

Prova 2

Masc., 400m Estilos

17 anos e mais velhos

23/11/2018 - 19:53

Resultados

Recorde Regional Absoluto	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Sen	4:23.27	FRANCO, Paulo Fragueiro	CDN	Felgueiras	22/11/2002
Recorde Regional Jun18	4:27.91	FRANCO, Paulo Fragueiro	CDN	Mealhada	23/03/2000
Recorde Regional Jun17	4:32.64	SILVA, Tomas Antonio	CNF	Funchal	26/03/2018

TAC Nacional Jun: 4:45.97; Sen: 4:39.69

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts
Juniores, 17 e 18 anos									
1.	RODRIGUES, Pedro Reis		02	Desportivo Sao Roque				4:57.44	496
	50m:	31.99 31.99	150m:	1:46.68	37.22	250m:	3:06.69 43.10	350m:	4:23.97 34.39
	100m:	1:09.46 37.47	200m:	2:23.59	36.91	300m:	3:49.58 42.89	400m:	4:57.44 33.47
2.	FREITAS, Joao Tomas		02	Salesianos do Funchal				5:09.12	442
	50m:	32.02 32.02	150m:	1:50.58	39.32	250m:	3:13.84 44.48	350m:	4:34.72 35.75
	100m:	1:11.26 39.24	200m:	2:29.36	38.78	300m:	3:58.97 45.13	400m:	5:09.12 34.40
3.	OLIVEIRA, Pedro Freitas		02	Naval do Funchal				5:12.07	429
	50m:	32.83 32.83	150m:	1:52.04	42.18	250m:	3:20.00 47.11	350m:	4:49.76 42.11
	100m:	1:09.86 37.03	200m:	2:32.89	40.85	300m:	4:07.65 47.65	400m:	5:12.07 22.31
4.	CASTRO, Martim Pereira		02	Escola O Liceu				5:20.20	397
	50m:	36.39 36.39	150m:	1:54.95	41.39	250m:	3:20.26 44.59	350m:	4:43.74 38.77
	100m:	1:13.56 37.17	200m:	2:35.67	40.72	300m:	4:04.97 44.71	400m:	5:20.20 36.46
5.	NUNES, Goncalo Almada		01	Salesianos do Funchal				5:59.35	281
	50m:	35.64 35.64	150m:	2:05.23	46.08	250m:	3:44.10 54.74	350m:	5:20.71 41.90
	100m:	1:19.15 43.51	200m:	2:49.36	44.13	300m:	4:38.81 54.71	400m:	5:59.35 38.64