

Prova 7

Masc., 1500m Livres

Juvenis

24/11/2018 - 16:59

Resultados

Recorde Regional Absoluto	15:05.68	FRANCO, Paulo Fragueiro	CDN	Leiria	06/12/2009
Recorde Regional Juv A	16:31.31	CASTRO, Joao Cruz	CDSR	Funchal	29/07/2016
Recorde Regional Juv B	16:30.75	ALMEIDA, Carlos Alexandre	CDN	Penafiel	21/03/2004

TAC Zonal Juv B: 18:44.12; Juv A: 18:23.49 / TAC Nacional Juv B: 17:43.31; Juv A: 17:21.59

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
<b>Juvenil B, 15 anos</b>			
1. ALVES, Paulo Rodrigues	04	Desportivo Nacional	<b>17:47.63</b> 501
<i>Minimos para o Campeonato Zonal</i>			
100m: 1:06.06 1:06.06	500m: 5:46.74 1:11.50	900m: 10:32.24 1:11.88	1300m: 15:21.83 1:13.11
200m: 2:15.78 1:09.72	600m: 6:58.13 1:11.39	1000m: 11:44.31 1:12.07	1400m: 16:34.85 1:13.02
300m: 3:24.93 1:09.15	700m: 8:09.11 1:10.98	1100m: 12:56.27 1:11.96	1500m: 17:47.63 1:12.78
400m: 4:35.24 1:10.31	800m: 9:20.36 1:11.25	1200m: 14:08.72 1:12.45	
2. CAMACHO, Afonso Caires	04	Naval do Funchal	<b>18:16.79</b> 462
<i>Minimos para o Campeonato Zonal</i>			
100m: 1:08.03 1:08.03	500m: 6:01.39 1:15.07	900m: 10:58.81 1:14.68	1300m: 15:53.69 1:13.05
200m: 2:19.65 1:11.62	600m: 7:15.04 1:13.65	1000m: 12:12.24 1:13.43	1400m: 17:06.59 1:12.90
300m: 3:32.53 1:12.88	700m: 8:28.97 1:13.93	1100m: 13:25.82 1:13.58	1500m: 18:16.79 1:10.20
400m: 4:46.32 1:13.79	800m: 9:44.13 1:15.16	1200m: 14:40.64 1:14.82	
3. RODRIGUES, Rodrigo Reis	04	Desportivo Sao Roque	<b>18:24.92</b> 452
<i>Minimos para o Campeonato Zonal</i>			
100m: 1:10.63 1:10.63	500m: 6:07.47 1:13.89	900m: 11:03.25 1:14.16	1300m: 15:58.47 1:13.49
200m: 2:24.78 1:14.15	600m: 7:21.27 1:13.80	1000m: 12:17.06 1:13.81	1400m: 17:12.88 1:14.41
300m: 3:39.31 1:14.53	700m: 8:35.28 1:14.01	1100m: 13:30.98 1:13.92	1500m: 18:24.92 1:12.04
400m: 4:53.58 1:14.27	800m: 9:49.09 1:13.81	1200m: 14:44.98 1:14.00	
4. FERNANDES, Diogo Henrique	04	Naval do Funchal	<b>18:36.92</b> 437
<i>Minimos para o Campeonato Zonal</i>			
100m: 1:13.85 1:13.85	500m: 6:16.10 1:15.27	900m: 11:16.15 1:13.97	1300m: 16:13.35 1:14.07
200m: 2:30.13 1:16.28	600m: 7:31.94 1:15.84	1000m: 12:30.81 1:14.66	1400m: 17:26.79 1:13.44
300m: 3:44.90 1:14.77	700m: 8:47.72 1:15.78	1100m: 13:45.18 1:14.37	1500m: 18:36.92 1:10.13
400m: 5:00.83 1:15.93	800m: 10:02.18 1:14.46	1200m: 14:59.28 1:14.10	
5. TELES, Artur Corte	04	Desportivo Sao Roque	<b>18:44.46</b> 428
100m: 1:12.82 1:12.82	500m: 6:09.43 1:15.27	900m: 11:13.28 1:16.13	1300m: 16:15.19 1:15.63
200m: 2:26.03 1:13.21	600m: 7:24.90 1:15.47	1000m: 12:29.02 1:15.74	1400m: 17:30.57 1:15.38
300m: 3:39.83 1:13.80	700m: 8:40.95 1:16.05	1100m: 13:44.47 1:15.45	1500m: 18:44.46 1:13.89
400m: 4:54.16 1:14.33	800m: 9:57.15 1:16.20	1200m: 14:59.56 1:15.09	
6. BARRY, Rafael Francisco	04	Naval do Funchal	<b>18:51.06</b> 421
100m: 1:13.82 1:13.82	500m: 6:16.50 1:16.19	900m: 11:19.37 1:15.71	1300m: 16:22.13 1:16.02
200m: 2:29.96 1:16.14	600m: 7:31.94 1:15.44	1000m: 12:34.96 1:15.59	1400m: 17:37.92 1:15.79
300m: 3:44.86 1:14.90	700m: 8:47.84 1:15.90	1100m: 13:50.24 1:15.28	1500m: 18:51.06 1:13.14
400m: 5:00.31 1:15.45	800m: 10:03.66 1:15.82	1200m: 15:06.11 1:15.87	
7. FERNANDES, Martim Pestana	04	Naval do Funchal	<b>19:10.98</b> 400
100m: 1:14.74 1:14.74	500m: 6:23.65 1:16.84	900m: 11:32.66 1:17.29	1300m: 16:40.47 1:16.38
200m: 2:31.72 1:16.98	600m: 7:41.14 1:17.49	1000m: 12:49.99 1:17.33	1400m: 17:57.35 1:16.88
300m: 3:48.83 1:17.11	700m: 8:58.34 1:17.20	1100m: 14:07.03 1:17.04	1500m: 19:10.98 1:13.63
400m: 5:06.81 1:17.98	800m: 10:15.37 1:17.03	1200m: 15:24.09 1:17.06	
8. FERREIRA, Leonardo Filipe	04	Naval do Funchal	<b>19:36.82</b> 374
100m: 1:11.58 1:11.58	500m: 6:21.79 1:18.71	900m: 11:39.26 1:20.83	1300m: 17:01.47 1:20.36
200m: 2:27.50 1:15.92	600m: 7:40.30 1:18.51	1000m: 13:00.66 1:21.40	1400m: 18:20.82 1:19.35
300m: 3:44.90 1:17.40	700m: 8:58.48 1:18.18	1100m: 14:20.62 1:19.96	1500m: 19:36.82 1:16.00
400m: 5:03.08 1:18.18	800m: 10:18.43 1:19.95	1200m: 15:41.11 1:20.49	
9. AGUILAR, Luis Santos	04	Desportivo Nacional	<b>20:08.18</b> 345
100m: 1:15.03 1:15.03	500m: 6:35.56 1:20.81	900m: 12:03.58 1:22.28	1300m: 17:30.00 1:21.88
200m: 2:34.14 1:19.11	600m: 7:57.28 1:21.72	1000m: 13:24.47 1:20.89	1400m: 18:51.01 1:21.01
300m: 3:53.48 1:19.34	700m: 9:19.31 1:22.03	1100m: 14:45.94 1:21.47	1500m: 20:08.18 1:17.17
400m: 5:14.75 1:21.27	800m: 10:41.30 1:21.99	1200m: 16:08.12 1:22.18	



