

Prova 21

Masc., 400m Livres

Absoluto

26/01/2019 - 12:02

Startlist

Recorde Regional Absoluto	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Sen	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recorde Regional Jun18	4:07.78	GOUVEIA, Pedro Galvao	CDN	Coimbra	02/04/2017
Recorde Regional Jun17	4:07.82	FRANCO, Paulo Fragueiro	CDN	Famalicao	06/08/1999
Recorde Regional Juv A	4:14.87	FRANCO, Paulo Fragueiro	CDN	Jamor	31/07/1998
Recorde Regional Juv B	4:17.97	FREITAS, Tomas Miguel	CDN	Coimbra	23/07/2005
Recorde Regional Inf A	4:25.14	ALMEIDA, Carlos Alexandre	CDN	Restelo	26/07/2003
Recorde Regional Inf B	4:37.33	FRANCO, Paulo Fragueiro	CDN	Olivais	28/07/1995

TAC Zonais 2018 Inf B: 5:11.10; Inf A: 4:59.37; Juv B: 4:44.13; Juv A: 4:38.91 / TAC Nacional Inf B: 5:04.76; Inf A: 4:41.70; Juv B: 4:31.87; Juv A: 4:27.75; Jun: 4:17.70; Sen: 4:10.88

Ano

Série 1 de 5

3 TEMES, Joao Caires	06	Salesianos do Funchal	8:33.33
4 CASTRO, Mateus Pereira	06	Escola O Liceu	7:30.00
5 FERNANDES, Afonso Freitas	06	Salesianos do Funchal	7:50.90

Série 2 de 5

1 LOPES, Afonso Manuel	06	WOS Team	7:11.98
2 NEVES, Joao Pedro	06	Sao Roque	5:50.00
3 FERRAZ, Luis Afonso	06	Naval do Funchal	5:34.73
4 SILVA, Eduardo Rodrigues	04	Salesianos do Funchal	5:29.64
5 ABREU, Nuno Afonso	03	Naval do Funchal	5:32.33
6 VASCONCELOS, Samuel Antonio	01	Sao Roque	5:50.00
7 SILVA, Tony Stefano	05	Naval do Funchal	6:13.88

Série 3 de 5

1 ABREU, Joao Francisco	06	Naval do Funchal	5:20.88
2 NUNES, Afonso Miguel	04	Salesianos do Funchal	5:19.15
3 TELES, Artur Corte	04	Sao Roque	5:11.53
4 FERREIRA, Rodrigo Nobrega	01	Desportiva de Machico	5:10.00
5 SANTOS, Nuno Goncalo	05	Sao Roque	5:10.00
6 PRIOSTE, Pedro Danilo	01	Sao Roque	5:17.56
7 GAMA, Ibrahim Jose	01	Salesianos do Funchal	5:20.37
8 PITA, Pedro Miguel	06	Naval do Funchal	5:21.92

Série 4 de 5

1 BAPTISTA, Tiago Ornelas	03	Naval do Funchal	5:05.12
2 BELO, Francisco Miguel	02	Desportivo Nacional	5:02.15
3 RAMALHO, Joao Caires	02	Desportivo Nacional	4:58.96
4 SOUSA, Joao Pedro	74	Naval do Funchal	4:51.33
5 CASTRO, Martim Pereira	02	Escola O Liceu	4:51.78
6 AGUILAR, Luis Santos	04	Desportivo Nacional	5:00.35
7 FERNANDES, Diogo Henrique	04	Naval do Funchal	5:03.03
8 PAULOS, Joao Afonso	06	Naval do Funchal	5:09.52

Série 5 de 5

1 QUINTAL, Nuno Alexandre	99	Desportivo Nacional	4:43.94
2 LOPES, Pedro Henrique	03	Sao Roque	4:39.45
3 MATOS, Rodrigo Vieira	03	Individual Madeira	4:32.42
4 DEUS, Andre Portugal	02	Naval do Funchal	4:15.61
5 SILVA, Tomas Antonio	01	Naval do Funchal	4:17.46
6 OLIVEIRA, Pedro Freitas	02	Naval do Funchal	4:39.16
7 GRACA, Fernando Guerreiro	02	Naval do Funchal	4:41.77
8 BARRY, Rafael Francisco	04	Naval do Funchal	4:48.63