

Prova 10

Masc., 400m Livres

Absolutos

27/10/2018 - 10:25

Resultados

Recorde Regional Absoluto	3:50.96	FRANCO Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Sen	3:50.96	FRANCO Paulo Fragueiro	CDN	S. Antonio Cavaleiros	19/12/2009
Recorde Regional Jun18	3:57.10	CASTRO Joao Cruz	CDSR	Porto	09/12/2017
Recorde Regional Jun17	3:57.38	CASTRO Joao Cruz	CDSR	Funchal	26/07/2017
Recorde Regional Juv A	4:05.44	CASTRO Joao Cruz	CDSR	Penteada	09/07/2016
Recorde Regional Juv B	4:11.24	FREITAS Tomas Miguel	CDN	Funchal	25/06/2005
Recorde Regional Inf A	4:17.08	FREITAS Tomas Miguel	CDN	Funchal	10/07/2004
Recorde Regional Inf B	4:27.04	FREITAS Tomas Miguel	CDN	Funchal	12/07/2003

TAC Zonais Inf B: 5:05.00; Inf A: 4:53.50; Juv B: 4:38.55; Juv A: 4:33.44 / TAC Nacional Inf B: 4:54.07; Inf A: 4:31.75; Juv B: 4:27.10; Juv A: 4:20.30; Jun: 4:09.77; Sen: 4:03.96

Pontos: FINA 2018

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	GOUVEIA Pedro Galvao	99	112722	Desportivo Nacional	4:04.73		652	23,00
	50m: 27.33 27.33		150m: 1:27.25 30.22	250m: 2:29.72 31.51	350m: 3:34.08 32.45	400m: 4:04.73 30.65		
	100m: 57.03 29.70		200m: 1:58.21 30.96	300m: 3:01.63 31.91				
2.	DEUS Andre Portugal	02	122429	Naval do Funchal	4:20.54		540	21,00
	50m: 29.16 29.16		150m: 1:33.65 32.87	250m: 2:39.60 32.85	350m: 3:47.07 33.61	400m: 4:20.54 33.47		
	100m: 1:00.78 31.62		200m: 2:06.75 33.10	300m: 3:13.46 33.86				
3.	RODRIGUES Pedro Reis	02	123672	Desportivo Sao Roque	4:26.04		507	20,00
	50m: 29.26 29.26		150m: 1:35.21 33.10	250m: 2:43.26 34.24	350m: 3:53.02 34.86	400m: 4:26.04 33.02		
	100m: 1:02.11 32.85		200m: 2:09.02 33.81	300m: 3:18.16 34.90				
4.	MARCOS Joao Freitas	01	123161	Salesianos do Funchal	4:34.91		460	19,00
	50m: 30.32 30.32		150m: 1:38.48 34.36	250m: 2:48.85 35.23	350m: 4:00.18 35.77	400m: 4:34.91 34.73		
	100m: 1:04.12 33.80		200m: 2:13.62 35.14	300m: 3:24.41 35.56				
5.	OLIVEIRA Jose Alexandre	03	204320	Escola O Liceu	5:06.98		330	18,00
	50m: 34.22 34.22		150m: 1:50.89 38.34	250m: 3:08.53 38.91	350m: 4:28.11 39.78	400m: 5:06.98 38.87		
	100m: 1:12.55 38.33		200m: 2:29.62 38.73	300m: 3:48.33 39.80				
DSQ	SETIM Joao Oliveira	06	205151	Naval do Funchal				-
DSQ	FERREIRA Antonio Duarte <i>Não completou o percurso.</i>	98	116995	Escola O Liceu				-
DSQ	FERNANDES Goncalo Martim <i>403 - Falsa partida - SW 4.4</i>	03	207111	Desportivo Nacional				-
DNS	SILVA Rodrigo Miranda	04	206319	Desportivo Nacional				-
EXH	FERRO Henrique Martins	01	117544	Naval do Funchal	4:25.40		511	-
	50m: 30.90 30.90		150m: 1:39.14 34.63	250m: 2:47.84 34.38	350m: 3:54.31 32.86	400m: 4:25.40 31.09		
	100m: 1:04.51 33.61		200m: 2:13.46 34.32	300m: 3:21.45 33.61				
EXH	OLIVEIRA Pedro Freitas	02	125992	Naval do Funchal	4:32.52		472	-
	50m: 31.10 31.10		150m: 1:40.65 35.29	250m: 2:50.54 34.08	350m: 3:59.32 34.64	400m: 4:32.52 33.20		
	100m: 1:05.36 34.26		200m: 2:16.46 35.81	300m: 3:24.68 34.14				
EXH	ALVES Paulo Rodrigues <i>Minimos Campeonato Zonal</i>	04	124154	Desportivo Nacional	4:38.51		442	-
	50m: 29.97 29.97		150m: 1:39.01 34.91	250m: 2:50.04 35.40	350m: 4:00.95 35.33	400m: 4:38.51 37.56		
	100m: 1:04.10 34.13		200m: 2:14.64 35.63	300m: 3:25.62 35.58				
EXH	CAMACHO Afonso Caires	04	128471	Naval do Funchal	4:39.80		436	-
	50m: 31.28 31.28		150m: 1:42.29 35.98	250m: 2:52.82 34.99	350m: 4:04.37 35.73	400m: 4:39.80 35.43		
	100m: 1:06.31 35.03		200m: 2:17.83 35.54	300m: 3:28.64 35.82				
EXH	FERNANDES Diogo Henrique	04	133152	Naval do Funchal	4:40.41		433	-
	50m: 31.47 31.47		150m: 1:42.21 36.00	250m: 2:54.82 35.54	350m: 4:06.72 36.01	400m: 4:40.41 33.69		
	100m: 1:06.21 34.74		200m: 2:19.28 37.07	300m: 3:30.71 35.89				
EXH	BARRY Rafael Francisco	04	128316	Naval do Funchal	4:41.02		430	-
	50m: 32.35 32.35		150m: 1:43.31 35.63	250m: 2:54.37 35.08	350m: 4:06.70 36.51	400m: 4:41.02 34.32		
	100m: 1:07.68 35.33		200m: 2:19.29 35.98	300m: 3:30.19 35.82				
EXH	QUINTAL Nuno Alexandre	99	104134	Desportivo Nacional	4:49.63		393	-
	50m: 29.86 29.86		150m: 1:40.58 36.32	250m: 2:56.41 38.18	350m: 4:13.72 38.60	400m: 4:49.63 35.91		
	100m: 1:04.26 34.40		200m: 2:18.23 37.65	300m: 3:35.12 38.71				
EXH	OLIVEIRA Diogo Alexandre <i>Minimos Campeonato Zonal</i>	05	130414	Naval do Funchal	4:50.94		388	-
	50m: 32.69 32.69		150m: 1:45.84 37.13	250m: 3:00.87 37.37	350m: 4:15.61 37.26	400m: 4:50.94 35.33		
	100m: 1:08.71 36.02		200m: 2:23.50 37.66	300m: 3:38.35 37.48				