Torneio Regional de Fundo - Juvenis  
Funchal, 23 - 24/11/2018

Prova 7, Masc., 1500m Livres, Juvenil B, 15 anos

Lugar	Ano	Tempo final	Pts
10. SILVA, Eduardo Rodrigues	04 Salesianos do Funchal	<b>20:36.05</b>	322
100m: 1:19.79 1:19.79	500m: 6:49.17 1:22.31	900m: 12:22.83 1:22.86	1300m: 17:54.92 1:23.33
200m: 2:42.57 1:22.78	600m: 8:12.46 1:23.29	1000m: 13:45.39 1:22.56	1400m: 19:17.46 1:22.54
300m: 4:04.33 1:21.76	700m: 9:36.86 1:24.40	1100m: 15:08.57 1:23.18	1500m: 20:36.05 1:18.59
400m: 5:26.86 1:22.53	800m: 10:59.97 1:23.11	1200m: 16:31.59 1:23.02	
11. GONCALVES, Vitor Afonso	04 Salesianos do Funchal	<b>21:16.58</b>	293
100m: 1:20.05 1:20.05	500m: 7:01.73 1:24.84	900m: 12:44.44 1:25.93	1300m: 18:30.29 1:26.22
200m: 2:45.57 1:25.52	600m: 8:26.79 1:25.06	1000m: 14:12.01 1:27.57	1400m: 19:56.55 1:26.26
300m: 4:11.25 1:25.68	700m: 9:52.29 1:25.50	1100m: 15:38.17 1:26.16	1500m: 21:16.58 1:20.03
400m: 5:36.89 1:25.64	800m: 11:18.51 1:26.22	1200m: 17:04.07 1:25.90	
12. LEAL, Diogo Silva	04 Salesianos do Funchal	<b>21:35.15</b>	280
100m: 1:15.88 1:15.88	500m: 6:57.90 1:28.05	900m: 12:50.60 1:28.25	1300m: 18:46.38 1:28.91
200m: 2:38.29 1:22.41	600m: 8:25.85 1:27.95	1000m: 14:19.56 1:28.96	1400m: 20:14.87 1:28.49
300m: 4:02.57 1:24.28	700m: 9:54.32 1:28.47	1100m: 15:47.98 1:28.42	1500m: 21:35.15 1:20.28
400m: 5:29.85 1:27.28	800m: 11:22.35 1:28.03	1200m: 17:17.47 1:29.49	
13. MACHADO, Tiago Magalhaes	04 Desportivo Nacional	<b>21:55.28</b>	268
100m: 1:24.98 1:24.98	500m: 7:18.09 1:29.50	900m: 13:15.90 1:29.81	1300m: 19:10.69 1:27.14
200m: 2:52.27 1:27.29	600m: 8:47.48 1:29.39	1000m: 14:45.27 1:29.37	1400m: 20:36.13 1:25.44
300m: 4:19.69 1:27.42	700m: 10:17.18 1:29.70	1100m: 16:15.21 1:29.94	1500m: 21:55.28 1:19.15
400m: 5:48.59 1:28.90	800m: 11:46.09 1:28.91	1200m: 17:43.55 1:28.34	
14. PEREIRA, Diogo Gameiro	04 Naval do Funchal	<b>21:58.85</b>	265
100m: 1:23.24 1:23.24	500m: 7:17.97 1:29.86	900m: 13:15.62 1:29.34	1300m: 19:10.59 1:27.60
200m: 2:50.54 1:27.30	600m: 8:47.43 1:29.46	1000m: 14:45.21 1:29.59	1400m: 20:36.23 1:25.64
300m: 4:19.47 1:28.93	700m: 10:17.80 1:30.37	1100m: 16:14.72 1:29.51	1500m: 21:58.85 1:22.62
400m: 5:48.11 1:28.64	800m: 11:46.28 1:28.48	1200m: 17:42.99 1:28.27	

