

Prova 68

Masc., 400m Livres

Absoluto

17/10/2020 - 19:33

Resultados

Recordes Regionais Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recordes Regionais Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recordes Regionais Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recordes Regionais Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recordes Regionais Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recordes Regionais Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recordes Regionais Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recordes Regionais Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Zonais Juv B: 4:38.55; Juv A: 4:33.44; Jun17: 4:19.30; Jun18: 4:10.51; Sen19: 4:09.26; 20 +: 4:02.70

Pontos: FINA 2020

Lugar	Ano	Tempo final	Pts
Infantil A - 14 anos			
1. COSTA, Guilherme Corte	07	5:31.40	262
50m: 37.82 37.82	150m: 2:03.15 43.07	250m: 3:28.07 42.66	350m: 4:51.76 41.09
100m: 1:20.08 42.26	200m: 2:45.41 42.26	300m: 4:10.67 42.60	400m: 5:31.40 39.64
2. OLIVEIRA, Afonso Miguel	07	5:40.59	242
50m: 37.42 37.42	150m: 2:03.19 43.56	250m: 3:32.79 46.10	350m: 5:00.17 43.65
100m: 1:19.63 42.21	200m: 2:46.69 43.50	300m: 4:16.52 43.73	400m: 5:40.59 40.42
3. SMIRNOV, Dmytro	07	5:54.95	213
50m: 39.38 39.38	150m: 2:10.81 46.60	250m: 3:41.73 45.61	350m: 5:13.03 45.97
100m: 1:24.21 44.83	200m: 2:56.12 45.31	300m: 4:27.06 45.33	400m: 5:54.95 41.92
4. SOUSA, Simao Henrique	07	5:56.65	210
50m: 40.23 40.23	150m: 2:10.02 45.44	250m: 3:43.30 46.49	350m: 5:15.83 46.20
100m: 1:24.58 44.35	200m: 2:56.81 46.79	300m: 4:29.63 46.33	400m: 5:56.65 40.82
5. GOUVEIA, Martim Jose	07	6:03.22	199
50m: 41.06 41.06	150m: 2:14.16 46.48	250m: 3:47.09 46.37	350m: 5:20.02 46.49
100m: 1:27.68 46.62	200m: 3:00.72 46.56	300m: 4:33.53 46.44	400m: 6:03.22 43.20
6. MARTINS, Tomas Rodrigo	07	7:31.15	104
50m: 48.77 48.77	150m: 2:44.06 57.09	250m: 4:40.92 59.63	350m: 6:37.08 57.48
100m: 1:46.97 58.20	200m: 3:41.29 57.23	300m: 5:39.60 58.68	400m: 7:31.15 54.07

Juvenil B - 15 anos

1. STEFLEA, Andre Sergio	06	6:00.73	203
50m: 39.99 39.99	150m: 2:10.38 45.11	250m: 3:42.49 46.70	350m: 5:15.38 46.72
100m: 1:25.27 45.28	200m: 2:55.79 45.41	300m: 4:28.66 46.17	400m: 6:00.73 45.35