

Campeonato Natação Madeira - Outono
Funchal, 22 - 24/11/2019

Prova 35 Femin., 400m Estilos Absoluto
24/11/2019 - 9:15 Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Sen	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Jun17	5:20.63	QUINTAL, Fabiana Maria	CDN	Funchal	01/03/2001
Recorde Regional Jun16	5:14.13	FERNANDES, Isabel Catarina	CNF	Funchal	17/06/2006
Recorde Regional Juv A	5:20.04	FERREIRA, Maria Leonor	CDN	Funchal	13/07/2019
Recorde Regional Juv B	5:19.80	SOUSA, Susana Margarida	CFU	Funchal	27/06/1991
Recorde Regional Inf A	5:18.10	CAIRES, Joana Costa	CNF	Sines	11/03/2011
Recorde Regional Inf B	5:36.11	FERNANDES, Catarina Isabel	CNF	Funchal	05/07/2002

TAC Regional Inf B: 7:33.61; Inf A: 7:16.71; Juv B: 7:00.74; Juv A: 6:53.44; Jun16: 6:47.82; Jun17: 6:46.24; Sen18: 6:37.90;
19+: 6:36.36 / TAC Nacionais Inf B: 6:03.61; Inf A: 5:46.71; Juv B: 5:30.74; Juv A: 5:23.44; Jun16: 5:17.82; Jun17: 5:16.24;
Sen18: 5:07.90; 19+: 5:06.36 / TAC Zonais Inf B: 6:23.00; Inf A: 6:03.50; Juv B: 5:47.14; Juv A: 5:37.41

Pontos: FINA 2019

Lugar	Ano		Tempo final		Pts
Infantil A - 13 anos					
1.	RODRIGUES, Laura Sofia	07	Salesianos do Funchal	5:44.22	425
	<i>Minimos Campeonato Nacional, Minimos Campeonato Zonal - Ponte de Sôr</i>				
	50m: 37.89 37.89	150m: 2:06.29 44.79	250m: 3:36.95 48.28	350m: 5:05.72 40.87	
	100m: 1:21.50 43.61	200m: 2:48.67 42.38	300m: 4:24.85 47.90	400m: 5:44.22 38.50	
2.	CAMARA, Ines Cruz	07	Desportivo Nacional	5:52.31	397
	<i>Minimos Campeonato Zonal - Ponte de Sôr</i>				
	50m: 36.07 36.07	150m: 2:05.44 45.52	250m: 3:40.17 50.40	350m: 5:12.51 41.60	
	100m: 1:19.92 43.85	200m: 2:49.77 44.33	300m: 4:30.91 50.74	400m: 5:52.31 39.80	
3.	MATEUS, Clarisse Vieira	07	Desportivo Nacional	6:32.36	287
	50m: 45.07 45.07	150m: 2:29.70 48.22	250m: 4:09.25 52.04	350m: 5:48.35 46.65	
	100m: 1:41.48 56.41	200m: 3:17.21 47.51	300m: 5:01.70 52.45	400m: 6:32.36 44.01	
Juvenil B - 14 anos					
1.	PEREIRA, Joana Marques	06	Desportivo Nacional	6:03.65	361
	50m: 39.45 39.45	150m: 2:16.54 46.94	250m: 3:52.09 49.36	350m: 5:23.10 41.85	
	100m: 1:29.60 50.15	200m: 3:02.73 46.19	300m: 4:41.25 49.16	400m: 6:03.65 40.55	