

Funchal ECO SWIM 2019  
Funchal, 29/6/2019

Prova 5  
29/06/2019 - 11:00

3000m Livres  
3000 metros / Masters (águas abertas)

25 anos e mais velhos  
Resultados

Place	Dorsal	Name	YOB	Club/Nation	Tempo final	diferença
Master AA1 (25 aos 39 anos), Masc.						
1.	403	FREITAS, Pedro Ideia	1989	Naval do Funchal	<b>43:30.19</b>	
	100m:	900m:		1700m:	2500m:	
	200m:	1000m:		1800m:	2600m:	
	300m:	1100m:		1900m:	2700m:	
	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m:	43:30.19
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		

Master AA2 (40 aos 54 anos), Masc.

1.	401	SOUSA, Joao Pedro	1974	Naval do Funchal	<b>39:06.03</b>	
	100m:	900m:		1700m:	2500m:	
	200m:	1000m:		1800m:	2600m:	
	300m:	1100m:		1900m:	2700m:	
	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m:	39:06.03
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		
2.	405	MATEUS, Osvaldo Roseira	1976	Desportivo Nacional	<b>47:00.33</b>	+ 7:54.30
	100m:	900m:		1700m:	2500m:	
	200m:	1000m:		1800m:	2600m:	
	300m:	1100m:		1900m:	2700m:	
	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m:	47:00.33
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		
3.	407	MARGARIDO, Paulo Alexandre	1968	Corticeiras	<b>49:35.93</b>	+ 10:29.90
	100m:	900m:		1700m:	2500m:	
	200m:	1000m:		1800m:	2600m:	
	300m:	1100m:		1900m:	2700m:	
	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m:	49:35.93
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		

Master AA2 (40 aos 54 anos), Femin.

1.	408	SANTOS, Mayra Sousa	1979	Naval do Funchal	<b>46:30.42</b>	
	100m:	900m:		1700m:	2500m:	
	200m:	1000m:		1800m:	2600m:	
	300m:	1100m:		1900m:	2700m:	
	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m:	46:30.42
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		
2.	409	SILVA, Catarina Grace	1977	Naval do Funchal	<b>1:00:00.59</b>	+ 13:30.17
	100m:	900m:		1700m:	2500m:	
	200m:	1000m:		1800m:	2600m:	
	300m:	1100m:		1900m:	2700m:	
	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m:	1:00:00.59
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		

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Prova 5, 3000m Livres

Master AA3 (55 e mais velhos), Masc.

1.	406	FERNANDES, Joaquim Jose	1961	Corticeiras	<b>49:48.72</b>
	100m:	900m:		1700m:	2500m:
	200m:	1000m:		1800m:	2600m:
	300m:	1100m:		1900m:	2700m:
	400m:	1200m:		2000m:	2800m:
	500m:	1300m:		2100m:	2900m:
	600m:	1400m:		2200m:	3000m: 49:48.72
	700m:	1500m:		2300m:	
	800m:	1600m:		2400m:	

Classificação Geral - MASTERS, Masc.

1.	401	SOUSA, Joao Pedro	1974	Naval do Funchal	<b>39:06.03</b>	
	100m:	900m:		1700m:	2500m:	
	200m:	1000m:		1800m:	2600m:	
	300m:	1100m:		1900m:	2700m:	
	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m: 39:06.03	
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		
2.	403	FREITAS, Pedro Ideia	1989	Naval do Funchal	<b>43:30.19</b>	+ 4:24.16
	100m:	900m:		1700m:	2500m:	
	200m:	1000m:		1800m:	2600m:	
	300m:	1100m:		1900m:	2700m:	
	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m: 43:30.19	
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		
3.	405	MATEUS, Osvaldo Roseira	1976	Desportivo Nacional	<b>47:00.33</b>	+ 7:54.30
	100m:	900m:		1700m:	2500m:	
	200m:	1000m:		1800m:	2600m:	
	300m:	1100m:		1900m:	2700m:	
	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m: 47:00.33	
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		
4.	407	MARGARIDO, Paulo Alexandre	1968	Corticeiras	<b>49:35.93</b>	+ 10:29.90
	100m:	900m:		1700m:	2500m:	
	200m:	1000m:		1800m:	2600m:	
	300m:	1100m:		1900m:	2700m:	
	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m: 49:35.93	
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		
5.	406	FERNANDES, Joaquim Jose	1961	Corticeiras	<b>49:48.72</b>	+ 10:42.69
	100m:	900m:		1700m:	2500m:	
	200m:	1000m:		1800m:	2600m:	
	300m:	1100m:		1900m:	2700m:	
	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m: 49:48.72	
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		

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Classificação Geral - MASTERS, Femin.

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	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m:	46:30.42
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		
2.	409	SILVA, Catarina Grace	1977	Naval do Funchal	<b>1:00:00.59</b>	+ 13:30.17
	100m:	900m:		1700m:	2500m:	
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	300m:	1100m:		1900m:	2700m:	
	400m:	1200m:		2000m:	2800m:	
	500m:	1300m:		2100m:	2900m:	
	600m:	1400m:		2200m:	3000m	1:00:00.59
	700m:	1500m:		2300m:		
	800m:	1600m:		2400m:		