

Prova 36  
17/03/2019 - 11:30

Masc., 1500m Livres

Absoluto  
Resultados

Recorde Regional Absoluto	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Sen	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Jun18	15:38.98	FRANCO, Paulo Fragueiro	CDN	Mealhada	25/03/2000
Recorde Regional Jun17	16:11.50	GOUVEIA, Pedro Galvao	CDN	Funchal	09/07/2016
Recorde Regional Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004
Recorde Regional Inf A	16:57.52	ALMEIDA, Carlos Alexandre	CDN	Funchal	13/07/2003
Recorde Regional Inf B	17:40.06	FREITAS, Tomas Miguel	CDN	Funchal	31/05/2003

TAC Zonal Inf B: 20:08.00; Inf A: 19:22.00 / TAC Nacional Inf B: 19:06.50; Inf A: 18:12.10; Juv B: 17:43.31; Juv A: 17:21.59;  
Jun: 16:50.32; Sen: 16:24.57

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
<b>Infantis B, 13 anos</b>			
1. PAULOS, Joao Afonso	06	Naval do Funchal	<b>19:46.79</b> 364
<i>Minimos Campeonato Zonal</i>			
100m: 1:13.65 1:13.65	500m: 6:32.12 1:19.34	900m: 11:51.39 1:19.76	1300m: 17:10.85 1:19.46
200m: 2:33.61 1:19.96	600m: 7:52.25 1:20.13	1000m: 13:11.65 1:20.26	1400m: 18:30.72 1:19.87
300m: 3:52.83 1:19.22	700m: 9:12.05 1:19.80	1100m: 14:31.25 1:19.60	1500m: 19:46.79 1:16.07
400m: 5:12.78 1:19.95	800m: 10:31.63 1:19.58	1200m: 15:51.39 1:20.14	
2. PITA, Pedro Miguel	06	Naval do Funchal	<b>20:22.02</b> 334
100m: 1:18.32 1:18.32	500m: 6:45.62 1:22.04	900m: 12:13.71 1:21.74	1300m: 17:43.41 1:22.22
200m: 2:40.18 1:21.86	600m: 8:07.51 1:21.89	1000m: 13:35.95 1:22.24	1400m: 19:04.03 1:20.62
300m: 4:02.15 1:21.97	700m: 9:29.57 1:22.06	1100m: 14:58.31 1:22.36	1500m: 20:22.02 1:17.99
400m: 5:23.58 1:21.43	800m: 10:51.97 1:22.40	1200m: 16:21.19 1:22.88	
3. ABREU, Joao Francisco	06	Naval do Funchal	<b>20:30.45</b> 327
100m: 1:18.28 1:18.28	500m: 6:51.44 1:23.21	900m: 12:21.98 1:22.62	1300m: 17:51.66 1:21.38
200m: 2:41.43 1:23.15	600m: 8:13.96 1:22.52	1000m: 13:44.61 1:22.63	1400m: 19:12.43 1:20.77
300m: 4:04.52 1:23.09	700m: 9:36.80 1:22.84	1100m: 15:07.65 1:23.04	1500m: 20:30.45 1:18.02
400m: 5:28.23 1:23.71	800m: 10:59.36 1:22.56	1200m: 16:30.28 1:22.63	
4. GONCALVES, Martim Luis	06	Desportivo Nacional	<b>21:33.78</b> 281
100m: 1:18.58 1:18.58	500m: 7:00.63 1:26.44	900m: 12:49.53 1:27.09	1300m: 18:40.20 1:27.28
200m: 2:42.58 1:24.00	600m: 8:27.66 1:27.03	1000m: 14:17.13 1:27.60	1400m: 20:07.46 1:27.26
300m: 4:07.86 1:25.28	700m: 9:54.09 1:26.43	1100m: 15:44.72 1:27.59	1500m: 21:33.78 1:26.32
400m: 5:34.19 1:26.33	800m: 11:22.44 1:28.35	1200m: 17:12.92 1:28.20	

**Infantis A, 14 anos**

1. GOUVEIA, Luis Galvao	05	Desportivo Nacional	<b>18:47.98</b> 424
<i>Minimos Campeonato Zonal</i>			
100m: 1:10.22 1:10.22	500m: 6:17.72 1:17.66	900m: 11:22.10 1:16.50	1300m: 16:24.12 1:15.08
200m: 2:26.71 1:16.49	600m: 7:33.82 1:16.10	1000m: 12:37.62 1:15.52	1400m: 17:37.52 1:13.40
300m: 3:43.24 1:16.53	700m: 8:50.84 1:17.02	1100m: 13:55.48 1:17.86	1500m: 18:47.98 1:10.46
400m: 5:00.06 1:16.82	800m: 10:05.60 1:14.76	1200m: 15:09.04 1:13.56	
2. DIAS, Andre Vicente	05	Desportivo Nacional	<b>20:44.61</b> 316
100m: 1:17.28 1:17.28	500m: 6:51.41 1:23.58	900m: 12:26.20 1:24.05	1300m: 18:00.72 1:23.71
200m: 2:40.05 1:22.77	600m: 8:14.59 1:23.18	1000m: 13:48.91 1:22.71	1400m: 19:23.44 1:22.72
300m: 4:03.99 1:23.94	700m: 9:38.66 1:24.07	1100m: 15:12.34 1:23.43	1500m: 20:44.61 1:21.17
400m: 5:27.83 1:23.84	800m: 11:02.15 1:23.49	1200m: 16:37.01 1:24.67	

