

Lugar	Ano								Tempo final	Pts	
1. MATEUS, Eleine Vieira	09 Desportivo Nacional								6:36.92	206	
50m:	45.50	45.50	150m:	2:28.12	51.55	250m:	4:10.55	51.34	350m:	5:51.50	50.52
100m:	1:36.57	51.07	200m:	3:19.21	51.09	300m:	5:00.98	50.43	400m:	6:36.92	45.42
2. MELIM, Sara Beatriz	09 Desportivo Nacional								6:39.29	202	
50m:	46.86	46.86	150m:	2:27.86	51.01	250m:	4:09.75	50.95	350m:	5:52.16	51.06
100m:	1:36.85	49.99	200m:	3:18.80	50.94	300m:	5:01.10	51.35	400m:	6:39.29	47.13
3. TEMTEM, Madalena Barbosa	09 Desportivo Nacional								7:00.61	173	
50m:	46.50	46.50	150m:	2:31.63	53.13	250m:	4:20.34	54.15	350m:	6:09.68	53.60
100m:	1:38.50	52.00	200m:	3:26.19	54.56	300m:	5:16.08	55.74	400m:	7:00.61	50.93
4. GONCALVES, Vera Andrade	09 Salesianos do Funchal								7:02.40	171	
50m:	46.50	46.50	150m:	2:33.11	54.23	250m:	4:23.18	54.91	350m:	6:12.21	54.42
100m:	1:38.88	52.38	200m:	3:28.27	55.16	300m:	5:17.79	54.61	400m:	7:02.40	50.19
5. MARGARIDO, Paula Aguiar	09 Salesianos do Funchal								7:10.17	162	
50m:	46.92	46.92	150m:	2:36.37	52.94	250m:	4:28.76	54.71	350m:	6:19.59	54.67
100m:	1:43.43	56.51	200m:	3:34.05	57.68	300m:	5:24.92	56.16	400m:	7:10.17	50.58
6. SOUSA, Leonor Rocha	09 Salesianos do Funchal								7:21.03	150	
50m:	47.54	47.54	150m:	2:39.15	56.38	250m:	4:33.03	57.16	350m:	6:26.57	55.61
100m:	1:42.77	55.23	200m:	3:35.87	56.72	300m:	5:30.96	57.93	400m:	7:21.03	54.46
7. SILVA, Maria Korina	09 Desportivo Nacional								7:46.90	126	
50m:	52.56	52.56	150m:	2:48.97	1:00.03	250m:	4:49.99	1:01.06	350m:	6:48.27	58.26
100m:	1:48.94	56.38	200m:	3:48.93	59.96	300m:	5:50.01	1:00.02	400m:	7:46.90	58.63