

Torneio Regional de Fundo - Juvenis
Funchal, 23 - 24/11/2018



Prova 5

Femin., 400m Estilos

Juvenis

24/11/2018 - 16:30

Resultados

Recorde Regional Absoluto	5:00.24	QUINTAL, Fabiana Maria	CDN	Funchal	19/02/2009
Recorde Regional Juv A	5:21.90	ANDRADE, Rubina Amaro	CDN	Funchal	08/12/1993
Recorde Regional Juv B	5:19.80	SOUSA, Susana Margarida	CFU	Funchal	27/06/1991

TAC Zonal Juv B: 5:47.14; Juv A: 5:37.41 / TAC Nacional Juv B: 5:32.00; Juv A: 5:26.20

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
Juvenil B, 14 anos			
1. ARAUJO, Maria Clara	05	Naval do Funchal	5:49.56 406
50m: 39.38 39.38	150m: 2:09.45 42.96	250m: 3:41.63 47.62	350m: 5:10.71 39.46
100m: 1:26.49 47.11	200m: 2:54.01 44.56	300m: 4:31.25 49.62	400m: 5:49.56 38.85
2. AVEIRO, Leonor Sofia	05	Naval do Funchal	6:01.53 367
50m: 39.09 39.09	150m: 2:14.12 47.87	250m: 3:53.65 49.48	350m: 5:23.83 39.04
100m: 1:26.25 47.16	200m: 3:04.17 50.05	300m: 4:44.79 51.14	400m: 6:01.53 37.70
3. NASCIMENTO, Sofia Alexandre	05	Naval do Funchal	6:03.78 360
50m: 38.60 38.60	150m: 2:11.72 45.63	250m: 3:51.04 54.43	350m: 5:25.32 39.58
100m: 1:26.09 47.49	200m: 2:56.61 44.89	300m: 4:45.74 54.70	400m: 6:03.78 38.46
4. JARDIM, Teresa Vieira	05	Naval do Funchal	6:20.15 316
50m: 41.20 41.20	150m: 2:22.14 45.11	250m: 4:02.79 55.86	350m: 5:40.95 42.29
100m: 1:37.03 55.83	200m: 3:06.93 44.79	300m: 4:58.66 55.87	400m: 6:20.15 39.20
5. GOMES, Madalena Sousa	05	Naval do Funchal	6:43.59 264
50m: 46.24 46.24	150m: 2:34.00 51.99	250m: 4:18.70 55.32	350m: 6:00.84 45.78
100m: 1:42.01 55.77	200m: 3:23.38 49.38	300m: 5:15.06 56.36	400m: 6:43.59 42.75
6. LUIS, Mariana Capelo	05	Salesianos do Funchal	7:04.03 227
50m: 51.67 51.67	150m: 2:44.93 51.56	250m: 4:32.20 53.99	350m: 6:17.20 47.58
100m: 1:53.37 1:01.70	200m: 3:38.21 53.28	300m: 5:29.62 57.42	400m: 7:04.03 46.83
7. ABREU, Maria Eduarda	05	Desportivo Nacional	7:06.25 224
50m: 47.55 47.55	150m: 2:42.19 57.10	250m: 4:33.71 57.20	350m: 6:20.31 48.93
100m: 1:45.09 57.54	200m: 3:36.51 54.32	300m: 5:31.38 57.67	400m: 7:06.25 45.94
8. BARROS, Ana Carolina	05	Salesianos do Funchal	7:20.22 203
50m: 50.56 50.56	150m: 2:40.59 52.33	250m: 4:38.47 1:01.31	350m: 6:32.61 50.88
100m: 1:48.26 57.70	200m: 3:37.16 56.57	300m: 5:41.73 1:03.26	400m: 7:20.22 47.61
9. SILVA, Maria Fabiana	05	Desportivo Nacional	7:27.87 193
50m: 47.43 47.43	150m: 2:45.30 58.99	250m: 4:45.23 1:01.66	350m: 6:39.75 52.81
100m: 1:46.31 58.88	200m: 3:43.57 58.27	300m: 5:46.94 1:01.71	400m: 7:27.87 48.12