Juvenil A, 16 anos

1. FERNANDES, Rui Afonso	03 Desportivo Nacional	<b>17:10.37</b>	557
<i>Minimos para o Campeonato Zonal, Minimos para o Campeonato Nacional</i>			
100m: 1:05.02 1:05.02	500m: 5:37.24 1:08.55	900m: 10:14.48 1:09.50	1300m: 14:53.90 1:10.43
200m: 2:12.78 1:07.76	600m: 6:46.32 1:09.08	1000m: 11:23.98 1:09.50	1400m: 16:03.57 1:09.67
300m: 3:20.67 1:07.89	700m: 7:55.42 1:09.10	1100m: 12:33.76 1:09.78	1500m: 17:10.37 1:06.80
400m: 4:28.69 1:08.02	800m: 9:04.98 1:09.56	1200m: 13:43.47 1:09.71	
2. GOMES, Goncalo Camara	03 Naval do Funchal	<b>17:42.12</b>	509
<i>Minimos para o Campeonato Zonal</i>			
100m: 1:07.57 1:07.57	500m: 5:51.08 1:10.79	900m: 10:34.58 1:11.30	1300m: 15:19.93 1:11.51
200m: 2:18.14 1:10.57	600m: 7:02.06 1:10.98	1000m: 11:45.22 1:10.64	1400m: 16:31.89 1:11.96
300m: 3:29.14 1:11.00	700m: 8:12.72 1:10.66	1100m: 12:56.89 1:11.67	1500m: 17:42.12 1:10.23
400m: 4:40.29 1:11.15	800m: 9:23.28 1:10.56	1200m: 14:08.42 1:11.53	
3. LOPES, Pedro Henrique	03 Desportivo Sao Roque	<b>18:40.54</b>	433
100m: 1:11.12 1:11.12	500m: 6:05.18 1:13.78	900m: 11:06.01 1:15.51	1300m: 16:10.64 1:16.21
200m: 2:24.18 1:13.06	600m: 7:19.70 1:14.52	1000m: 12:22.17 1:16.16	1400m: 17:26.40 1:15.76
300m: 3:37.98 1:13.80	700m: 8:34.76 1:15.06	1100m: 13:38.53 1:16.36	1500m: 18:40.54 1:14.14
400m: 4:51.40 1:13.42	800m: 9:50.50 1:15.74	1200m: 14:54.43 1:15.90	
4. SOUSA, Pedro Afonso	03 Desportivo Nacional	<b>19:07.86</b>	403
100m: 1:05.38 1:05.38	500m: 6:09.65 1:18.78	900m: 11:28.45 1:20.43	1300m: 16:38.27 1:16.24
200m: 2:14.75 1:09.37	600m: 7:25.33 1:15.68	1000m: 12:49.60 1:21.15	1400m: 17:54.15 1:15.88
300m: 3:32.04 1:17.29	700m: 8:45.87 1:20.54	1100m: 14:08.49 1:18.89	1500m: 19:07.86 1:13.71
400m: 4:50.87 1:18.83	800m: 10:08.02 1:22.15	1200m: 15:22.03 1:13.54	
5. BAPTISTA, Tiago Ornelas	03 Naval do Funchal	<b>19:11.55</b>	399
100m: 1:09.48 1:09.48	500m: 6:19.88 1:19.30	900m: 11:30.91 1:17.46	1300m: 16:39.99 1:17.63
200m: 2:26.49 1:17.01	600m: 7:37.60 1:17.72	1000m: 12:48.77 1:17.86	1400m: 17:57.41 1:17.42
300m: 3:43.59 1:17.10	700m: 8:56.25 1:18.65	1100m: 14:05.79 1:17.02	1500m: 19:11.55 1:14.14
400m: 5:00.58 1:16.99	800m: 10:13.45 1:17.20	1200m: 15:22.36 1:16.57	