Fase Insular (ANMAD) de Qualificação 3ª Divisão de Clubes
Funchal, 27/10/2018

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Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
EXH	BAPTISTA Tiago Ornelas	03	128470	Naval do Funchal	4:51.05		387	-
	50m: 32.21 32.21		150m: 1:45.02 36.95	250m: 2:59.36 37.45	350m: 4:14.16 37.21			
	100m: 1:08.07 35.86		200m: 2:21.91 36.89	300m: 3:36.95 37.59	400m: 4:51.05 36.89			
EXH	FERREIRA Leonardo Filipe	04	203400	Naval do Funchal	4:52.46		382	-
	50m: 31.63 31.63		150m: 1:44.26 37.24	250m: 2:59.20 37.41	350m: 4:16.28 38.28			
	100m: 1:07.02 35.39		200m: 2:21.79 37.53	300m: 3:38.00 38.80	400m: 4:52.46 36.18			
EXH	JAU Valter Henriques	01	202429	Desportivo Nacional	4:58.28		360	-
	50m: 32.75 32.75		150m: 1:46.78 37.54	250m: 3:02.54 38.10	350m: 4:20.64 39.58			
	100m: 1:09.24 36.49		200m: 2:24.44 37.66	300m: 3:41.06 38.52	400m: 4:58.28 37.64			
EXH	AGUILAR Luis Santos	04	124011	Desportivo Nacional	5:00.35		352	-
	50m: 32.74 32.74		150m: 1:49.80 39.02	250m: 3:08.34 38.79	350m: 4:23.29 37.62			
	100m: 1:10.78 38.04		200m: 2:29.55 39.75	300m: 3:45.67 37.33	400m: 5:00.35 37.06			
EXH	MAROTE Joao Nuno	03	200969	Desportivo Sao Roque	5:02.74		344	-
	50m: 32.53 32.53		150m: 1:48.75 38.92	250m: 3:05.96 38.51	350m: 4:23.38 38.08			
	100m: 1:09.83 37.30		200m: 2:27.45 38.70	300m: 3:45.30 39.34	400m: 5:02.74 39.36			
EXH	RODRIGUES Joao Luis	05	130527	Naval do Funchal	5:07.49		328	-
	50m: 33.10 33.10		150m: 1:49.67 39.04	250m: 3:08.93 39.59	350m: 4:28.96 39.80			
	100m: 1:10.63 37.53		200m: 2:29.34 39.67	300m: 3:49.16 40.23	400m: 5:07.49 38.53			
EXH	RAMALHO Joao Caires	02	122419	Desportivo Nacional	5:08.38		326	-
	50m: 32.70 32.70		150m: 1:48.38 38.72	250m: 3:07.97 40.12	350m: 4:29.34 40.96			
	100m: 1:09.66 36.96		200m: 2:27.85 39.47	300m: 3:48.38 40.41	400m: 5:08.38 39.04			
EXH	ABREU Nuno Afonso	03	129036	Naval do Funchal	5:11.79		315	-
	50m: 34.22 34.22		150m: 1:52.80 39.78	250m: 3:13.40 40.23	350m: 4:33.26 39.67			
	100m: 1:13.02 38.80		200m: 2:33.17 40.37	300m: 3:53.59 40.19	400m: 5:11.79 38.53			
EXH	SILVA Eduardo Rodrigues	04	148416	Salesianos do Funchal	5:15.77		303	-
	50m: 37.63 37.63		150m: 1:57.25 40.02	250m: 3:17.27 39.89	350m: 4:37.02 40.73			
	100m: 1:17.23 39.60		200m: 2:37.38 40.13	300m: 3:56.29 39.02	400m: 5:15.77 38.75			
EXH	NUNES Goncalo Almada	01	119328	Salesianos do Funchal	5:16.38		301	-
	50m: 34.61 34.61		150m: 1:55.53 41.16	250m: 3:15.55 39.77	350m: 4:34.67 42.86			
