1
50m: 32.78 32.78	150m: 250m:	350m:	
100m: 1:08.56 35.78	200m: 2:24.81	300m: 400m:	5:01.78
3. COSTA, Guilherme Corte	07	5:07.46	2,6
50m: 32.97 32.97	150m: 250m:	350m:	
100m: 1:11.17 38.20	200m: 2:29.05	300m: 400m:	5:07.46
4. ALVES, Diogo Basilio	07	5:22.53	
50m: 36.01 36.01	150m: 250m:	350m:	
100m: 1:17.05 41.04	200m: 2:40.78	300m: 400m:	5:22.53
5. ARAUJO, Joao Caldeira	07	5:24.90	
50m: 34.16 34.16	150m: 250m:	350m:	
100m: 1:14.39 40.23	200m: 2:39.21	300m: 400m:	5:24.90
6. OLIVEIRA, Afonso Miguel	07	5:29.23	
50m: 33.57 33.57	150m: 250m:	350m:	
100m: 1:12.58 39.01	200m: 2:38.14	300m: 400m:	5:29.23
7. FERNANDES, Afonso Berimbau	07	5:39.25	
50m: 37.93 37.93	150m: 250m:	350m:	
100m: 1:19.93 42.00	200m: 2:47.62	300m: 400m:	5:39.25

Prova 2, Masc., 400m Livres, Infantil A - 14 anos

Lugar	Nome				Ano	Clube	Tempo final	Pts
8.	RIBEIRO, Telmo Drumond				07	Naval do Funchal	<b>5:39.64</b>	
	50m:	37.44	37.44	150m:	250m:	350m:		
	100m:	1:18.83	41.39	200m:	300m:	400m:	5:39.64	
9.	NUNES, Duarte Costa				07	Salesianos do Funchal	<b>5:40.09</b>	
	50m:	37.07	37.07	150m:	250m:	350m:		
	100m:	1:20.23	43.16	200m:	300m:	400m:	5:40.09	

Juvenil B - 15 anos

1.	FERRAZ, Luis Afonso				06	Naval do Funchal	<b>4:25.01</b>	11,7
	<i>Mínimos   Torneio Zonal Sul - Rio Maior</i>							
	50m:	28.59	28.59	150m:	250m:	350m:		
	100m:	1:00.66	32.07	200m:	300m:	400m:	4:25.01	
2.	GONCALVES, Martim Luis				06	Desportivo Nacional	<b>4:35.96</b>	8,7
	<i>Mínimos   Torneio Zonal Sul - Rio Maior</i>							
	50m:	29.25	29.25	150m:	250m:	350m:		
	100m:	1:02.34	33.09	200m:	300m:	400m:	4:35.96	
3.	ALVES, Pedro Miguel				06	Desportivo Nacional	<b>5:02.88</b>	1,2
	50m:	32.82	32.82	150m:	250m:	350m:		
	100m:	1:08.32	35.50	200m:	300m:	400m:	5:02.88	
4.	NACHYCHKO, Maximo				06	Naval do Funchal	<b>5:56.91</b>	
	50m:	35.29	35.29	150m:	250m:	350m:		
	100m:	1:18.60	43.31	200m:	300m:	400m:	5:56.91	

Juvenil A - 16 anos

1.	DIAS, Andre Vicente				05	Desportivo Nacional	<b>4:24.32</b>	10,7
	<i>Mínimos   Torneio Zonal Sul - Rio Maior</i>							
	50m:	28.37	28.37	150m:	250m:	350m:		
	100m:	1:00.48	32.11	200m:	300m:	400m:	4:24.32	
2.	ALVES, Andre Camara				05	Desportivo Nacional	<b>5:04.64</b>	
	50m:	31.78	31.78	150m:	250m:	350m:		
	100m:	1:08.12	36.34	200m:	300m:	400m:	5:04.64	

Juniores - 17, 18 anos

1.	FERNANDES, Rui Afonso				03	Desportivo Nacional	<b>4:30.83</b>	6,9
	50m:	28.81	28.81	150m:	250m:	350m:		
	100m:	1:01.49	32.68	200m:	300m:	400m:	4:30.83	
2.	AGUILAR, Luis Santos				04	Desportivo Nacional	<b>4:45.00</b>	3,9
	50m:	29.68	29.68	150m:	250m:	350m:		
	100m:	1:03.18	33.50	200m:	300m:	400m:	4:45.00	
3.	VIEIRA, Emanuel Eloi				03	Desportivo Sao Roque	<b>4:49.27</b>	1,6
	50m:	31.09	31.09	150m:	250m:	350m:		
	100m:	1:06.86	35.77	200m:	300m:	400m:	4:49.27	
4.	MAROTE, Joao Nuno				03	Desportivo Sao Roque	<b>4:51.98</b>	
	50m:	29.99	29.99	150m:	250m:	350m:		
	100m:	1:04.84	34.85	200m:	300m:	400m:	4:51.98	
5.	CAMACHO, Joao Simao				03	Desportivo Nacional	<b>4:56.17</b>	
	50m:	31.10	31.10	150m:	250m:	350m:		
	100m:	1:06.94	35.84	200m:	300m:	400m:	4:56.17	
6.	PRELL, Christian-Luis				04	Escola O Liceu	<b>5:09.12</b>	
	50m:	39.65	39.65	150m:	250m:	350m:		
	100m:	1:07.62	27.97	200m:	300m:	400m:	5:09.12	



Prova 2, Masc., 400m Livres

Seniores - 19 e mais velhos

1.	RODRIGUES, Pedro Reis	02	Desportivo Sao Roque	<b>4:21.81</b>	7,6
	50m: 28.82 28.82	150m:	250m:	350m:	
	100m: 1:00.52 31.70	200m: 2:06.68	300m:	400m: 4:21.81	
2.	GOUVEIA, Miguel Angelo	95	Escola O Liceu	<b>4:57.15</b>	
	50m: 30.87 30.87	150m:	250m:	350m:	
	100m: 1:06.25 35.38	200m: 2:21.69	300m:	400m: 4:57.15	