Juvenil A, 15 anos

1. SOUSA, Joana Francisca	04	Desportivo Sao Roque	5:28.07 491
<i>Minimos para o Campeonato Zonal</i>			
50m: 35.86 35.86	150m: 1:57.85 40.60	250m: 3:26.41 47.44	350m: 4:52.94 38.51
100m: 1:17.25 41.39	200m: 2:38.97 41.12	300m: 4:14.43 48.02	400m: 5:28.07 35.13
2. FERREIRA, Maria Leonor	04	Desportivo Nacional	5:29.08 487
<i>Minimos para o Campeonato Zonal</i>			
50m: 36.56 36.56	150m: 2:01.81 41.54	250m: 3:29.39 46.78	350m: 4:53.09 38.21
100m: 1:20.27 43.71	200m: 2:42.61 40.80	300m: 4:14.88 45.49	400m: 5:29.08 35.99
3. OLIVEIRA, Sara Fernandes	04	Salesianos do Funchal	5:47.35 414
50m: 38.65 38.65	150m: 2:08.26 42.90	250m: 3:40.48 48.57	350m: 5:08.82 39.22
100m: 1:25.36 46.71	200m: 2:51.91 43.65	300m: 4:29.60 49.12	400m: 5:47.35 38.53
4. RAMOS, Barbara Emerick	04	Salesianos do Funchal	5:54.53 389
50m: 38.82 38.82	150m: 2:08.52 46.37	250m: 3:42.93 48.10	350m: 5:14.57 40.73
100m: 1:22.15 43.33	200m: 2:54.83 46.31	300m: 4:33.84 50.91	400m: 5:54.53 39.96
5. CAMACHO, Laura Fernandes	04	Naval do Funchal	5:55.23 387
50m: 38.28 38.28	150m: 2:07.78 45.14	250m: 3:45.89 52.97	350m: 5:16.89 39.25
100m: 1:22.64 44.36	200m: 2:52.92 45.14	300m: 4:37.64 51.75	400m: 5:55.23 38.34

Torneio Regional de Fundo - Juvenis
Funchal, 23 - 24/11/2018



Prova 5, Femin., 400m Estilos, Juvenil A, 15 anos

Lugar	Ano	Tempo final	Pts
6. ANDRADE, Margarida Fernandes	04 Salesianos do Funchal	6:20.57	314
50m: 41.30 41.30 150m: 2:17.38 46.80 250m: 4:02.01 58.86 350m: 5:40.54 40.79			
100m: 1:30.58 49.28 200m: 3:03.15 45.77 300m: 4:59.75 57.74 400m: 6:20.57 40.03			
7. JESUS, Mariana Caires	04 Salesianos do Funchal	6:34.69	282
50m: 41.38 41.38 150m: 2:25.13 50.63 250m: 4:13.65 58.13 350m: 5:55.87 44.99			
100m: 1:34.50 53.12 200m: 3:15.52 50.39 300m: 5:10.88 57.23 400m: 6:34.69 38.82			
8. SOARES, Ines Silva	04 Desportivo Nacional	6:47.55	256
50m: 43.18 43.18 150m: 2:27.89 51.82 250m: 4:18.39 57.92 350m: 6:02.97 46.48			
100m: 1:36.07 52.89 200m: 3:20.47 52.58 300m: 5:16.49 58.10 400m: 6:47.55 44.58			
9. RODRIGUES, Maria Carolina	04 Desportivo Nacional	7:33.83	185
50m: 45.87 45.87 150m: 2:48.60 1:00.51 250m: 4:46.83 57.52 350m: 6:42.38 55.32			
100m: 1:48.09 1:02.22 200m: 3:49.31 1:00.71 300m: 5:47.06 1:00.23 400m: 7:33.83 51.45			
DSQ FREITAS, Beatriz Castro	04 Naval do Funchal		
<i>722 - Tocou com uma mão na parede na viragem aos 225 m - SW 7.6</i>			