Torneio Regional de Fundo - Juvenis  
Funchal, 23 - 24/11/2018

Prova 7, Masc., 1500m Livres, Juvenil A, 16 anos

Lugar	Ano	Tempo final	Pts
6. CAMARA, Simao Vieira	03 Desportivo Sao Roque	<b>19:22.48</b>	388
100m: 1:09.14 1:09.14	500m: 6:16.30 1:18.18	900m: 11:35.90 1:18.78	1300m: 16:48.13 1:18.60
200m: 2:24.99 1:15.85	600m: 7:35.57 1:19.27	1000m: 12:54.49 1:18.59	1400m: 18:07.01 1:18.88
300m: 3:41.69 1:16.70	700m: 8:56.99 1:21.42	1100m: 14:12.94 1:18.45	1500m: 19:22.48 1:15.47
400m: 4:58.12 1:16.43	800m: 10:17.12 1:20.13	1200m: 15:29.53 1:16.59	
7. ABREU, Nuno Afonso	03 Naval do Funchal	<b>19:57.55</b>	355
100m: 1:13.97 1:13.97	500m: 6:31.46 1:20.60	900m: 11:56.80 1:21.40	1300m: 17:19.29 1:19.02
200m: 2:31.48 1:17.51	600m: 7:52.17 1:20.71	1000m: 13:17.75 1:20.95	1400m: 18:39.44 1:20.15
300m: 3:50.28 1:18.80	700m: 9:13.78 1:21.61	1100m: 14:39.01 1:21.26	1500m: 19:57.55 1:18.11
400m: 5:10.86 1:20.58	800m: 10:35.40 1:21.62	1200m: 16:00.27 1:21.26	
8. AGUIAR, Pedro Ferreira	03 Naval do Funchal	<b>20:09.06</b>	345
100m: 1:16.26 1:16.26	500m: 6:40.14 1:20.96	900m: 12:04.08 1:20.96	1300m: 17:29.49 1:22.18
200m: 2:37.19 1:20.93	600m: 8:00.93 1:20.79	1000m: 13:25.03 1:20.95	1400m: 18:50.49 1:21.00
300m: 3:58.21 1:21.02	700m: 9:22.04 1:21.11	1100m: 14:46.09 1:21.06	1500m: 20:09.06 1:18.57
400m: 5:19.18 1:20.97	800m: 10:43.12 1:21.08	1200m: 16:07.31 1:21.22	
9. VIEIRA, Emanuel Eloi	03 Desportivo Sao Roque	<b>20:31.46</b>	326
100m: 1:15.87 1:15.87	500m: 6:45.13 1:22.66	900m: 12:19.37 1:23.97	1300m: 17:48.80 1:21.45
200m: 2:37.11 1:21.24	600m: 8:08.75 1:23.62	1000m: 13:41.89 1:22.52	1400m: 19:11.20 1:22.40
300m: 3:58.24 1:21.13	700m: 9:32.12 1:23.37	1100m: 15:05.34 1:23.45	1500m: 20:31.46 1:20.26
400m: 5:22.47 1:24.23	800m: 10:55.40 1:23.28	1200m: 16:27.35 1:22.01	
10. RODRIGUES, Renato Correia	03 Salesianos do Funchal	<b>20:50.33</b>	312
100m: 1:14.85 1:14.85	500m: 6:38.78 1:22.88	900m: 12:17.67 1:25.39	1300m: 18:02.36 1:26.57
200m: 2:33.97 1:19.12	600m: 8:02.22 1:23.44	1000m: 13:44.17 1:26.50	1400m: 19:27.49 1:25.13
300m: 3:53.92 1:19.95	700m: 9:26.43 1:24.21	1100m: 15:09.96 1:25.79	1500m: 20:50.33 1:22.84
400m: 5:15.90 1:21.98	800m: 10:52.28 1:25.85	1200m: 16:35.79 1:25.83	
11. OLIVEIRA, Jose Alexandre	03 Escola O Liceu	<b>21:00.14</b>	304
100m: 1:20.01 1:20.01	500m: 6:47.14 1:21.32	900m: 12:22.81 1:25.27	1300m: 18:09.33 1:25.91
200m: 2:42.89 1:22.88	600m: 8:09.68 1:22.54	1000m: 13:50.25 1:27.44	1400m: 19:36.77 1:27.44
300m: 4:03.95 1:21.06	700m: 9:32.17 1:22.49	1100m: 15:16.62 1:26.37	1500m: 21:00.14 1:23.37
400m: 5:25.82 1:21.87	800m: 10:57.54 1:25.37	1200m: 16:43.42 1:26.80	
12. ABREU, Tiago Gomes	03 Naval do Funchal	<b>23:17.03</b>	223
100m: 1:27.93 1:27.93	500m: 7:37.10 1:32.26	900m: 13:52.15 1:34.63	1300m: 20:08.99 1:36.50
200m: 3:00.66 1:32.73	600m: 9:10.57 1:33.47	1000m: 15:24.96 1:32.81	1400m: 21:45.07 1:36.08
300m: 4:32.43 1:31.77	700m: 10:44.95 1:34.38	1100m: 16:57.98 1:33.02	1500m: 23:17.03 1:31.96
400m: 6:04.84 1:32.41	800m: 12:17.52 1:32.57	1200m: 18:32.49 1:34.51	
doente FARIA, Joao Pedro	03 Naval do Funchal		

