

Prova 11

Masc., 1500m Livres

Absoluto

13/05/2021 - 20:07

Resultados

Recorde Regional - P25m - Absoluto	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional - P25m - Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional - P25m - Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional - P25m - Jun17	15:58.37	DEUS, Andre Portugal	CNF	Funchal	13/07/2019
Recorde Regional - P25m - Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional - P25m - Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Recorde Regional - P25m - Inf A	16:57.52	ALMEIDA, Carlos Alexandre	CDN	Funchal	13/07/2003
Recorde Regional - P25m - Inf B	17:40.06	FREITAS, Tomas Miguel	CDN	Funchal	31/05/2003

TAC Zonais Juv B: 18:44.12; Juv A: 18:23.49; Jun17: 17:16.48; Jun18: 16:57.69; Sen19: 16:52.63; 20 +: 16:23.57

Pontos: Rudolph Table 2020

Lugar Ano Tempo final Pts

Absolutos, 15 anos e mais velhos

1. NUNES, Goncalo Almada	01	Salesianos do Funchal	19:21.29
100m: 1:08.47 1:08.47	500m: 6:11.63 1:17.07	900m: 11:27.01 1:19.29	1300m: 16:46.36 1:20.38
200m: 2:23.04 1:14.57	600m: 7:29.34 1:17.71	1000m: 12:46.80 1:19.79	1400m: 18:05.51 1:19.15
300m: 3:38.78 1:15.74	700m: 8:48.06 1:18.72	1100m: 14:06.04 1:19.24	1500m: 19:21.29 1:15.78
400m: 4:54.56 1:15.78	800m: 10:07.72 1:19.66	1200m: 15:25.98 1:19.94	