

Torneio Francisco Rodrigues de Sousa  
Funchal, 26 - 27/1/2018

Prova 21

Masc., 400m Livres

13 anos e mais velhos

27/01/2018 - 12:16

Resultados

REC_ANMAD_P50m Absoluto	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
REC_ANMAD_P50m 13	4:37.33	FRANCO, Paulo Fragueiro	CDN	Olivais	28/07/1995
REC_ANMAD_P50m 14	4:25.14	ALMEIDA, Carlos Alexandre	CDN	Restelo	26/07/2003
REC_ANMAD_P50m 15	4:17.97	FREITAS, Tomas Miguel	CDN	Coimbra	23/07/2005
REC_ANMAD_P50m 16	4:14.87	FRANCO, Paulo Fragueiro	CDN	Jamor	31/07/1998
REC_ANMAD_P50m 17	4:07.82	FRANCO, Paulo Fragueiro	CDN	Famalicao	06/08/1999
REC_ANMAD_P50m 18	4:07.78	GOUVEIA, Pedro Galvao	CDN	Coimbra	02/04/2017
REC_ANMAD_P50m 19 +	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
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Infantil B, 13 anos

1. RODRIGUES, Joao Luis	05	Clube Naval do Funchal	<b>5:12.92</b>	347	1:14.32	1:20.17	1:20.80	1:17.63
50m:		150m:	250m:		350m:			
100m:	1:14.32	200m:	300m:	3:55.29	400m:	5:12.92		
2. SANTOS, Nuno Goncalo	05	C. Desportivo Sao Roque	<b>5:25.99</b>	307	1:15.80	1:23.23	1:24.42	1:22.54
50m:		150m:	250m:		350m:			
100m:	1:15.80	200m:	300m:	4:03.45	400m:	5:25.99		
3. DIAS, Andre Vicente	05	Desportivo Nacional	<b>5:48.78</b>	251	1:24.42	1:29.64	1:30.03	1:24.69
50m:		150m:	250m:		350m:			
100m:	1:24.42	200m:	300m:	4:24.09	400m:	5:48.78		
4. FERREIRA, Joao Miguel	05	C. Desportivo Sao Roque	<b>6:53.68</b>	150	1:35.43	1:45.59	1:46.43	1:46.23
50m:		150m:	250m:		350m:			
100m:	1:35.43	200m:	300m:	5:07.45	400m:	6:53.68		
5. JESUS, Pedro Miguel	05	Juventude Atlantico Clube	<b>8:08.97</b>	91	1:50.71	2:09.39	2:07.77	2:01.10
50m:		150m:	250m:		350m:			
100m:	1:50.71	200m:	300m:	6:07.87	400m:	8:08.97		