Juvenil Geral, 15 e 16 anos

1. FERNANDES, Rui Afonso	03 Desportivo Nacional	<b>17:10.37</b>	557
<i>Minimos para o Campeonato Zonal, Minimos para o Campeonato Nacional</i>			
100m: 1:05.02 1:05.02	500m: 5:37.24 1:08.55	900m: 10:14.48 1:09.50	1300m: 14:53.90 1:10.43
200m: 2:12.78 1:07.76	600m: 6:46.32 1:09.08	1000m: 11:23.98 1:09.50	1400m: 16:03.57 1:09.67
300m: 3:20.67 1:07.89	700m: 7:55.42 1:09.10	1100m: 12:33.76 1:09.78	1500m: 17:10.37 1:06.80
400m: 4:28.69 1:08.02	800m: 9:04.98 1:09.56	1200m: 13:43.47 1:09.71	
2. GOMES, Goncalo Camara	03 Naval do Funchal	<b>17:42.12</b>	509
<i>Minimos para o Campeonato Zonal</i>			
100m: 1:07.57 1:07.57	500m: 5:51.08 1:10.79	900m: 10:34.58 1:11.30	1300m: 15:19.93 1:11.51
200m: 2:18.14 1:10.57	600m: 7:02.06 1:10.98	1000m: 11:45.22 1:10.64	1400m: 16:31.89 1:11.96
300m: 3:29.14 1:11.00	700m: 8:12.72 1:10.66	1100m: 12:56.89 1:11.67	1500m: 17:42.12 1:10.23
400m: 4:40.29 1:11.15	800m: 9:23.28 1:10.56	1200m: 14:08.42 1:11.53	
3. ALVES, Paulo Rodrigues	04 Desportivo Nacional	<b>17:47.63</b>	501
<i>Minimos para o Campeonato Zonal</i>			
100m: 1:06.06 1:06.06	500m: 5:46.74 1:11.50	900m: 10:32.24 1:11.88	1300m: 15:21.83 1:13.11
200m: 2:15.78 1:09.72	600m: 6:58.13 1:11.39	1000m: 11:44.31 1:12.07	1400m: 16:34.85 1:13.02
300m: 3:24.93 1:09.15	700m: 8:09.11 1:10.98	1100m: 12:56.27 1:11.96	1500m: 17:47.63 1:12.78
400m: 4:35.24 1:10.31	800m: 9:20.36 1:11.25	1200m: 14:08.72 1:12.45	



