

Prova 20 Femin., 400m Estilos Absoluto  
17/10/2020 - 9:31 Resultados

Recordes Regionais Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recordes Regionais Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recordes Regionais Jun17	5:20.63	QUINTAL, Fabiana Maria	CDN	Funchal	01/03/2001
Recordes Regionais Jun16	5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
Recordes Regionais Juv A	5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
Recordes Regionais Juv B	5:19.80	SOUSA, Susana Margarida	CFU	Funchal	27/06/1991
Recordes Regionais Inf A	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
Recordes Regionais Inf B	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Zonais Juv B: 5:47.14; Juv A: 5:37.41; Jun16: 5:23.44; Jun17: 5:17.82; Sen18: 5:16.24; 19 +: 5:06.36

Pontos: FINA 2020

Lugar	Ano		Tempo final		Pts
<b>Infantil B - 12 anos</b>					
1.	<b>GONCALVES, Vera Andrade</b>	09	<b>Salesianos do Funchal</b>	<b>6:37.46</b>	276
	50m: 43.76 43.76	150m: 2:28.92 49.60	250m: 4:14.11 59.34	350m: 5:56.76 42.60	
	100m: 1:39.32 55.56	200m: 3:14.77 45.85	300m: 5:14.16 1:00.05	400m: 6:37.46 40.70	
2.	<b>MARGARIDO, Paula Aguiar</b>	09	<b>Salesianos do Funchal</b>	<b>7:05.88</b>	224
	50m: 51.68 51.68	150m: 2:43.77 51.92	250m: 4:32.64 58.56	350m: 6:19.06 48.55	
	100m: 1:51.85 1:00.17	200m: 3:34.08 50.31	300m: 5:30.51 57.87	400m: 7:05.88 46.82	
3.	<b>SOUSA, Leonor Rocha</b>	09	<b>Salesianos do Funchal</b>	<b>7:10.96</b>	216
	50m: 51.59 51.59	150m: 2:45.06 50.99	250m: 4:35.02 1:01.21	350m: 6:25.43 49.22	
	100m: 1:54.07 1:02.48	200m: 3:33.81 48.75	300m: 5:36.21 1:01.19	400m: 7:10.96 45.53	
<b>Infantil A - 13 anos</b>					
1.	<b>ALVES, Juliana Rodrigues</b>	08	<b>CD Nacional</b>	<b>6:27.65</b>	298
	50m: 40.08 40.08	150m: 2:17.80 48.08	250m: 4:02.53 55.68	350m: 5:43.41 46.54	
	100m: 1:29.72 49.64	200m: 3:06.85 49.05	300m: 4:56.87 54.34	400m: 6:27.65 44.24	
2.	<b>SOARES, Leonor Silva</b>	08	<b>CD Nacional</b>	<b>6:42.55</b>	266
	50m: 44.22 44.22	150m: 2:31.14 51.52	250m: 4:15.38 54.33	350m: 5:57.00 46.61	
	100m: 1:39.62 55.40	200m: 3:21.05 49.91	300m: 5:10.39 55.01	400m: 6:42.55 45.55	
3.	<b>BAPTISTA, Ines Sande</b>	08	<b>CD Nacional</b>	<b>6:44.23</b>	262
	50m: 43.83 43.83	150m: 2:26.23 52.43	250m: 4:13.65 57.85	350m: 5:59.12 49.11	
	100m: 1:33.80 49.97	200m: 3:15.80 49.57	300m: 5:10.01 56.36	400m: 6:44.23 45.11	