Infantil A, 14 anos

1. RODRIGUES, Rodrigo Re04		C. Desportivo Sao Roque	<b>4:56.15</b>	410	1:11.00	1:16.33	1:16.01	1:12.81
50m:		150m:	250m:		350m:			
100m:	1:11.00	200m:	300m:	3:43.34	400m:	4:56.15		
2. FERNANDES, Diogo Henri04		Clube Naval do Funchal	<b>5:08.13</b>	364	1:12.41	1:18.85	1:20.15	1:16.72
50m:		150m:	250m:		350m:			
100m:	1:12.41	200m:	300m:	3:51.41	400m:	5:08.13		
3. TELES, Artur Corte	04	C. Desportivo Sao Roque	<b>5:11.53</b>	352	1:13.39	1:19.72	1:20.67	1:17.75
50m:		150m:	250m:		350m:			
100m:	1:13.39	200m:	300m:	3:53.78	400m:	5:11.53		
4. AGUILAR, Luis Santos	04	Desportivo Nacional	<b>5:22.57</b>	317	1:16.55	1:24.40	1:23.33	1:18.29
50m:		150m:	250m:		350m:			
100m:	1:16.55	200m:	300m:	4:04.28	400m:	5:22.57		
5. SILVA, Eduardo Rodrigue04		Juventude Atlantico Clube	<b>5:51.80</b>	244	1:26.78	1:31.34	1:28.98	1:24.70
50m:		150m:	250m:		350m:			
100m:	1:26.78	200m:	300m:	4:27.10	400m:	5:51.80		
6. LEAL, Diogo Silva	04	Juventude Atlantico Clube	<b>6:05.20</b>	218	1:24.14	1:36.23	1:37.65	1:27.18
50m:		150m:	250m:		350m:			
100m:	1:24.14	200m:	300m:	4:38.02	400m:	6:05.20		
7. PEREIRA, Jordao Abreu	04	Juventude Atlantico Clube	<b>6:06.90</b>	215	1:28.81	1:35.22	1:34.47	1:28.40
50m:		150m:	250m:		350m:			
100m:	1:28.81	200m:	300m:	4:38.50	400m:	6:06.90		
8. GONCALVES, Vitor Afonsc04		Juventude Atlantico Clube	<b>6:18.12</b>	197	1:29.13	1:37.14	1:37.06	1:34.79
50m:		150m:	250m:		350m:			
100m:	1:29.13	200m:	300m:	4:43.33	400m:	6:18.12		
9. FERNANDEZ, Joao Guilhe04		Juventude Atlantico Clube	<b>6:34.98</b>	172	1:34.76	1:42.13	1:40.23	1:37.86
50m:		150m:	250m:		350m:			
100m:	1:34.76	200m:	300m:	4:57.12	400m:	6:34.98		
10. FARIA, Helder Rafael	04	Juventude Atlantico Clube	<b>6:40.88</b>	165	1:34.81	1:44.45	1:45.53	1:36.09
50m:		150m:	250m:		350m:			
100m:	1:34.81	200m:	300m:	5:04.79	400m:	6:40.88		

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Juvenil B, 15 anos

1. FERNANDES, Rui Afonso 03	Desportivo Nacional	<b>4:43.11</b> 469	1:07.49	1:12.68	1:12.58	1:10.36
50m:	150m:	250m:	350m:			
100m: 1:07.49	200m: 2:20.17	300m: 3:32.75	400m: 4:43.11			
2. LOPES, Pedro Henrique 03	C. Desportivo Sao Roque	<b>4:47.26</b> 449	1:07.54	1:13.87	1:14.13	1:11.72
50m:	150m:	250m:	350m:			
100m: 1:07.54	200m: 2:21.41	300m: 3:35.54	400m: 4:47.26			
3. MELIM, Bruno Pontes 03	Juventude Atlantico Clube	<b>5:20.98</b> 322	1:17.39	1:22.45	1:23.17	1:17.97
50m:	150m:	250m:	350m:			
100m: 1:17.39	200m: 2:39.84	300m: 4:03.01	400m: 5:20.98			
4. VIEIRA, Emanuel Eloi 03	C. Desportivo Sao Roque	<b>5:38.27</b> 275	1:20.16	1:26.64	1:27.48	1:23.99
50m:	150m:	250m:	350m:			
100m: 1:20.16	200m: 2:46.80	300m: 4:14.28	400m: 5:38.27			
5. RODRIGUES, Renato Cor03a	Juventude Atlantico Clube	<b>5:48.99</b> 250	1:21.61	1:32.29	1:30.79	1:24.30
50m:	150m:	250m:	350m:			
100m: 1:21.61	200m: 2:53.90	300m: 4:24.69	400m: 5:48.99			
6. VIEIRA, Rodrigo Carvalho 03	Ludens de Machico	<b>5:55.96</b> 236	1:22.18	1:32.80	1:32.53	1:28.45
50m:	150m:	250m:	350m:			
100m: 1:22.18	200m: 2:54.98	300m: 4:27.51	400m: 5:55.96			
7. FARIA, Martim Diogo 03	Juventude Atlantico Clube	<b>6:11.72</b> 207	1:22.74	1:38.31	1:39.80	1:30.87
50m:	150m:	250m:	350m:			
100m: 1:22.74	200m: 3:01.05	300m: 4:40.85	400m: 6:11.72			