Torneio Regional de Fundo - Juvenis  
Funchal, 23 - 24/11/2018

Prova 7, Masc., 1500m Livres, Juvenil Geral, 15 e 16 anos

Lugar			Ano			Tempo final	Pts					
4.	CAMACHO, Afonso Caires		04	Naval do Funchal		<b>18:16.79</b>	462					
	<i>Minimos para o Campeonato Zonal</i>											
	100m:	1:08.03	1:08.03	500m:	6:01.39	1:15.07	900m:	10:58.81	1:14.68	1300m:	15:53.69	1:13.05
	200m:	2:19.65	1:11.62	600m:	7:15.04	1:13.65	1000m:	12:12.24	1:13.43	1400m:	17:06.59	1:12.90
	300m:	3:32.53	1:12.88	700m:	8:28.97	1:13.93	1100m:	13:25.82	1:13.58	1500m:	18:16.79	1:10.20
	400m:	4:46.32	1:13.79	800m:	9:44.13	1:15.16	1200m:	14:40.64	1:14.82			
5.	RODRIGUES, Rodrigo Reis		04	Desportivo Sao Roque		<b>18:24.92</b>	452					
	<i>Minimos para o Campeonato Zonal</i>											
	100m:	1:10.63	1:10.63	500m:	6:07.47	1:13.89	900m:	11:03.25	1:14.16	1300m:	15:58.47	1:13.49
	200m:	2:24.78	1:14.15	600m:	7:21.27	1:13.80	1000m:	12:17.06	1:13.81	1400m:	17:12.88	1:14.41
	300m:	3:39.31	1:14.53	700m:	8:35.28	1:14.01	1100m:	13:30.98	1:13.92	1500m:	18:24.92	1:12.04
	400m:	4:53.58	1:14.27	800m:	9:49.09	1:13.81	1200m:	14:44.98	1:14.00			
6.	FERNANDES, Diogo Henrique		04	Naval do Funchal		<b>18:36.92</b>	437					
	<i>Minimos para o Campeonato Zonal</i>											
	100m:	1:13.85	1:13.85	500m:	6:16.10	1:15.27	900m:	11:16.15	1:13.97	1300m:	16:13.35	1:14.07
	200m:	2:30.13	1:16.28	600m:	7:31.94	1:15.84	1000m:	12:30.81	1:14.66	1400m:	17:26.79	1:13.44
	300m:	3:44.90	1:14.77	700m:	8:47.72	1:15.78	1100m:	13:45.18	1:14.37	1500m:	18:36.92	1:10.13
	400m:	5:00.83	1:15.93	800m:	10:02.18	1:14.46	1200m:	14:59.28	1:14.10			
7.	LOPES, Pedro Henrique		03	Desportivo Sao Roque		<b>18:40.54</b>	433					
	100m:	1:11.12	1:11.12	500m:	6:05.18	1:13.78	900m:	11:06.01	1:15.51	1300m:	16:10.64	1:16.21
	200m:	2:24.18	1:13.06	600m:	7:19.70	1:14.52	1000m:	12:22.17	1:16.16	1400m:	17:26.40	1:15.76
	300m:	3:37.98	1:13.80	700m:	8:34.76	1:15.06	1100m:	13:38.53	1:16.36	1500m:	18:40.54	1:14.14
	400m:	4:51.40	1:13.42	800m:	9:50.50	1:15.74	1200m:	14:54.43	1:15.90			
8.	TELES, Artur Corte		04	Desportivo Sao Roque		<b>18:44.46</b>	428					
	100m:	1:12.82	1:12.82	500m:	6:09.43	1:15.27	900m:	11:13.28	1:16.13	1300m:	16:15.19	1:15.63
	200m:	2:26.03	1:13.21	600m:	7:24.90	1:15.47	1000m:	12:29.02	1:15.74	1400m:	17:30.57	1:15.38
	300m:	3:39.83	1:13.80	700m:	8:40.95	1:16.05	1100m:	13:44.47	1:15.45	1500m:	18:44.46	1:13.89
	400m:	4:54.16	1:14.33	800m:	9:57.15	1:16.20	1200m:	14:59.56	1:15.09			
9.	BARRY, Rafael Francisco		04	Naval do Funchal		<b>18:51.06</b>	421					
	100m:	1:13.82	1:13.82	500m:	6:16.50	1:16.19	900m:	11:19.37	1:15.71	1300m:	16:22.13	1:16.02
	200m:	2:29.96	1:16.14	600m:	7:31.94	1:15.44	1000m:	12:34.96	1:15.59	1400m:	17:37.92	1:15.79
	300m:	3:44.86	1:14.90	700m:	8:47.84	1:15.90	1100m:	13:50.24	1:15.28	1500m:	18:51.06	1:13.14
	400m:	5:00.31	1:15.45	800m:	10:03.66	1:15.82	1200m:	15:06.11	1:15.87			
10.	SOUSA, Pedro Afonso		03	Desportivo Nacional		<b>19:07.86</b>	403					
	100m:	1:05.38	1:05.38	500m:	6:09.65	1:18.78	900m:	11:28.45	1:20.43	1300m:	16:38.27	1:16.24
	200m:	2:14.75	1:09.37	600m:	7:25.33	1:15.68	1000m:	12:49.60	1:21.15	1400m:	17:54.15	1:15.88
	300m:	3:32.04	1:17.29	700m:	8:45.87	1:20.54	1100m:	14:08.49	1:18.89	1500m:	19:07.86	1:13.71
	400m:	4:50.87	1:18.83	800m:	10:08.02	1:22.15	1200m:	15:22.03	1:13.54			
11.	FERNANDES, Martim Pestana		04	Naval do Funchal		<b>19:10.98</b>	400					
	100m:	1:14.74	1:14.74	500m:	6:23.65	1:16.84	900m:	11:32.66	1:17.29	1300m:	16:40.47	1:16.38
	200m:	2:31.72	1:16.98	600m:	7:41.14	1:17.49	1000m:	12:49.99	1:17.33	1400m:	17:57.35	1:16.88
	300m:	3:48.83	1:17.11	700m:	8:58.34	1:17.20	1100m:	14:07.03	1:17.04	1500m:	19:10.98	1:13.63
	400m:	5:06.81	1:17.98	800m:	10:15.37	1:17.03	1200m:	15:24.09	1:17.06			
12.	BAPTISTA, Tiago Ornelas		03	Naval do Funchal		<b>19:11.55</b>	399					
	100m:	1:09.48	1:09.48	500m:	6:19.88	1:19.30	900m:	11:30.91	1:17.46	1300m:	16:39.99	1:17.63
	200m:	2:26.49	1:17.01	600m:	7:37.60	1:17.72	1000m:	12:48.77	1:17.86	1400m:	17:57.41	1:17.42
	300m:	3:43.59	1:17.10	700m:	8:56.25	1:18.65	1100m:	14:05.79	1:17.02	1500m:	19:11.55	1:14.14
	400m:	5:00.58	1:16.99	800m:	10:13.45	1:17.20	1200m:	15:22.36	1:16.57			
13.	CAMARA, Simao Vieira		03	Desportivo Sao Roque		<b>19:22.48</b>	388					
	100m:	1:09.14	1:09.14	500m:	6:16.30	1:18.18	900m:	11:35.90	1:18.78	1300m:	16:48.13	1:18.60
	200m:	2:24.99	1:15.85	600m:	7:35.57	1:19.27	1000m:	12:54.49	1:18.59	1400m:	18:07.01	1:18.88
	300m:	3:41.69	1:16.70	700m:	8:56.99	1:21.42	1100m:	14:12.94	1:18.45	1500m:	19:22.48	1:15.47
	400m:	4:58.12	1:16.43	800m:	10:17.12	1:20.13	1200m:	15:29.53	1:16.59			
14.	FERREIRA, Leonardo Filipe		04	Naval do Funchal		<b>19:36.82</b>	374					
	100m:	1:11.58	1:11.58	500m:	6:21.79	1:18.71	900m:	11:39.26	1:20.83	1300m:	17:01.47	1:20.36
	200m:	2:27.50	1:15.92	600m:	7:40.30	1:18.51	1000m:	13:00.66	1:21.40	1400m:	18:20.82	1:19.35
	300m:	3:44.90	1:17.40	700m:	8:58.48	1:18.18	1100m:	14:20.62	1:19.96	1500m:	19:36.82	1:16.00
	400m:	5:03.08	1:18.18	800m:	10:18.43	1:19.95	1200m:	15:41.11	1:20.49			