Juvenil Geral, 14 e 15 anos

1. SOUSA, Joana Francisca	04 Desportivo Sao Roque	5:28.07	491
<i>Minimos para o Campeonato Zonal</i>			
50m: 35.86 35.86 150m: 1:57.85 40.60 250m: 3:26.41 47.44 350m: 4:52.94 38.51			
100m: 1:17.25 41.39 200m: 2:38.97 41.12 300m: 4:14.43 48.02 400m: 5:28.07 35.13			
2. FERREIRA, Maria Leonor	04 Desportivo Nacional	5:29.08	487
<i>Minimos para o Campeonato Zonal</i>			
50m: 36.56 36.56 150m: 2:01.81 41.54 250m: 3:29.39 46.78 350m: 4:53.09 38.21			
100m: 1:20.27 43.71 200m: 2:42.61 40.80 300m: 4:14.88 45.49 400m: 5:29.08 35.99			
3. OLIVEIRA, Sara Fernandes	04 Salesianos do Funchal	5:47.35	414
50m: 38.65 38.65 150m: 2:08.26 42.90 250m: 3:40.48 48.57 350m: 5:08.82 39.22			
100m: 1:25.36 46.71 200m: 2:51.91 43.65 300m: 4:29.60 49.12 400m: 5:47.35 38.53			
4. RAMOS, Barbara Emerick	04 Salesianos do Funchal	5:54.53	389
50m: 38.82 38.82 150m: 2:08.52 46.37 250m: 3:42.93 48.10 350m: 5:14.57 40.73			
100m: 1:22.15 43.33 200m: 2:54.83 46.31 300m: 4:33.84 50.91 400m: 5:54.53 39.96			
5. CAMACHO, Laura Fernandes	04 Naval do Funchal	5:55.23	387
50m: 38.28 38.28 150m: 2:07.78 45.14 250m: 3:45.89 52.97 350m: 5:16.89 39.25			
100m: 1:22.64 44.36 200m: 2:52.92 45.14 300m: 4:37.64 51.75 400m: 5:55.23 38.34			
6. ANDRADE, Margarida Fernandes	04 Salesianos do Funchal	6:20.57	314
50m: 41.30 41.30 150m: 2:17.38 46.80 250m: 4:02.01 58.86 350m: 5:40.54 40.79			
100m: 1:30.58 49.28 200m: 3:03.15 45.77 300m: 4:59.75 57.74 400m: 6:20.57 40.03			
7. JESUS, Mariana Caires	04 Salesianos do Funchal	6:34.69	282
50m: 41.38 41.38 150m: 2:25.13 50.63 250m: 4:13.65 58.13 350m: 5:55.87 44.99			
100m: 1:34.50 53.12 200m: 3:15.52 50.39 300m: 5:10.88 57.23 400m: 6:34.69 38.82			
8. SOARES, Ines Silva	04 Desportivo Nacional	6:47.55	256
50m: 43.18 43.18 150m: 2:27.89 51.82 250m: 4:18.39 57.92 350m: 6:02.97 46.48			
100m: 1:36.07 52.89 200m: 3:20.47 52.58 300m: 5:16.49 58.10 400m: 6:47.55 44.58			
9. RODRIGUES, Maria Carolina	04 Desportivo Nacional	7:33.83	185
50m: 45.87 45.87 150m: 2:48.60 1:00.51 250m: 4:46.83 57.52 350m: 6:42.38 55.32			
100m: 1:48.09 1:02.22 200m: 3:49.31 1:00.71 300m: 5:47.06 1:00.23 400m: 7:33.83 51.45			
DSQ FREITAS, Beatriz Castro	04 Naval do Funchal		
<i>722 - Tocou com uma mão na parede na viragem aos 225 m - SW 7.6</i>			