

Prova 100

Masc., 400m Livres

Absoluto

18/10/2020 - 12:28

Startlist

Recordes Regionais Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recordes Regionais Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recordes Regionais Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recordes Regionais Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recordes Regionais Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recordes Regionais Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recordes Regionais Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recordes Regionais Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Zonais Juv B: 4:38.55; Juv A: 4:33.44; Jun17: 4:19.30; Jun18: 4:10.51; Sen19: 4:09.26; 20 +: 4:02.70

Ano

Série 1 de 2

3 VASCONCELOS, Samuel Antonio	01	CD Sao Roque	5:50.41
4 MACHADO, Tiago Magalhaes	04	CD Nacional	5:31.69
5 ALVES, Pedro Miguel	06	CD Nacional	5:32.00

Série 2 de 2

2 AGUILAR, Luis Santos	04	CD Nacional	4:49.85
3 FERNANDES, Diogo Henrique	04	Naval do Funchal	4:25.66
4 RODRIGUES, Pedro Reis	02	CD Sao Roque	4:11.45
5 DIAS, Andre Vicente	05	CD Nacional	4:20.95
6 TELES, Artur Corte	04	Salesianos do Funchal	4:45.00
7 GONCALVES, Martim Luis	06	CD Nacional	4:52.94