

Prova 15

Masc., 400m Livres

Absoluto

23/11/2019 - 9:21

Startlist

Recorde Regional Absoluto	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO, Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO, Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO, Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO, Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS, Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS, Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS, Tomas Miguel	CDN	Funchal	12/07/2003

TAC Regional Inf B: 6:24.07; Inf A: 6:01.75; Juv B: 5:57.09; Juv A: 5:49.30; Jun17: 5:40.51; Jun18: 5:39.26; Sen19: 5:33.91;
20+: 5:32.70 / TAC Nacionais Inf B: 4:54.07; Inf A: 4:31.75; Juv B: 4:27.09; Juv A: 4:19.30; Jun17: 4:10.51; Jun18: 4:09.26;
Sen19: 4:03.91; 20+: 4:02.70 / TAC Zonais Inf B: 5:05.00; Inf A: 4:53.50; Juv B: 4:38.55; Juv A: 4:33.44

Ano

Série 1 de 4

2 NUNES, Henrique Dias	07	Desportivo Nacional	6:48.71
3 SOUSA, Simao Henrique	07	Desportivo Nacional	6:04.00
4 ALVES, Diogo Basilio	07	Salesianos do Funchal	5:59.88
5 ALMEIDA, Joao Francisco	07	Naval do Funchal	6:00.89
6 BARBOSA, Joao Camacho	07	Desportivo Nacional	6:24.07

Série 2 de 4

1 MENDES, Juan Diego	05	Desportivo Nacional	5:57.09
2 COSTA, Guilherme Corte	07	Desportivo Nacional	5:48.00
3 NEVES, Tiago Brazao	07	Naval do Funchal	5:38.90
4 SETIM, Joao Oliveira	06	Naval do Funchal	5:20.59
5 ARAUJO, Joao Caldeira	07	Naval do Funchal	5:37.72
6 PEREIRA, Lucas Santos	07	Naval do Funchal	5:42.59
7 NACHYCHKO, Maximo	06	Naval do Funchal	5:50.00
8 NUNES, Andre Maltez	05	Desportivo Nacional	5:57.09

Série 3 de 4

1 ABREU, Joao Francisco	06	Naval do Funchal	4:59.18
2 RAMALHO, Joao Caires	02	Deportivo Sao Roque	4:55.50
3 SANTOS, Nuno Goncalo	05	Deportivo Sao Roque	4:52.77
4 PRIOSTE, Pedro Danilo	01	Deportivo Sao Roque	4:51.54
5 PAULOS, Joao Afonso	06	Naval do Funchal	4:51.56
6 PITA, Pedro Miguel	06	Naval do Funchal	4:52.85
7 FERRAZ, Luis Afonso	06	Naval do Funchal	4:59.11
8 VOLOZHENIN, Alexandre	05	Naval do Funchal	5:20.22

Série 4 de 4

1 VIEIRA, Emanuel Eloi	03	Deportivo Sao Roque	4:48.24
2 OLIVEIRA, Diogo Alexandre	05	Naval do Funchal	4:32.21
3 ALVES, Paulo Rodrigues	04	Desportivo Nacional	4:22.41
4 RODRIGUES, Pedro Reis	02	Deportivo Sao Roque	4:11.45
5 OLIVEIRA, Pedro Freitas	02	Naval do Funchal	4:20.71
6 FERNANDES, Diogo Henrique	04	Naval do Funchal	4:29.70
7 BARRY, Rafael Francisco	04	Naval do Funchal	4:36.45
8 BELO, Francisco Miguel	02	Desportivo Nacional	4:49.11