Torneio Regional de Fundo - Juvenis  
Funchal, 23 - 24/11/2018

Prova 7, Masc., 1500m Livres, Juvenil Geral, 15 e 16 anos

Lugar	Ano	Tempo final	Pts
<b>15. ABREU, Nuno Afonso</b>	<b>03</b> Naval do Funchal	<b>19:57.55</b>	<b>355</b>
100m: 1:13.97 1:13.97	500m: 6:31.46 1:20.60	900m: 11:56.80 1:21.40	1300m: 17:19.29 1:19.02
200m: 2:31.48 1:17.51	600m: 7:52.17 1:20.71	1000m: 13:17.75 1:20.95	1400m: 18:39.44 1:20.15
300m: 3:50.28 1:18.80	700m: 9:13.78 1:21.61	1100m: 14:39.01 1:21.26	1500m: 19:57.55 1:18.11
400m: 5:10.86 1:20.58	800m: 10:35.40 1:21.62	1200m: 16:00.27 1:21.26	
<b>16. AGUILAR, Luis Santos</b>	<b>04</b> Desportivo Nacional	<b>20:08.18</b>	<b>345</b>
100m: 1:15.03 1:15.03	500m: 6:35.56 1:20.81	900m: 12:03.58 1:22.28	1300m: 17:30.00 1:21.88
200m: 2:34.14 1:19.11	600m: 7:57.28 1:21.72	1000m: 13:24.47 1:20.89	1400m: 18:51.01 1:21.01
300m: 3:53.48 1:19.34	700m: 9:19.31 1:22.03	1100m: 14:45.94 1:21.47	1500m: 20:08.18 1:17.17
400m: 5:14.75 1:21.27	800m: 10:41.30 1:21.99	1200m: 16:08.12 1:22.18	
<b>17. AGUIAR, Pedro Ferreira</b>	<b>03</b> Naval do Funchal	<b>20:09.06</b>	<b>345</b>
100m: 1:16.26 1:16.26	500m: 6:40.14 1:20.96	900m: 12:04.08 1:20.96	1300m: 17:29.49 1:22.18
200m: 2:37.19 1:20.93	600m: 8:00.93 1:20.79	1000m: 13:25.03 1:20.95	1400m: 18:50.49 1:21.00
300m: 3:58.21 1:21.02	700m: 9:22.04 1:21.11	1100m: 14:46.09 1:21.06	1500m: 20:09.06 1:18.57
400m: 5:19.18 1:20.97	800m: 10:43.12 1:21.08	1200m: 16:07.31 1:21.22	
<b>18. VIEIRA, Emanuel Eloi</b>	<b>03</b> Desportivo Sao Roque	<b>20:31.46</b>	<b>326</b>
100m: 1:15.87 1:15.87	500m: 6:45.13 1:22.66	900m: 12:19.37 1:23.97	1300m: 17:48.80 1:21.45
200m: 2:37.11 1:21.24	600m: 8:08.75 1:23.62	1000m: 13:41.89 1:22.52	1400m: 19:11.20 1:22.40
300m: 3:58.24 1:21.13	700m: 9:32.12 1:23.37	1100m: 15:05.34 1:23.45	1500m: 20:31.46 1:20.26
400m: 5:22.47 1:24.23	800m: 10:55.40 1:23.28	1200m: 16:27.35 1:22.01	
<b>19. SILVA, Eduardo Rodrigues</b>	<b>04</b> Salesianos do Funchal	<b>20:36.05</b>	<b>322</b>
100m: 1:19.79 1:19.79	500m: 6:49.17 1:22.31	900m: 12:22.83 1:22.86	1300m: 17:54.92 1:23.33
200m: 2:42.57 1:22.78	600m: 8:12.46 1:23.29	1000m: 13:45.39 1:22.56	1400m: 19:17.46 1:22.54
300m: 4:04.33 1:21.76	700m: 9:36.86 1:24.40	1100m: 15:08.57 1:23.18	1500m: 20:36.05 1:18.59
400m: 5:26.86 1:22.53	800m: 10:59.97 1:23.11	1200m: 16:31.59 1:23.02	
<b>20. RODRIGUES, Renato Correia</b>	<b>03</b> Salesianos do Funchal	<b>20:50.33</b>	<b>312</b>
100m: 1:14.85 1:14.85	500m: 6:38.78 1:22.88	900m: 12:17.67 1:25.39	1300m: 18:02.36 1:26.57
200m: 2:33.97 1:19.12	600m: 8:02.22 1:23.44	1000m: 13:44.17 1:26.50	1400m: 19:27.49 1:25.13
300m: 3:53.92 1:19.95	700m: 9:26.43 1:24.21	1100m: 15:09.96 1:25.79	1500m: 20:50.33 1:22.84
400m: 5:15.90 1:21.98	800m: 10:52.28 1:25.85	1200m: 16:35.79 1:25.83	