	100m: 1:14.37 39.76		200m: 2:35.78 40.25	300m: 3:51.81 36.26	400m: 5:16.38 41.71			
EXH	LEITAO Andre Freitas	05	130739	Naval do Funchal	5:20.48		290	-
	50m: 35.56 35.56		150m: 1:56.34 40.96	250m: 3:18.81 41.48	350m: 4:41.40 41.35			
	100m: 1:15.38 39.82		200m: 2:37.33 40.99	300m: 4:00.05 41.24	400m: 5:20.48 39.08			
EXH	SOUSA Lourenco Quintas	05	133162	Naval do Funchal	5:23.39		282	-
	50m: 34.83 34.83		150m: 1:56.52 42.05	250m: 3:18.69 41.24	350m: 4:39.83 39.87			
	100m: 1:14.47 39.64		200m: 2:37.45 40.93	300m: 3:59.96 41.27	400m: 5:23.39 43.56			
EXH	PAULOS Joao Afonso	06	150813	Naval do Funchal	5:25.48		277	-
	50m: 36.63 36.63		150m: 1:57.88 40.93	250m: 3:21.71 41.87	350m: 4:45.57 41.90			
	100m: 1:16.95 40.32		200m: 2:39.84 41.96	300m: 4:03.67 41.96	400m: 5:25.48 39.91			
EXH	GONCALVES Martim Luis	06	129180	Desportivo Nacional	5:28.63		269	-
	50m: 38.15 38.15		150m: 2:03.62 43.10	250m: 3:28.61 42.39	350m: 4:50.26 40.43			
	100m: 1:20.52 42.37		200m: 2:46.22 42.60	300m: 4:09.83 41.22	400m: 5:28.63 38.37			
EXH	ABREU Joao Francisco	06	133478	Naval do Funchal	5:29.05		268	-
	50m: 37.85 37.85		150m: 2:02.10 43.05	250m: 3:26.27 41.13	350m: 4:49.31 39.98			
	100m: 1:19.05 41.20		200m: 2:45.14 43.04	300m: 4:09.33 43.06	400m: 5:29.05 39.74			
EXH	FREITAS Diogo Jesus	05	130415	Desportivo Nacional	5:31.68		262	-
	50m: 35.81 35.81		150m: 1:59.77 43.08	250m: 3:27.37 43.76	350m: 4:51.97 42.71			
	100m: 1:16.69 40.88		200m: 2:43.61 43.84	300m: 4:09.26 41.89	400m: 5:31.68 39.71			
EXH	VOLOZHENIM Alexandre	05	204548	Naval do Funchal	5:32.18		260	-
	50m: 35.97 35.97		150m: 1:59.44 42.95	250m: 3:25.37 42.99	350m: 4:52.22 43.31			
	100m: 1:16.49 40.52		200m: 2:42.38 42.94	300m: 4:08.91 43.54	400m: 5:32.18 39.96			
EXH	FERRAZ Luis Afonso	06	133164	Naval do Funchal	5:38.39		246	-
	50m: 38.02 38.02		150m: 2:04.51 43.21	250m: 3:31.95 43.60	350m: 4:57.14 42.47			
	100m: 1:21.30 43.28		200m: 2:48.35 43.84	300m: 4:14.67 42.72	400m: 5:38.39 41.25			
EXH	ALVES Tiago Pires	05	148362	Salesianos do Funchal	5:48.20		226	-
	50m: 40.06 40.06		150m: 2:08.24 44.11	250m: 3:39.81 45.58	350m: 5:08.64 44.24			
	100m: 1:24.13 44.07		200m: 2:54.23 45.99	300m: 4:24.40 44.59	400m: 5:48.20 39.56			
EXH	GARANITO Simao Silva	06	204645	Naval do Funchal	5:50.94		221	-
	50m: 40.29 40.29		150m: 2:09.95 46.03	250m: 3:40.41 45.51	350m: 5:11.08 44.86			
	100m: 1:23.92 43.63		200m: 2:54.90 44.95	300m: 4:26.22 45.81	400m: 5:50.94 39.86			



