

Prova 9 Masc., 400m Livres 13 anos e mais velhos
05/05/2018 - 9:30 Resultados

Recordes Regionais Absoluto	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recordes Regionais 19 +	3:58.51	FRANCO, Paulo Fragueiro	CDN	Faro	20/07/2009
Recordes Regionais 18	4:07.78	GOUVEIA, Pedro Galvao	CDN	Coimbra	02/04/2017
Recordes Regionais 17	4:07.82	FRANCO, Paulo Fragueiro	CDN	Famalicao	06/08/1999
Recordes Regionais 16	4:14.87	FRANCO, Paulo Fragueiro	CDN	Jamor	31/07/1998
Recordes Regionais 15	4:17.97	FREITAS, Tomas Miguel	CDN	Coimbra	23/07/2005
Recordes Regionais 14	4:25.14	ALMEIDA, Carlos Alexandre	CDN	Restelo	26/07/2003
Recordes Regionais 13	4:37.33	FRANCO, Paulo Fragueiro	CDN	Olivais	28/07/1995

TAC 13: 4:59.43; 14: 4:42.05; 15: 4:32.48; 16: 4:25.47; 17 - 18: 4:17.41; 19 +: 4:10.56

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
Infantil B, 13 anos							
1. OLIVEIRA, Diogo Alexandr05	Clube Naval do Funchal	4:57.70	403	1:09.02	2:25.47	3:42.45	4:57.70
<i>Mínimos Camp. Nacional de Infantis</i>							
50m:	150m:	250m:	350m:				
100m: 1:09.02	200m: 2:25.47	300m: 3:42.45	400m: 4:57.70				
2. RODRIGUES, Joao Luis 05	Clube Naval do Funchal	5:11.96	351	1:12.59	2:32.91	3:53.19	5:11.96
50m:	150m:	250m:	350m:				
100m: 1:12.59	200m: 2:32.91	300m: 3:53.19	400m: 5:11.96				
3. SOUSA, Lourenco Quintas05	Clube Naval do Funchal	5:17.54	332	1:14.23	2:35.29	3:57.54	5:17.54
50m:	150m:	250m:	350m:				
100m: 1:14.23	200m: 2:35.29	300m: 3:57.54	400m: 5:17.54				
4. GOUVEIA, Luis Galvao 05	Desportivo Nacional	5:17.98	331	1:15.22	2:38.56	4:01.96	5:17.98
50m:	150m:	250m:	350m:				
100m: 1:15.22	200m: 2:38.56	300m: 4:01.96	400m: 5:17.98				
5. LEITAO, Andre Freitas 05	Clube Naval do Funchal	5:25.99	307	1:17.40	2:40.49	4:04.77	5:25.99
50m:	150m:	250m:	350m:				
100m: 1:17.40	200m: 2:40.49	300m: 4:04.77	400m: 5:25.99				
6. DIAS, Andre Vicente 05	Desportivo Nacional	5:31.24	293	1:16.39	2:42.95	4:11.14	5:31.24
50m:	150m:	250m:	350m:				
100m: 1:16.39	200m: 2:42.95	300m: 4:11.14	400m: 5:31.24				
7. BOULHOSA, Rodrigo Abre05	Clube Naval do Funchal	5:31.91	291	1:19.31	2:46.18	4:12.14	5:31.91
50m:	150m:	250m:	350m:				
100m: 1:19.31	200m: 2:46.18	300m: 4:12.14	400m: 5:31.91				
8. VOLOZHENIM, Alexandre 05	Clube Naval do Funchal	6:06.49	216	1:27.06	3:01.71	4:37.59	6:06.49
50m:	150m:	250m:	350m:				
100m: 1:27.06	200m: 3:01.71	300m: 4:37.59	400m: 6:06.49				
9. SILVA, Tony Stefano 05	Clube Naval do Funchal	6:13.88	203	1:31.08	3:08.05	4:46.05	6:13.88
50m:	150m:	250m:	350m:				
100m: 1:31.08	200m: 3:08.05	300m: 4:46.05	400m: 6:13.88				
10. ALVES, Tiago Pires 05	Juventude Atlantico Clube	6:20.72	193	1:31.25	3:08.63	4:47.36	6:20.72
50m:	150m:	250m:	350m:				
100m: 1:31.25	200m: 3:08.63	300m: 4:47.36	400m: 6:20.72				
11. MENDES, Juan Diego 05	Desportivo Nacional	7:13.20	131	1:37.19	3:30.04	5:22.69	7:13.20
50m:	150m:	250m:	350m:				
100m: 1:37.19	200m: 3:30.04	300m: 5:22.69	400m: 7:13.20				
12. ALVES, Luis Fernandez 05	Juventude Atlantico Clube	7:13.63	130	1:35.50	3:26.53	5:22.36	7:13.63
50m:	150m:	250m:	350m:				
100m: 1:35.50	200m: 3:26.53	300m: 5:22.36	400m: 7:13.63				
13. JESUS, Pedro Miguel 05	Juventude Atlantico Clube	7:20.95	124	1:42.93	3:38.05	5:32.39	7:20.95
50m:	150m:	250m:	350m:				
100m: 1:42.93	200m: 3:38.05	300m: 5:32.39	400m: 7:20.95				
14. NUNES, Andre Maltez 05	Desportivo Nacional	7:43.20	107	1:46.02	3:42.77	5:42.16	7:43.20
50m:	150m:	250m:	350m:				
100m: 1:46.02	200m: 3:42.77	300m: 5:42.16	400m: 7:43.20				
DNS SANTOS, B. 05	Juventude Atlantico Clube						

