

Prova 24

Femin., 400m Estilos

Absoluto

23/03/2019 - 17:02

Resultados

Recorde Regional Absoluto	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Sen	5:07.00	QUINTAL, Fabiana Maria	CDN	Coimbra	31/05/2009
Recorde Regional Jun17	5:30.47	ROSA, Beatriz Jong	CDWT	Funchal	18/03/2017
Recorde Regional Jun16	5:25.48	CERDAS, Sara Rodrigues	CNF	Funchal	07/07/2005
Recorde Regional Juv A	5:32.07	ROSA, Beatriz Jong	CDN	Funchal	04/07/2015
Recorde Regional Juv B	5:24.54	SOUSA, Susana Margarida	CFU	Olivais	08/08/1991
Recorde Regional Inf A	5:33.79	CORREIA, Marta Corte	CNF	Famalicao	25/07/1997
Recorde Regional Inf B	5:48.91	FERREIRA, Maria Leonor	CDN	Funchal	02/07/2016

TAC Regional Inf B: 7:50.66; Inf A: 7:30.77; Juv B: 7:04.75; Juv A: 7:00.41; Jun: 6:50.09; Sen: 6:38.97 / TAC Nacional Inf B: 6:15.54; Inf A: 5:57.92; Juv B: 5:44.75; Juv A: 5:40.41; Jun: 5:30.09; Sen: 5:18.97

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
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Infantil A, 13 anos

1. SILVA, Silvana Suamade	06	Desportivo Sao Roque	<b>6:05.00</b>	388	1:24.87	1:29.44	1:46.61	1:24.08
50m:		150m:	250m:		350m:			
100m: 1:24.87		200m: 2:54.31	300m: 4:40.92		400m: 6:05.00			

Juvenil A, 15 anos

1. FERREIRA, Maria Leonor	04	Desportivo Nacional	<b>5:35.12</b>	502	1:19.34	1:23.59	1:37.26	1:14.93
<i>Minimo Campeonato Nacional</i>								
50m:		150m:	250m:		350m:			
100m: 1:19.34		200m: 2:42.93	300m: 4:20.19		400m: 5:35.12			
2. RAMOS, Barbara Emerick	04	Salesianos do Funchal	<b>5:57.34</b>	414	1:19.10	1:33.79	1:46.88	1:17.57
50m:		150m:	250m:		350m:			
100m: 1:19.10		200m: 2:52.89	300m: 4:39.77		400m: 5:57.34			

Absoluto, 14 anos e mais velhas

1. FERREIRA, Maria Leonor	04	Desportivo Nacional	<b>5:35.12</b>	502	1:19.34	1:23.59	1:37.26	1:14.93
<i>Minimo Campeonato Nacional</i>								
50m:		150m:	250m:		350m:			
100m: 1:19.34		200m: 2:42.93	300m: 4:20.19		400m: 5:35.12			
2. RAMOS, Barbara Emerick	04	Salesianos do Funchal	<b>5:57.34</b>	414	1:19.10	1:33.79	1:46.88	1:17.57
50m:		150m:	250m:		350m:			
100m: 1:19.10		200m: 2:52.89	300m: 4:39.77		400m: 5:57.34			