

Prova 26 Masc., 1500m Livres Absoluto
23/11/2019 - 16:54 Resultados

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|---------------------------|----------|---------------------------|------|----------|------------|
| Recorde Regional Absoluto | 15:05.68 | FRANCO, Paulo Fragueiro | CDN | Leiria | 06/12/2009 |
| Recorde Regional Sen | 15:05.68 | FRANCO, Paulo Fragueiro | CDN | Leiria | 06/12/2009 |
| Recorde Regional Jun18 | 15:38.98 | FRANCO, Paulo Fragueiro | CDN | Mealhada | 25/03/2000 |
| Recorde Regional Jun17 | 15:58.37 | DEUS, Andre Portugal | CNF | Funchal | 13/07/2019 |
| Recorde Regional Juv A | 16:31.31 | CASTRO, Joao Cruz | CDSR | Funchal | 29/07/2016 |
| Recorde Regional Juv B | 16:30.75 | ALMEIDA, Carlos Alexandre | CDN | Penafiel | 21/03/2004 |
| Recorde Regional Inf A | 16:57.52 | ALMEIDA, Carlos Alexandre | CDN | Funchal | 13/07/2003 |
| Recorde Regional Inf B | 17:40.06 | FREITAS, Tomas Miguel | CDN | Funchal | 31/05/2003 |

TAC Regional Inf B: 22:06.50; Inf A: 21:12.10; Juv B: 20:43.52; Juv A: 20:16.48; Jun17: 19:57.69; Jun18: 19:52.63; Sen19: 19:28.48; 20+: 19:23.57 / TAC Nacionais Inf B: 19:06.50; Inf A: 18:12.10; Juv B: 17:43.52; Juv A: 17:16.48; Jun17: 16:57.69; Jun18: 16:52.63; Sen19: 16:28.48; 20+: 16:23.57 / TAC Zonais Inf B: 20:08.00; Inf A: 19:22.00; Juv B: 18:44.12; Juv A: 18:23.49

Pontos: FINA 2019

Lugar Ano Tempo final Pts

Infantil A - 14 anos

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|--------------------------------|------------------------|-------------------------|-------------------------|-----|
| 1. ABREU, Joao Francisco | 06 | Naval do Funchal | 19:42.15 | 369 |
| 100m: 1:14.81 1:14.81 | 500m: 6:31.83 1:19.34 | 900m: 11:47.17 1:19.58 | 1300m: 17:06.62 1:19.70 | |
| 200m: 2:34.40 1:19.59 | 600m: 7:50.43 1:18.60 | 1000m: 13:07.80 1:20.63 | 1400m: 18:24.42 1:17.80 | |
| 300m: 3:53.28 1:18.88 | 700m: 9:09.39 1:18.96 | 1100m: 14:27.81 1:20.01 | 1500m: 19:42.15 1:17.73 | |
| 400m: 5:12.49 1:19.21 | 800m: 10:27.59 1:18.20 | 1200m: 15:46.92 1:19.11 | | |
| 2. GONCALVES, Martim Luis | 06 | Desportivo Nacional | 20:02.47 | 350 |
| 100m: 1:14.98 1:14.98 | 500m: 6:32.31 1:19.77 | 900m: 11:52.72 1:22.22 | 1300m: 17:19.30 1:22.30 | |
| 200m: 2:34.43 1:19.45 | 600m: 7:50.95 1:18.64 | 1000m: 13:13.71 1:20.99 | 1400m: 18:41.44 1:22.14 | |
| 300m: 3:53.63 1:19.20 | 700m: 9:10.54 1:19.59 | 1100m: 14:35.18 1:21.47 | 1500m: 20:02.47 1:21.03 | |
| 400m: 5:12.54 1:18.91 | 800m: 10:30.50 1:19.96 | 1200m: 15:57.00 1:21.82 | | |
| 3. MACHADO, Bernardo Magalhaes | 06 | Desportivo Nacional | 20:36.99 | 322 |
| 100m: 1:13.77 1:13.77 | 500m: 6:43.03 1:23.69 | 900m: 12:17.82 1:22.56 | 1300m: 17:51.22 1:19.13 | |
| 200m: 2:34.25 1:20.48 | 600m: 8:06.06 1:23.03 | 1000m: 13:42.67 1:24.85 | 1400m: 19:15.00 1:23.78 | |
| 300m: 3:55.34 1:21.09 | 700m: 9:30.63 1:24.57 | 1100m: 15:07.57 1:24.90 | 1500m: 20:36.99 1:21.99 | |
| 400m: 5:19.34 1:24.00 | 800m: 10:55.26 1:24.63 | 1200m: 16:32.09 1:24.52 | | |
| 4. ALVES, Pedro Miguel | 06 | Desportivo Nacional | 21:06.13 | 300 |
| 100m: 1:16.33 1:16.33 | 500m: 6:58.06 1:26.06 | 900m: 12:35.92 1:24.51 | 1300m: 18:18.49 1:25.95 | |
| 200m: 2:40.36 1:24.03 | 600m: 8:23.61 1:25.55 | 1000m: 14:00.26 1:24.34 | 1400m: 19:44.15 1:25.66 | |
| 300m: 4:06.21 1:25.85 | 700m: 9:46.83 1:23.22 | 1100m: 15:26.55 1:26.29 | 1500m: 21:06.13 1:21.98 | |
| 400m: 5:32.00 1:25.79 | 800m: 11:11.41 1:24.58 | 1200m: 16:52.54 1:25.99 | | |