**Juvenis B, 15 anos**

1. FERNANDES, Diogo Henrique	04	Naval do Funchal	<b>17:52.97</b> 493
100m: 1:07.62 1:07.62	500m: 5:56.27 1:11.54	900m: 10:43.08 1:11.73	1300m: 15:31.85 1:11.91
200m: 2:20.02 1:12.40	600m: 7:07.71 1:11.44	1000m: 11:55.08 1:12.00	1400m: 16:43.72 1:11.87
300m: 3:32.62 1:12.60	700m: 8:19.72 1:12.01	1100m: 13:08.24 1:13.16	1500m: 17:52.97 1:09.25
400m: 4:44.73 1:12.11	800m: 9:31.35 1:11.63	1200m: 14:19.94 1:11.70	

Prova 36, Masc., 1500m Livres, Juvenis B, 15 anos

Lugar	Nome		Ano	Equipa				Tempo final	Pts			
2.	RODRIGUES, Rodrigo Reis		04	Desportivo Sao Roque				<b>17:55.38</b>	490			
	100m:	1:07.93	1:07.93	500m:	5:59.91	1:12.96	900m:	10:47.63	1:11.72	1300m:	15:35.32	1:11.55
	200m:	2:20.56	1:12.63	600m:	7:12.19	1:12.28	1000m:	12:00.08	1:12.45	1400m:	16:46.80	1:11.48
	300m:	3:33.62	1:13.06	700m:	8:24.33	1:12.14	1100m:	13:12.11	1:12.03	1500m:	17:55.38	1:08.58
	400m:	4:46.95	1:13.33	800m:	9:35.91	1:11.58	1200m:	14:23.77	1:11.66			
3.	CAMACHO, Afonso Caires		04	Naval do Funchal				<b>18:20.19</b>	458			
	100m:	1:06.76	1:06.76	500m:	5:57.19	1:12.53	900m:	10:54.62	1:15.80	1300m:	15:59.48	1:16.71
	200m:	2:18.20	1:11.44	600m:	7:10.69	1:13.50	1000m:	12:10.07	1:15.45	1400m:	17:09.80	1:10.32
	300m:	3:30.85	1:12.65	700m:	8:24.34	1:13.65	1100m:	13:25.79	1:15.72	1500m:	18:20.19	1:10.39
	400m:	4:44.66	1:13.81	800m:	9:38.82	1:14.48	1200m:	14:42.77	1:16.98			
4.	NUNES, Afonso Miguel		04	Salesianos do Funchal				<b>19:37.30</b>	373			
	100m:	1:12.87	1:12.87	500m:	6:32.24	1:19.64	900m:	11:49.12	1:18.92	1300m:	17:03.61	1:19.39
	200m:	2:31.97	1:19.10	600m:	7:51.92	1:19.68	1000m:	13:07.00	1:17.88	1400m:	18:22.13	1:18.52
	300m:	3:52.04	1:20.07	700m:	9:10.95	1:19.03	1100m:	14:25.61	1:18.61	1500m:	19:37.30	1:15.17
	400m:	5:12.60	1:20.56	800m:	10:30.20	1:19.25	1200m:	15:44.22	1:18.61			

Juvenis A, 16 anos

1.	LOPES, Pedro Henrique		03	Desportivo Sao Roque				<b>17:34.14</b>	520			
	100m:	1:04.63	1:04.63	500m:	5:45.94	1:10.79	900m:	10:31.81	1:11.27	1300m:	15:15.36	1:10.38
	200m:	2:14.39	1:09.76	600m:	6:57.48	1:11.54	1000m:	11:43.29	1:11.48	1400m:	16:26.35	1:10.99
	300m:	3:24.71	1:10.32	700m:	8:08.84	1:11.36	1100m:	12:54.41	1:11.12	1500m:	17:34.14	1:07.79
	400m:	4:35.15	1:10.44	800m:	9:20.54	1:11.70	1200m:	14:04.98	1:10.57			
2.	GOMES, Goncalo Camara		03	Naval do Funchal				<b>17:41.85</b>	509			
	100m:	1:04.80	1:04.80	500m:	5:43.41	1:10.62	900m:	10:27.69	1:11.32	1300m:	15:17.60	1:12.66
	200m:	2:14.44	1:09.64	600m:	6:54.14	1:10.73	1000m:	11:39.86	1:12.17	1400m:	16:30.16	1:12.56
	300m:	3:23.58	1:09.14	700m:	8:05.40	1:11.26	1100m:	12:52.52	1:12.66	1500m:	17:41.85	1:11.69
	400m:	4:32.79	1:09.21	800m:	9:16.37	1:10.97	1200m:	14:04.94	1:12.42			
3.	MELIM, Bruno Pontes		03	Salesianos do Funchal				<b>18:47.41</b>	425			
	100m:	1:10.25	1:10.25	500m:	6:14.87	1:16.16	900m:	11:18.08	1:15.68	1300m:	16:21.35	1:15.98
	200m:	2:26.25	1:16.00	600m:	7:30.86	1:15.99	1000m:	12:34.16	1:16.08	1400m:	17:36.79	1:15.44
	300m:	3:41.49	1:15.24	700m:	8:46.77	1:15.91	1100m:	13:49.56	1:15.40	1500m:	18:47.41	1:10.62
	400m:	4:58.71	1:17.22	800m:	10:02.40	1:15.63	1200m:	15:05.37	1:15.81			