Prova 9, Masc., 400m Livres

Infantil A, 14 anos

1. ALVES, Paulo Rodrigues 04	Desportivo Nacional	4:44.26 464	1:07.38 2:20.30 3:33.72 4:44.26
50m:	150m:	250m:	350m:
100m: 1:07.38	200m: 2:20.30	300m: 3:33.72	400m: 4:44.26
2. CAMACHO, Afonso Caires04	Clube Naval do Funchal	4:48.16 445	1:06.82 2:20.78 3:34.72 4:48.16
50m:	150m:	250m:	350m:
100m: 1:06.82	200m: 2:20.78	300m: 3:34.72	400m: 4:48.16
3. RODRIGUES, Rodrigo Re04	Desportivo Sao Roque	4:53.32 422	1:10.27 2:25.43 3:41.02 4:53.32
50m:	150m:	250m:	350m:
100m: 1:10.27	200m: 2:25.43	300m: 3:41.02	400m: 4:53.32
4. FERNANDES, Diogo Henri04	Clube Naval do Funchal	5:03.03 383	1:11.68 2:30.97 3:47.03 5:03.03
50m:	150m:	250m:	350m:
100m: 1:11.68	200m: 2:30.97	300m: 3:47.03	400m: 5:03.03
5. AGUILAR, Luis Santos 04	Desportivo Nacional	5:13.22 346	1:13.73 2:34.72 3:55.57 5:13.22
50m:	150m:	250m:	350m:
100m: 1:13.73	200m: 2:34.72	300m: 3:55.57	400m: 5:13.22
6. FERNANDES, Martim Pes04	Clube Naval do Funchal	5:13.68 345	1:12.34 2:33.24 3:55.04 5:13.68
50m:	150m:	250m:	350m:
100m: 1:12.34	200m: 2:33.24	300m: 3:55.04	400m: 5:13.68
7. NUNES, Afonso Miguel 04	Juventude Atlantico Clube	5:19.15 327	1:15.25 2:38.36 4:01.49 5:19.15
50m:	150m:	250m:	350m:
100m: 1:15.25	200m: 2:38.36	300m: 4:01.49	400m: 5:19.15
8. FERREIRA, Leonardo Filip04	Clube Naval do Funchal	5:21.48 320	1:12.66 2:34.69 3:59.45 5:21.48
50m:	150m:	250m:	350m:
100m: 1:12.66	200m: 2:34.69	300m: 3:59.45	400m: 5:21.48
9. LEAL, Diogo Silva 04	Juventude Atlantico Clube	6:07.27 215	1:25.51 3:00.80 4:40.48 6:07.27
50m:	150m:	250m:	350m:
100m: 1:25.51	200m: 3:00.80	300m: 4:40.48	400m: 6:07.27
10. PEREIRA, Diogo Gameiro04	Clube Naval do Funchal	6:14.83 202	1:28.91 3:05.38 4:41.75 6:14.83
50m:	150m:	250m:	350m:
100m: 1:28.91	200m: 3:05.38	300m: 4:41.75	400m: 6:14.83

