

Prova 36 Masc., 400m Estilos Absoluto  
24/11/2019 - 9:23 Startlist

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:26.56	SILVA, Tomas Antonio	CNF	Felgueiras	21/12/2018
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018
Recorde Regional Juv A	4:41.24	ALMEIDA, Carlos Alexandre	CDN	Funchal	05/06/2005
Recorde Regional Juv B	4:37.30	FREITAS, Tomas Miguel	CDN	Funchal	16/07/2005
Recorde Regional Inf A	4:40.32	FREITAS, Tomas Miguel	CDN	Funchal	09/07/2004
Recorde Regional Inf B	4:53.36	FREITAS, Tomas Miguel	CDN	Funchal	11/07/2003

TAC Regional Inf B: 7:11.48; Inf A: 6:50.42; Juv B: 6:32.59; Juv A: 6:25.34; Jun17: 6:16.65; Jun18: 6:15.22; Sen19: 6:09.12;  
20 +: 6:07.73 / TAC Nacionais Inf B: 5:41.48; Inf A: 5:20.42; Juv B: 5:02.59; Juv A: 4:55.34; Jun17: 4:46.65; Jun18: 4:45.22;  
Sen19: 4:39.12; 20 +: 4:37.73 / TAC Zonais Inf B: 5:50.00; Inf A: 5:35.00; Juv B: 5:18.95; Juv A: 5:13.10

Ano

Série 1 de 1

2	GONCALVES, Martim Luis	06	Desportivo Nacional	5:49.67
3	NUNES, Afonso Miguel	04	Salesianos do Funchal	5:15.24
4	ALVES, Paulo Rodrigues	04	Desportivo Nacional	4:47.32
5	RODRIGUES, Pedro Reis	02	Deportivo Sao Roque	4:48.13
6	PITA, Pedro Miguel	06	Naval do Funchal	5:31.83