Juniores, 17 e 18 anos

1.	FERRO, Henrique Martins		01	Naval do Funchal				<b>16:51.40</b>	589			
	100m:	1:04.16	1:04.16	500m:	5:36.09	1:08.27	900m:	10:08.52	1:07.51	1300m:	14:38.62	1:06.89
	200m:	2:12.47	1:08.31	600m:	6:44.29	1:08.20	1000m:	11:16.14	1:07.62	1400m:	15:46.62	1:08.00
	300m:	3:19.97	1:07.50	700m:	7:52.43	1:08.14	1100m:	12:23.68	1:07.54	1500m:	16:51.40	1:04.78
	400m:	4:27.82	1:07.85	800m:	9:01.01	1:08.58	1200m:	13:31.73	1:08.05			
2.	DEUS, Andre Portugal		02	Naval do Funchal				<b>17:13.37</b>	552			
	100m:	1:02.47	1:02.47	500m:	5:35.45	1:08.76	900m:	10:10.63	1:08.97	1300m:	14:52.91	1:10.86
	200m:	2:09.60	1:07.13	600m:	6:44.01	1:08.56	1000m:	11:21.03	1:10.40	1400m:	16:03.98	1:11.07
	300m:	3:17.89	1:08.29	700m:	7:52.64	1:08.63	1100m:	12:31.39	1:10.36	1500m:	17:13.37	1:09.39
	400m:	4:26.69	1:08.80	800m:	9:01.66	1:09.02	1200m:	13:42.05	1:10.66			
3.	SILVA, Joao Jesus		02	Salesianos do Funchal				<b>17:27.02</b>	531			
	100m:	1:03.42	1:03.42	500m:	5:41.06	1:09.90	900m:	10:23.14	1:10.85	1300m:	15:07.54	1:10.76
	200m:	2:12.12	1:08.70	600m:	6:51.56	1:10.50	1000m:	11:34.07	1:10.93	1400m:	16:18.18	1:10.64
	300m:	3:21.35	1:09.23	700m:	8:01.97	1:10.41	1100m:	12:45.37	1:11.30	1500m:	17:27.02	1:08.84
	400m:	4:31.16	1:09.81	800m:	9:12.29	1:10.32	1200m:	13:56.78	1:11.41			
4.	GRACA, Fernando Guerreiro		02	Naval do Funchal				<b>17:55.60</b>	490			
	100m:	1:05.56	1:05.56	500m:	5:51.00	1:12.17	900m:	10:43.83	1:12.95	1300m:	15:35.12	1:12.37
	200m:	2:16.48	1:10.92	600m:	7:04.37	1:13.37	1000m:	11:56.54	1:12.71	1400m:	16:46.76	1:11.64
	300m:	3:27.68	1:11.20	700m:	8:18.27	1:13.90	1100m:	13:09.46	1:12.92	1500m:	17:55.60	1:08.84
	400m:	4:38.83	1:11.15	800m:	9:30.88	1:12.61	1200m:	14:22.75	1:13.29			



Campeonato Regional de Infantis - Inverno  
Funchal, 16 - 17/3/2019



Prova 36, Masc., 1500m Livres, Juniores, 17 e 18 anos

Lugar			Ano				Tempo final	Pts
5.	FREITAS, Joao Tomas		02	Salesianos do Funchal		<b>18:26.14</b>	450	
	100m:	1:07.20 1:07.20	500m:	5:56.94 1:12.75	900m:	10:56.11 1:15.59	1300m:	15:59.94 1:16.08
	200m:	2:18.74 1:11.54	600m:	7:10.25 1:13.31	1000m:	12:12.06 1:15.95	1400m:	17:14.48 1:14.54
	300m:	3:30.99 1:12.25	700m:	8:25.21 1:14.96	1100m:	13:28.01 1:15.95	1500m:	18:26.14 1:11.66
	400m:	4:44.19 1:13.20	800m:	9:40.52 1:15.31	1200m:	14:43.86 1:15.85		