

Prova 52

Femin., 400m Estilos

Absoluto

17/10/2020 - 16:44

Resultados

|                             |         |                            |     |         |            |
|-----------------------------|---------|----------------------------|-----|---------|------------|
| Recordes Regionais Absoluto | 5:00.24 | QUINTAL, Fabiana Maria     | CDN | Funchal | 19/02/2009 |
| Recordes Regionais Sen      | 5:00.24 | QUINTAL, Fabiana Maria     | CDN | Funchal | 19/02/2009 |
| Recordes Regionais Jun17    | 5:20.63 | QUINTAL, Fabiana Maria     | CDN | Funchal | 01/03/2001 |
| Recordes Regionais Jun16    | 5:14.13 | FERNANDES, Isabel Catarina | CNF | Funchal | 17/06/2006 |
| Recordes Regionais Juv A    | 5:20.04 | FERREIRA, Maria Leonor     | CDN | Funchal | 13/07/2019 |
| Recordes Regionais Juv B    | 5:19.80 | SOUSA, Susana Margarida    | CFU | Funchal | 27/06/1991 |
| Recordes Regionais Inf A    | 5:18.10 | CAIRES, Joana Costa        | CNF | Sines   | 11/03/2011 |
| Recordes Regionais Inf B    | 5:36.11 | FERNANDES, Catarina Isabel | CNF | Funchal | 05/07/2002 |

TAC Zonais Juv B: 5:47.14; Juv A: 5:37.41; Jun16: 5:23.44; Jun17: 5:17.82; Sen18: 5:16.24; 19 +: 5:06.36

Pontos: FINA 2020

| Lugar                                       | Ano                      | Tempo final         | Pts                 |
|---|--------------------------|---------------------|---------------------|
| <b>Juvenil B - 14 anos</b>                  |                          |                     |                     |
| 1. RODRIGUES, Laura Sofia                   | 07 Salesianos do Funchal | <b>5:27.96</b>      | 492                 |
| <i>Mínimos   Torneio Zonal Sul - Leiria</i> |                          |                     |                     |
| 50m: 35.12 35.12                            | 150m: 1:59.11 42.88      | 250m: 3:25.21 45.27 | 350m: 4:50.37 39.22 |
| 100m: 1:16.23 41.11                         | 200m: 2:39.94 40.83      | 300m: 4:11.15 45.94 | 400m: 5:27.96 37.59 |
| 2. CAMARA, Ines Cruz                        | 07 CD Nacional           | <b>5:47.77</b>      | 412                 |
| 50m: 35.13 35.13                            | 150m: 2:03.57 45.93      | 250m: 3:37.25 49.46 | 350m: 5:08.14 41.81 |
| 100m: 1:17.64 42.51                         | 200m: 2:47.79 44.22      | 300m: 4:26.33 49.08 | 400m: 5:47.77 39.63 |
| <b>Juvenil A - 15 anos</b>                  |                          |                     |                     |
| 1. SEQUEIRA, Beatriz Meneses                | 06 Naval do Funchal      | <b>5:47.11</b>      | 415                 |
| 50m: 34.28 34.28                            | 150m: 2:03.51 44.77      | 250m: 3:36.24 49.26 | 350m: 5:07.46 41.62 |
| 100m: 1:18.74 44.46                         | 200m: 2:46.98 43.47      | 300m: 4:25.84 49.60 | 400m: 5:47.11 39.65 |