<b>21. OLIVEIRA, Jose Alexandre</b>	<b>03</b> Escola O Liceu	<b>21:00.14</b>	<b>304</b>
100m: 1:20.01 1:20.01	500m: 6:47.14 1:21.32	900m: 12:22.81 1:25.27	1300m: 18:09.33 1:25.91
200m: 2:42.89 1:22.88	600m: 8:09.68 1:22.54	1000m: 13:50.25 1:27.44	1400m: 19:36.77 1:27.44
300m: 4:03.95 1:21.06	700m: 9:32.17 1:22.49	1100m: 15:16.62 1:26.37	1500m: 21:00.14 1:23.37
400m: 5:25.82 1:21.87	800m: 10:57.54 1:25.37	1200m: 16:43.42 1:26.80	
<b>22. GONCALVES, Vitor Afonso</b>	<b>04</b> Salesianos do Funchal	<b>21:16.58</b>	<b>293</b>
100m: 1:20.05 1:20.05	500m: 7:01.73 1:24.84	900m: 12:44.44 1:25.93	1300m: 18:30.29 1:26.22
200m: 2:45.57 1:25.52	600m: 8:26.79 1:25.06	1000m: 14:12.01 1:27.57	1400m: 19:56.55 1:26.26
300m: 4:11.25 1:25.68	700m: 9:52.29 1:25.50	1100m: 15:38.17 1:26.16	1500m: 21:16.58 1:20.03
400m: 5:36.89 1:25.64	800m: 11:18.51 1:26.22	1200m: 17:04.07 1:25.90	
<b>23. LEAL, Diogo Silva</b>	<b>04</b> Salesianos do Funchal	<b>21:35.15</b>	<b>280</b>
100m: 1:15.88 1:15.88	500m: 6:57.90 1:28.05	900m: 12:50.60 1:28.25	1300m: 18:46.38 1:28.91
200m: 2:38.29 1:22.41	600m: 8:25.85 1:27.95	1000m: 14:19.56 1:28.96	1400m: 20:14.87 1:28.49
300m: 4:02.57 1:24.28	700m: 9:54.32 1:28.47	1100m: 15:47.98 1:28.42	1500m: 21:35.15 1:20.28
400m: 5:29.85 1:27.28	800m: 11:22.35 1:28.03	1200m: 17:17.47 1:29.49	
<b>24. MACHADO, Tiago Magalhaes</b>	<b>04</b> Desportivo Nacional	<b>21:55.28</b>	<b>268</b>
100m: 1:24.98 1:24.98	500m: 7:18.09 1:29.50	900m: 13:15.90 1:29.81	1300m: 19:10.69 1:27.14
200m: 2:52.27 1:27.29	600m: 8:47.48 1:29.39	1000m: 14:45.27 1:29.37	1400m: 20:36.13 1:25.44
300m: 4:19.69 1:27.42	700m: 10:17.18 1:29.70	1100m: 16:15.21 1:29.94	1500m: 21:55.28 1:19.15
400m: 5:48.59 1:28.90	800m: 11:46.09 1:28.91	1200m: 17:43.55 1:28.34	
<b>25. PEREIRA, Diogo Gameiro</b>	<b>04</b> Naval do Funchal	<b>21:58.85</b>	<b>265</b>
100m: 1:23.24 1:23.24	500m: 7:17.97 1:29.86	900m: 13:15.62 1:29.34	1300m: 19:10.59 1:27.60
200m: 2:50.54 1:27.30	600m: 8:47.43 1:29.46	1000m: 14:45.21 1:29.59	1400m: 20:36.23 1:25.64
300m: 4:19.47 1:28.93	700m: 10:17.80 1:30.37	1100m: 16:14.72 1:29.51	1500m: 21:58.85 1:22.62
400m: 5:48.11 1:28.64	800m: 11:46.28 1:28.48	1200m: 17:42.99 1:28.27	
<b>26. ABREU, Tiago Gomes</b>	<b>03</b> Naval do Funchal	<b>23:17.03</b>	<b>223</b>
100m: 1:27.93 1:27.93	500m: 7:37.10 1:32.26	900m: 13:52.15 1:34.63	1300m: 20:08.99 1:36.50
200m: 3:00.66 1:32.73	600m: 9:10.57 1:33.47	1000m: 15:24.96 1:32.81	1400m: 21:45.07 1:36.08
300m: 4:32.43 1:31.77	700m: 10:44.95 1:34.38	1100m: 16:57.98 1:33.02	1500m: 23:17.03 1:31.96
400m: 6:04.84 1:32.41	800m: 12:17.52 1:32.57	1200m: 18:32.49 1:34.51	



Torneio Regional de Fundo - Juvenis  
Funchal, 23 - 24/11/2018

---

Prova 7, Masc., 1500m Livres, Juvenil Geral, 15 e 16 anos

Lugar	Ano	Tempo final	Pts
doente FARIA, Joao Pedro	03 Naval do Funchal		