

Prova de Mar de Câmara de Lobos
Câmara de Lobos, 29/9/2019

Prova 4
29/09/2019 - 11:00

3000m Livres
3000 metros / Atletas (águas abertas) e Populares

14 anos e mais velhos
Resultados

| Place | Dorsal | Name | YOB | Club/Nation | Tempo final | diferença |
|-----------------|--------|------------------------|------|--------------|-----------------|-----------|
| AA14/15, Femin. | | | | | | |
| 1. | 303 | SOUSA, Joana Francisca | 2004 | CD Sao Roque | 29:10.73 | |
| | 100m: | 900m: | | 1700m: | 2500m: | |
| | 200m: | 1000m: | | 1800m: | 2600m: | |
| | 300m: | 1100m: | | 1900m: | 2700m: | |
| | 400m: | 1200m: | | 2000m: | 2800m: | |
| | 500m: | 1300m: | | 2100m: | 2900m: | |
| | 600m: | 1400m: | | 2200m: | 3000m: 29:10.73 | |
| | 700m: | 1500m: | | 2300m: | | |
| | 800m: | 1600m: | | 2400m: | | |

AA 16/17, Masc.

| | | | | | | |
|----|-------|-----------------------|------|--------------|-----------------|--|
| 1. | 302 | RODRIGUES, Pedro Reis | 2002 | CD Sao Roque | 25:46.66 | |
| | 100m: | 900m: | | 1700m: | 2500m: | |
| | 200m: | 1000m: | | 1800m: | 2600m: | |
| | 300m: | 1100m: | | 1900m: | 2700m: | |
| | 400m: | 1200m: | | 2000m: | 2800m: | |
| | 500m: | 1300m: | | 2100m: | 2900m: | |
| | 600m: | 1400m: | | 2200m: | 3000m: 25:46.66 | |
| | 700m: | 1500m: | | 2300m: | | |
| | 800m: | 1600m: | | 2400m: | | |

AA 16/17, Femin.

| | | | | | | |
|----|-------|---------------------|------|---------------------|-----------------|--|
| 1. | 304 | LECA, Natasha Maria | 2003 | Desportivo Nacional | 34:08.54 | |
| | 100m: | 900m: | | 1700m: | 2500m: | |
| | 200m: | 1000m: | | 1800m: | 2600m: | |
| | 300m: | 1100m: | | 1900m: | 2700m: | |
| | 400m: | 1200m: | | 2000m: | 2800m: | |
| | 500m: | 1300m: | | 2100m: | 2900m: | |
| | 600m: | 1400m: | | 2200m: | 3000m: 34:08.54 | |
| | 700m: | 1500m: | | 2300m: | | |
| | 800m: | 1600m: | | 2400m: | | |

Classificação Geral - ATLETAS, Masc.

| | | | | | | |
|----|-------|-----------------------|------|--------------|-----------------|--|
| 1. | 302 | RODRIGUES, Pedro Reis | 2002 | CD Sao Roque | 25:46.66 | |
| | 100m: | 900m: | | 1700m: | 2500m: | |
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Classificação Geral - ATLETAS, Femin.

| | | | | | | |
|----|-------|------------------------|------|--------------|-----------------|--|
| 1. | 303 | SOUSA, Joana Francisca | 2004 | CD Sao Roque | 29:10.73 | |
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| | 700m: | 1500m: | | 2300m: | | |
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Prova de Mar de Câmara de Lobos
Câmara de Lobos, 29/9/2019

Prova 4, Femin., 3000m Livres, Classificação Geral - ATLETAS

| Place | Dorsal | Name | YOB | Club/Nation | Tempo final | diferença |
|-------|--------|---------------------|------|---------------------|-----------------|-----------|
| 2. | 304 | LECA, Natasha Maria | 2003 | Desportivo Nacional | 34:08.54 | + 4:57.81 |
| | 100m: | 900m: | | 1700m: | 2500m: | |
| | 200m: | 1000m: | | 1800m: | 2600m: | |
| | 300m: | 1100m: | | 1900m: | 2700m: | |
| | 400m: | 1200m: | | 2000m: | 2800m: | |
| | 500m: | 1300m: | | 2100m: | 2900m: | |
| | 600m: | 1400m: | | 2200m: | 3000m: 34:08.54 | |
| | 700m: | 1500m: | | 2300m: | | |
| | 800m: | 1600m: | | 2400m: | | |