

Prova 19

Masc., 400m Estilos

Absoluto

17/10/2020 - 9:23

Resultados

Recordes Regionais Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recordes Regionais Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recordes Regionais Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recordes Regionais Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recordes Regionais Juv A	4:38.48	ALVES, Paulo Rodrigues	CDN	Leiria	15/12/2019
Recordes Regionais Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recordes Regionais Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recordes Regionais Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

TAC Zonais Juv B: 5:18.95; Juv A: 5:13.10; Jun17: 4:55.34; Jun18: 4:46.65; Sen19: 4:45.22; 20 +: 4:37.73

Pontos: FINA 2020

Lugar	Ano		Tempo final		Pts
Infantil B - 13 anos					
1.	FERNANDEZ, Henrique Justino 08		Salesianos do Funchal		7:19.61 152
	50m: 52.46 52.46	150m: 2:56.13 57.92	250m: 4:52.10 1:02.02	350m: 6:37.66 44.85	
	100m: 1:58.21 1:05.75	200m: 3:50.08 53.95	300m: 5:52.81 1:00.71	400m: 7:19.61 41.95	
Infantil A - 14 anos					
1.	COSTA, Guilherme Corte 07		CD Nacional		6:26.55 224
	50m: 37.99 37.99	150m: 2:15.42 51.72	250m: 4:01.57 55.44	350m: 5:43.20 44.09	
	100m: 1:23.70 45.71	200m: 3:06.13 50.71	300m: 4:59.11 57.54	400m: 6:26.55 43.35	
2.	FERNANDES, Afonso Berimbau 07		Salesianos do Funchal		6:50.94 186
	50m: 43.90 43.90	150m: 2:26.81 53.44	250m: 4:18.49 1:01.86	350m: 6:09.07 49.41	
	100m: 1:33.37 49.47	200m: 3:16.63 49.82	300m: 5:19.66 1:01.17	400m: 6:50.94 41.87	
3.	NUNES, Henrique Dias 07		CD Nacional		7:17.75 154
	50m: 48.55 48.55	150m: 2:44.55 57.02	250m: 4:38.94 1:00.94	350m: 6:32.69 53.40	
	100m: 1:47.53 58.98	200m: 3:38.00 53.45	300m: 5:39.29 1:00.35	400m: 7:17.75 45.06	
Juvenil B - 15 anos					
1.	TEMES, Joao Caires 06		Salesianos do Funchal		6:30.76 216
	50m: 46.06 46.06	150m: 2:28.64 50.68	250m: 4:13.19 55.88	350m: 5:53.26 43.08	
	100m: 1:37.96 51.90	200m: 3:17.31 48.67	300m: 5:10.18 56.99	400m: 6:30.76 37.50	