DNS BARRY, Rafael Francisco 04 Clube Naval do Funchal

Juvenil B, 15 anos

1. LOPES, Pedro Henrique 03	Desportivo Sao Roque	4:43.30 468	1:06.42 2:18.80 3:31.66 4:43.30
50m:	150m:	250m:	350m:
100m: 1:06.42	200m: 2:18.80	300m: 3:31.66	400m: 4:43.30
2. FARIA, Joao Pedro 03	Clube Naval do Funchal	5:13.04 347	1:10.90 2:30.35 3:52.16 5:13.04
50m:	150m:	250m:	350m:
100m: 1:10.90	200m: 2:30.35	300m: 3:52.16	400m: 5:13.04
3. AGUIAR, Pedro Ferreira 03	Clube Naval do Funchal	5:21.45 320	1:13.19 2:35.05 3:59.44 5:21.45
50m:	150m:	250m:	350m:
100m: 1:13.19	200m: 2:35.05	300m: 3:59.44	400m: 5:21.45
4. OLIVEIRA, Jose Alexandre03	Clube Escola O Liceu	5:22.03 319	1:16.27 2:39.14 4:03.14 5:22.03
50m:	150m:	250m:	350m:
100m: 1:16.27	200m: 2:39.14	300m: 4:03.14	400m: 5:22.03
5. ANDRADE, Pedro Afonso 03	Individual Madeira	5:32.10 290	1:17.20 2:44.17 4:09.91 5:32.10
50m:	150m:	250m:	350m:
100m: 1:17.20	200m: 2:44.17	300m: 4:09.91	400m: 5:32.10
6. ABREU, Nuno Afonso 03	Clube Naval do Funchal	5:32.33 290	1:18.15 2:44.83 4:11.10 5:32.33
50m:	150m:	250m:	350m:
100m: 1:18.15	200m: 2:44.83	300m: 4:11.10	400m: 5:32.33
7. CANDELARIA, L. 03	Clube Naval do Funchal	5:42.28 265	1:16.88 2:45.36 4:14.06 5:42.28
50m:	150m:	250m:	350m:
100m: 1:16.88	200m: 2:45.36	300m: 4:14.06	400m: 5:42.28
8. ABREU, Tiago Gomes 03	Clube Naval do Funchal	6:11.87 207	1:27.72 3:02.45 4:38.90 6:11.87
50m:	150m:	250m:	350m:
100m: 1:27.72	200m: 3:02.45	300m: 4:38.90	400m: 6:11.87

Prova 9, Masc., 400m Livres

Juvenil A, 16 anos

1. RODRIGUES, Pedro Reis02	Desportivo Sao Roque	4:23.42	583	1:01.96	2:08.60	3:16.55	4:23.42
<i>Mínimos OPEN de Portugal (JUV e ABS)</i>							
50m:		150m:		250m:		350m:	
100m: 1:01.96		200m: 2:08.60		300m: 3:16.55		400m: 4:23.42	
2. OLIVEIRA, Pedro Freitas 02	Clube Naval do Funchal	4:40.26	484	1:04.90	2:15.60	3:28.47	4:40.26
50m:		150m:		250m:		350m:	
100m: 1:04.90		200m: 2:15.60		300m: 3:28.47		400m: 4:40.26	
3. GRACA, Fernando Guerre02	Clube Naval do Funchal	4:41.77	476	1:06.24	2:20.12	3:33.65	4:41.77
50m:		150m:		250m:		350m:	
100m: 1:06.24		200m: 2:20.12		300m: 3:33.65		400m: 4:41.77	
4. ALVES, Afonso Pinto 02	Clube Naval do Funchal	4:43.73	466	1:06.45	2:19.47	3:32.81	4:43.73
50m:		150m:		250m:		350m:	
100m: 1:06.45		200m: 2:19.47		300m: 3:32.81		400m: 4:43.73	
5. CASTRO, Martim Pereira 02	Clube Escola O Liceu	4:51.78	429	1:08.45	2:23.17	3:38.83	4:51.78
50m:		150m:		250m:		350m:	
100m: 1:08.45		200m: 2:23.17		300m: 3:38.83		400m: 4:51.78	
6. BELO, Francisco Miguel 02	Desportivo Sao Roque	5:06.98	368	1:11.30	2:28.72	3:47.94	5:06.98
50m:		150m:		250m:		350m:	
100m: 1:11.30		200m: 2:28.72		300m: 3:47.94		400m: 5:06.98	