Juvenil A - 16 anos

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|---|-----------------------|-------------------------|-------------------------|-----|
| 1. TELES, Artur Corte | 04 | Salesianos do Funchal | 18:22.11 | 455 |
| <i>Minimos Campeonato Zonal - Sines</i> | | | | |
| 100m: 1:08.14 1:08.14 | 500m: 6:00.64 1:13.76 | 900m: 10:58.31 1:13.93 | 1300m: 15:55.72 1:14.02 | |
| 200m: 2:20.78 1:12.64 | 600m: 7:15.38 1:14.74 | 1000m: 12:12.95 1:14.64 | 1400m: 17:10.05 1:14.33 | |
| 300m: 3:33.93 1:13.15 | 700m: 8:29.97 1:14.59 | 1100m: 13:27.69 1:14.74 | 1500m: 18:22.11 1:12.06 | |
| 400m: 4:46.88 1:12.95 | 800m: 9:44.38 1:14.41 | 1200m: 14:41.70 1:14.01 | | |
| 2. AGUILAR, Luis Santos | 04 | Desportivo Nacional | 18:42.10 | 431 |
| 100m: 1:06.00 1:06.00 | 500m: 6:08.34 1:15.50 | 900m: 11:11.03 1:16.04 | 1300m: 16:14.61 1:15.45 | |
| 200m: 2:20.91 1:14.91 | 600m: 7:23.68 1:15.34 | 1000m: 12:26.97 1:15.94 | 1400m: 17:30.37 1:15.76 | |
| 300m: 3:37.07 1:16.16 | 700m: 8:39.26 1:15.58 | 1100m: 13:42.63 1:15.66 | 1500m: 18:42.10 1:11.73 | |
| 400m: 4:52.84 1:15.77 | 800m: 9:54.99 1:15.73 | 1200m: 14:59.16 1:16.53 | | |

Seniores - 19 e mais velhos

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|----------------------------|-----------------------|-------------------------|-------------------------|-----|
| 1. FERRO, Henrique Martins | 01 | Naval do Funchal | 16:56.69 | 580 |
| 100m: 1:02.08 1:02.08 | 500m: 5:29.63 1:07.16 | 900m: 9:59.39 1:08.23 | 1300m: 14:38.47 1:09.57 | |
| 200m: 2:07.75 1:05.67 | 600m: 6:36.69 1:07.06 | 1000m: 11:08.33 1:08.94 | 1400m: 15:48.94 1:10.47 | |
| 300m: 3:14.95 1:07.20 | 700m: 7:43.88 1:07.19 | 1100m: 12:18.04 1:09.71 | 1500m: 16:56.69 1:07.75 | |
| 400m: 4:22.47 1:07.52 | 800m: 8:51.16 1:07.28 | 1200m: 13:28.90 1:10.86 | | |