

Prova 1

Femin., 400m Estilos

Absoluto

16/03/2019 - 9:15

Startlist

| | | | | | |
|---------------------------|---------|----------------------------|-----|---------|------------|
| Recorde Regional Absoluto | 5:00.24 | QUINTAL, Fabiana Maria | CDN | Funchal | 19/02/2009 |
| Recorde Regional Sen | 5:00.24 | QUINTAL, Fabiana Maria | CDN | Funchal | 19/02/2009 |
| Recorde Regional Jun17 | 5:20.63 | QUINTAL, Fabiana Maria | CDN | Funchal | 01/03/2001 |
| Recorde Regional Jun16 | 5:14.13 | FERNANDES, Isabel Catarina | CNF | Funchal | 17/06/2006 |
| Recorde Regional Juv A | 5:21.90 | ANDRADE, Rubina Amaro | CDN | Funchal | 08/12/1993 |
| Recorde Regional Juv B | 5:19.80 | SOUSA, Susana Margarida | CFU | Funchal | 27/06/1991 |
| Recorde Regional Inf A | 5:18.10 | CAIRES, Joana Costa | CNF | Sines | 11/03/2011 |
| Recorde Regional Inf B | 5:36.11 | FERNANDES, Catarina Isabel | CNF | Funchal | 05/07/2002 |

TAC Zonal Inf B: 6:23.00; Inf A: 6:03.50 / TAC Nacional Inf B: 6:03.61; Inf A: 5:46.71; Juv B: 5:32.00; Juv A: 5:26.20; Jun: 5:19.73;
Sen: 5:09.44

Ano

Série 1 de 2

| | | | |
|----------------------------|----|-----------------------|---------|
| 3 CARICHAS, Joana Medeiros | 06 | Salesianos do Funchal | 7:08.49 |
| 4 CAMARA, Ines Cruz | 07 | Desportivo Nacional | 6:10.00 |
| 5 COSTA, Maria Jardim | 06 | Desportivo Nacional | 6:20.76 |

Série 2 de 2

| | | | |
|------------------------------|----|---------------------|---------|
| 2 JARDIM, Lara Filipa | 06 | Naval do Funchal | 6:05.00 |
| 3 FERRO, Maria Leonor | 06 | Naval do Funchal | 6:05.00 |
| 4 FERREIRA, Maria Leonor | 04 | Desportivo Nacional | 5:24.37 |
| 5 DEUS, Ines Portugal | 06 | Naval do Funchal | 5:51.51 |
| 6 FREITAS, Beatriz Rodrigues | 06 | Naval do Funchal | 6:05.00 |
| 7 GONCALVES, Valentina Jose | 07 | Desportivo Nacional | 6:10.00 |