Fase Insular (ANMAD) de Qualificaç o 3^a Divis o de Clubes
Funchal, 27/10/2018

FPN

Prova 10, Masc., 400m Livres

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
EXH	ALVES Andre Camara	05	202423	Desportivo Nacional	5:53.13		217	-
	50m: 39.52 39.52	150m: 2:07.38	44.22	250m: 3:38.13	45.49	350m: 5:09.87	45.93	
	100m: 1:23.16 43.64	200m: 2:52.64	45.26	300m: 4:23.94	45.81	400m: 5:53.13	43.26	
EXH	FARIA Helder Rafael	04	204384	Salesianos do Funchal	5:57.28		209	-
	50m: 40.55 40.55	150m: 2:11.44	45.41	250m: 3:44.61	46.95	350m: 5:16.39	45.52	
	100m: 1:26.03 45.48	200m: 2:57.66	46.22	300m: 4:30.87	46.26	400m: 5:57.28	40.89	
EXH	GOMES Alexandre Monteiro	04	204308	Salesianos do Funchal	6:08.90		190	-
	50m: 41.51 41.51	150m: 2:16.21	47.68	250m: 3:49.51	47.06	350m: 5:22.69	46.68	
	100m: 1:28.53 47.02	200m: 3:02.45	46.24	300m: 4:36.01	46.50	400m: 6:08.90	46.21	
EXH	FERNANDEZ Joao Guilherme	04	204311	Salesianos do Funchal	6:13.75		183	-
	50m: 41.58 41.58	150m: 2:16.18	47.96	250m: 3:51.71	47.27	350m: 5:26.21	47.45	
	100m: 1:28.22 46.64	200m: 3:04.44	48.26	300m: 4:38.76	47.05	400m: 6:13.75	47.54	
EXH	PARODI Luis Alexandre	03	206803	Escola O Liceu	6:32.62		157	-
	50m: 43.79 43.79	150m: 2:23.61	51.21	250m: 4:04.21	49.87	350m: 5:44.06	50.09	
	100m: 1:32.40 48.61	200m: 3:14.34	50.73	300m: 4:53.97	49.76	400m: 6:32.62	48.56	
EXH	SILVA Joao Luis	06	148423	Escola O Liceu	7:11.29		119	-
	50m: 46.32 46.32	150m: 2:38.43	56.44	250m: 4:28.49	52.79	350m: 6:21.40	55.16	
	100m: 1:41.99 55.67	200m: 3:35.70	57.27	300m: 5:26.24	57.75	400m: 7:11.29	49.89	
EXH	KOVAL Igor	03	206767	Desportivo Nacional	7:21.94		110	-
	50m: 43.29 43.29	150m: 2:34.61	56.25	250m: 4:27.99	58.03	350m: 6:27.64	58.41	
	100m: 1:38.36 55.07	200m: 3:29.96	55.35	300m: 5:29.23	1:01.24	400m: 7:21.94	54.30	
EXH	CASTRO Mateus Pereira	06	206597	Escola O Liceu	7:23.35		109	-
	50m: 45.25 45.25	150m: 2:37.82	57.78	250m: 4:34.12	58.27	350m: 6:30.61	59.57	
	100m: 1:40.04 54.79	200m: 3:35.85	58.03	300m: 5:31.04	56.92	400m: 7:23.35	52.74	