

Prova 26

Femin., 400m Livres

Absoluto

23/03/2019 - 17:37

Resultados

Recorde Regional Absoluto	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Sen	4:41.19	ANDRADE, Rubina Amaro	CDN	Restelo	21/12/1996
Recorde Regional Jun17	4:38.89	ANDRADE, Rubina Amaro	CDN	Famalicao	02/08/1996
Recorde Regional Jun16	4:38.61	ANDRADE, Rubina Amaro	CDN		04/08/1995
Recorde Regional Juv A	4:35.73	ANDRADE, Rubina Amaro	CDN	Greve (DEN)	23/01/1994
Recorde Regional Juv B	4:40.61	ANDRADE, Rubina Amaro	CDN		01/01/1993
Recorde Regional Inf A	4:49.56	ANDRADE, Rubina Amaro	CDN	Matur	21/07/1992
Recorde Regional Inf B	5:04.39	LOPES, Joana Cristina	CNF	Olivais	22/06/1992

TAC Regional Inf B: 7:08.64; Inf A: 6:52.83; Juv B: 6:26.05; Juv A: 6:24.86; Jun: 6:14.93; Sen: 6:06.53 / TAC Nacional Inf B: 5:19.99; Inf A: 5:05.44; Juv B: 4:56.05; Juv A: 4:51.86; Jun: 4:44.93; Sen: 4:36.53

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
-------	-----	-------------	-----	------	------	------	------

Infantil A, 13 anos

1. TEMBE, Ines Afonso	06	Desportivo Nacional	<b>6:26.55</b>	228	1:32.06	1:39.32	1:40.36	1:34.81
50m:		150m:	250m:		350m:			
100m: 1:32.06		200m: 3:11.38	300m: 4:51.74		400m: 6:26.55			

Juvenil B, 14 anos

1. ARAUJO, Maria Clara	05	Naval do Funchal	<b>5:04.07</b>	470	1:11.73	1:17.98	1:17.99	1:16.37
50m:		150m:	250m:		350m:			
100m: 1:11.73		200m: 2:29.71	300m: 3:47.70		400m: 5:04.07			
2. JARDIM, Teresa Vieira	05	Naval do Funchal	<b>5:29.04</b>	371	1:16.85	1:24.89	1:24.77	1:22.53
50m:		150m:	250m:		350m:			
100m: 1:16.85		200m: 2:41.74	300m: 4:06.51		400m: 5:29.04			
3. CARDOSO, Isabel Maria	05	Clube Sport Maritimo	<b>6:16.46</b>	247	1:28.36	1:36.33	1:37.77	1:34.00
50m:		150m:	250m:		350m:			
100m: 1:28.36		200m: 3:04.69	300m: 4:42.46		400m: 6:16.46			

Juvenil A, 15 anos

1. CAMACHO, Laura Fernan04;		Naval do Funchal	<b>5:08.52</b>	450	1:13.78	1:19.47	1:18.83	1:16.44
50m:		150m:	250m:		350m:			
100m: 1:13.78		200m: 2:33.25	300m: 3:52.08		400m: 5:08.52			
2. ANDRADE, M.	04	Salesianos do Funchal	<b>5:24.47</b>	387	1:17.69	1:23.99	1:24.06	1:18.73
50m:		150m:	250m:		350m:			
100m: 1:17.69		200m: 2:41.68	300m: 4:05.74		400m: 5:24.47			
3. OLIVEIRA, Sara Fernande04		Salesianos do Funchal	<b>5:29.83</b>	368	1:16.30	1:25.05	1:25.81	1:22.67
50m:		150m:	250m:		350m:			
100m: 1:16.30		200m: 2:41.35	300m: 4:07.16		400m: 5:29.83			
4. JESUS, Mariana Caires	04	Salesianos do Funchal	<b>5:37.60</b>	343	1:17.12	1:28.52	1:30.39	1:21.57
50m:		150m:	250m:		350m:			
100m: 1:17.12		200m: 2:45.64	300m: 4:16.03		400m: 5:37.60			
5. SOARES, Ines Silva	04	Desportivo Nacional	<b>5:56.93</b>	290	1:23.18	1:31.56	1:32.33	1:29.86
50m:		150m:	250m:		350m:			
100m: 1:23.18		200m: 2:54.74	300m: 4:27.07		400m: 5:56.93			

Junior, 16 e 17 anos

1. JESUS, Filipa Mafalda	03	Desportivo Sao Roque	<b>5:23.29</b>	391	1:16.42	1:23.70	1:22.94	1:20.23
50m:		150m:	250m:		350m:			
100m: 1:16.42		200m: 2:40.12	300m: 4:03.06		400m: 5:23.29			
2. LECA, Natasha Maria	03	Desportivo Nacional	<b>5:45.38</b>	320	1:20.37	1:29.27	1:30.60	1:25.14
50m:		150m:	250m:		350m:			
100m: 1:20.37		200m: 2:49.64	300m: 4:20.24		400m: 5:45.38			
3. PEREIRA, Luisa Tovela	03	Desportivo Nacional	<b>5:46.00</b>	319	1:19.56	1:29.11	1:31.06	1:26.27
50m:		150m:	250m:		350m:			
100m: 1:19.56		200m: 2:48.67	300m: 4:19.73		400m: 5:46.00			
4. SILVA, Gabriela Suamade02		Desportivo Sao Roque	<b>5:54.67</b>	296	1:21.76	1:31.76	1:32.09	1:29.06
50m:		150m:	250m:		350m:			
100m: 1:21.76		200m: 2:53.52	300m: 4:25.61		400m: 5:54.67			