Juvenil A, 16 anos

1. RODRIGUES, Pedro Reis 02	C. Desportivo Sao Roque	<b>4:28.12</b> 552	1:03.43	1:07.73	1:08.78	1:08.18
50m:	150m:	250m:	350m:			
100m: 1:03.43	200m: 2:11.16	300m: 3:19.94	400m: 4:28.12			
2. SILVA, Joao Jesus 02	Juventude Atlantico Clube	<b>4:44.18</b> 464	1:07.17	1:13.51	1:13.27	1:10.23
50m:	150m:	250m:	350m:			
100m: 1:07.17	200m: 2:20.68	300m: 3:33.95	400m: 4:44.18			
3. OLIVEIRA, Pedro Freitas 02	Clube Naval do Funchal	<b>4:45.60</b> 457	1:08.12	1:13.26	1:12.62	1:11.60
50m:	150m:	250m:	350m:			
100m: 1:08.12	200m: 2:21.38	300m: 3:34.00	400m: 4:45.60			
4. FREITAS, Joao Tomas 02	Juventude Atlantico Clube	<b>4:55.75</b> 412	1:09.33	1:16.65	1:16.99	1:12.78
50m:	150m:	250m:	350m:			
100m: 1:09.33	200m: 2:25.98	300m: 3:42.97	400m: 4:55.75			
5. CASTRO, Martim Pereira 02	Clube Escola O Liceu	<b>5:00.00</b> 394	1:11.30	1:16.40	1:17.13	1:15.17
50m:	150m:	250m:	350m:			
100m: 1:11.30	200m: 2:27.70	300m: 3:44.83	400m: 5:00.00			
6. BELO, Francisco Miguel 02	C. Desportivo Sao Roque	<b>5:02.15</b> 386	1:10.58	1:16.03	1:17.21	1:18.33
50m:	150m:	250m:	350m:			
100m: 1:10.58	200m: 2:26.61	300m: 3:43.82	400m: 5:02.15			
7. RAMALHO, Joao Caires 02	Desportivo Nacional	<b>5:32.78</b> 289	1:14.30	1:24.50	1:27.90	1:26.08
50m:	150m:	250m:	350m:			
100m: 1:14.30	200m: 2:38.80	300m: 4:06.70	400m: 5:32.78			
8. GONCALVES, Joao Paulo 02	Juventude Atlantico Clube	<b>5:37.40</b> 277	1:16.08	1:26.27	1:30.05	1:25.00
50m:	150m:	250m:	350m:			
100m: 1:16.08	200m: 2:42.35	300m: 4:12.40	400m: 5:37.40			

Juniores, 17 e 18 anos

1. CASTRO, Joao Cruz 00	C. Desportivo Sao Roque	<b>4:25.16</b> 571	1:03.74	1:07.47	1:08.29	1:05.66
50m:	150m:	250m:	350m:			
100m: 1:03.74	200m: 2:11.21	300m: 3:19.50	400m: 4:25.16			
2. GAMA, Ibrahim Jose 01	Juventude Atlantico Clube	<b>5:20.37</b> 324	1:13.34	1:20.93	1:23.25	1:22.85
50m:	150m:	250m:	350m:			
100m: 1:13.34	200m: 2:34.27	300m: 3:57.52	400m: 5:20.37			
3. PRIOSTE, Pedro Danilo 01	C. Desportivo Sao Roque	<b>5:31.94</b> 291	1:15.51	1:24.35	1:26.63	1:25.45
50m:	150m:	250m:	350m:			
100m: 1:15.51	200m: 2:39.86	300m: 4:06.49	400m: 5:31.94			

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Prova 21, Masc., 400m Livres, Juniores, 17 e 18 anos

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
4.	NUNES, Goncalo Almada 01	Juventude Atlantico Clube	<b>5:52.16</b>	244	1:23.12	1:32.82	1:32.55	1:23.67
	50m:	150m:	250m:			350m:		
	100m: 1:23.12	200m: 2:55.94	300m: 4:28.49			400m: 5:52.16		