Prova 26, Femin., 400m Livres

Senior, 18 anos e mais velhos

1. TELES, Anabela Corte	01	Individual Madeira	<b>5:11.20</b> 438	1:14.11	1:19.71	1:19.51	1:17.87
50m:		150m:	250m:	350m:			
100m: 1:14.11		200m: 2:33.82	300m: 3:53.33	400m: 5:11.20			
2. LUIS, Jessica Santos	00	Desportivo Sao Roque	<b>5:17.11</b> 414	1:12.61	1:21.37	1:22.23	1:20.90
50m:		150m:	250m:	350m:			
100m: 1:12.61		200m: 2:33.98	300m: 3:56.21	400m: 5:17.11			

Absoluto, 14 anos e mais velhas

1. ARAUJO, Maria Clara	05	Naval do Funchal	<b>5:04.07</b> 470	1:11.73	1:17.98	1:17.99	1:16.37
50m:		150m:	250m:	350m:			
100m: 1:11.73		200m: 2:29.71	300m: 3:47.70	400m: 5:04.07			
2. CAMACHO, Laura Fernan04s		Naval do Funchal	<b>5:08.52</b> 450	1:13.78	1:19.47	1:18.83	1:16.44
50m:		150m:	250m:	350m:			
100m: 1:13.78		200m: 2:33.25	300m: 3:52.08	400m: 5:08.52			
3. TELES, Anabela Corte	01	Individual Madeira	<b>5:11.20</b> 438	1:14.11	1:19.71	1:19.51	1:17.87
50m:		150m:	250m:	350m:			
100m: 1:14.11		200m: 2:33.82	300m: 3:53.33	400m: 5:11.20			
4. LUIS, Jessica Santos	00	Desportivo Sao Roque	<b>5:17.11</b> 414	1:12.61	1:21.37	1:22.23	1:20.90
50m:		150m:	250m:	350m:			
100m: 1:12.61		200m: 2:33.98	300m: 3:56.21	400m: 5:17.11			
5. JESUS, Filipa Mafalda	03	Desportivo Sao Roque	<b>5:23.29</b> 391	1:16.42	1:23.70	1:22.94	1:20.23
50m:		150m:	250m:	350m:			
100m: 1:16.42		200m: 2:40.12	300m: 4:03.06	400m: 5:23.29			
6. ANDRADE, M.	04	Salesianos do Funchal	<b>5:24.47</b> 387	1:17.69	1:23.99	1:24.06	1:18.73
50m:		150m:	250m:	350m:			
100m: 1:17.69		200m: 2:41.68	300m: 4:05.74	400m: 5:24.47			
7. JARDIM, Teresa Vieira	05	Naval do Funchal	<b>5:29.04</b> 371	1:16.85	1:24.89	1:24.77	1:22.53
50m:		150m:	250m:	350m:			
100m: 1:16.85		200m: 2:41.74	300m: 4:06.51	400m: 5:29.04			
8. OLIVEIRA, Sara Fernande04		Salesianos do Funchal	<b>5:29.83</b> 368	1:16.30	1:25.05	1:25.81	1:22.67
50m:		150m:	250m:	350m:			
100m: 1:16.30		200m: 2:41.35	300m: 4:07.16	400m: 5:29.83			
9. JESUS, Mariana Caires	04	Salesianos do Funchal	<b>5:37.60</b> 343	1:17.12	1:28.52	1:30.39	1:21.57
50m:		150m:	250m:	350m:			
100m: 1:17.12		200m: 2:45.64	300m: 4:16.03	400m: 5:37.60			
10. LECA, Natasha Maria	03	Desportivo Nacional	<b>5:45.38</b> 320	1:20.37	1:29.27	1:30.60	1:25.14
50m:		150m:	250m:	350m:			
100m: 1:20.37		200m: 2:49.64	300m: 4:20.24	400m: 5:45.38			
11. PEREIRA, Luisa Tovela	03	Desportivo Nacional	<b>5:46.00</b> 319	1:19.56	1:29.11	1:31.06	1:26.27
50m:		150m:	250m:	350m:			
100m: 1:19.56		200m: 2:48.67	300m: 4:19.73	400m: 5:46.00			
12. SILVA, Gabriela Suamade02		Desportivo Sao Roque	<b>5:54.67</b> 296	1:21.76	1:31.76	1:32.09	1:29.06
50m:		150m:	250m:	350m:			
100m: 1:21.76		200m: 2:53.52	300m: 4:25.61	400m: 5:54.67			
13. SOARES, Ines Silva	04	Desportivo Nacional	<b>5:56.93</b> 290	1:23.18	1:31.56	1:32.33	1:29.86
50m:		150m:	250m:	350m:			
100m: 1:23.18		200m: 2:54.74	300m: 4:27.07	400m: 5:56.93			
14. CARDOSO, Isabel Maria	05	Clube Sport Maritimo	<b>6:16.46</b> 247	1:28.36	1:36.33	1:37.77	1:34.00
50m:		150m:	250m:	350m:			
100m: 1:28.36		200m: 3:04.69	300m: 4:42.46	400m: 6:16.46			