Junior, 17 e 18 anos

1. GAMA, Ibrahim Jose 01	Juventude Atlantico Clube	5:22.36	318	1:13.41	2:35.73	3:59.70	5:22.36
50m:		150m:		250m:		350m:	
100m: 1:13.41		200m: 2:35.73		300m: 3:59.70		400m: 5:22.36	

DNS FERRO, Henrique Martins01 Clube Naval do Funchal

Absoluto, 13 anos e mais velhos

1. RODRIGUES, Pedro Reis02	Desportivo Sao Roque	4:23.42	583	1:01.96	2:08.60	3:16.55	4:23.42
<i>Mínimos OPEN de Portugal (JUV e ABS)</i>							
50m:		150m:		250m:		350m:	
100m: 1:01.96		200m: 2:08.60		300m: 3:16.55		400m: 4:23.42	
2. OLIVEIRA, Pedro Freitas 02	Clube Naval do Funchal	4:40.26	484	1:04.90	2:15.60	3:28.47	4:40.26
50m:		150m:		250m:		350m:	
100m: 1:04.90		200m: 2:15.60		300m: 3:28.47		400m: 4:40.26	
3. GRACA, Fernando Guerre02	Clube Naval do Funchal	4:41.77	476	1:06.24	2:20.12	3:33.65	4:41.77
50m:		150m:		250m:		350m:	
100m: 1:06.24		200m: 2:20.12		300m: 3:33.65		400m: 4:41.77	
4. LOPES, Pedro Henrique 03	Desportivo Sao Roque	4:43.30	468	1:06.42	2:18.80	3:31.66	4:43.30
50m:		150m:		250m:		350m:	
100m: 1:06.42		200m: 2:18.80		300m: 3:31.66		400m: 4:43.30	
5. ALVES, Afonso Pinto 02	Clube Naval do Funchal	4:43.73	466	1:06.45	2:19.47	3:32.81	4:43.73
50m:		150m:		250m:		350m:	
100m: 1:06.45		200m: 2:19.47		300m: 3:32.81		400m: 4:43.73	
6. ALVES, Paulo Rodrigues 04	Desportivo Nacional	4:44.26	464	1:07.38	2:20.30	3:33.72	4:44.26
50m:		150m:		250m:		350m:	
100m: 1:07.38		200m: 2:20.30		300m: 3:33.72		400m: 4:44.26	
7. CAMACHO, Afonso Caires04	Clube Naval do Funchal	4:48.16	445	1:06.82	2:20.78	3:34.72	4:48.16
50m:		150m:		250m:		350m:	
100m: 1:06.82		200m: 2:20.78		300m: 3:34.72		400m: 4:48.16	
8. CASTRO, Martim Pereira 02	Clube Escola O Liceu	4:51.78	429	1:08.45	2:23.17	3:38.83	4:51.78
50m:		150m:		250m:		350m:	
100m: 1:08.45		200m: 2:23.17		300m: 3:38.83		400m: 4:51.78	
9. RODRIGUES, Rodrigo Re04	Desportivo Sao Roque	4:53.32	422	1:10.27	2:25.43	3:41.02	4:53.32
50m:		150m:		250m:		350m:	
100m: 1:10.27		200m: 2:25.43		300m: 3:41.02		400m: 4:53.32	

Prova 9, Masc., 400m Livres, Absoluto, 13 anos e mais velhos

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
10. OLIVEIRA, Diogo Alexandr05	Clube Naval do Funchal	4:57.70	403	1:09.02	2:25.47	3:42.45	4:57.70
<i>Mínimos Camp. Nacional de Infantis</i>							
50m:	100m:	150m:	250m:	350m:			
	1:09.02	2:25.47	3:42.45	4:57.70			
11. FERNANDES, Diogo Henri04	Clube Naval do Funchal	5:03.03	383	1:11.68	2:30.97	3:47.03	5:03.03
50m:	100m:	150m:	250m:	350m:			
	1:11.68	2:30.97	3:47.03	5:03.03			
12. BELO, Francisco Miguel 02	Desportivo Sao Roque	5:06.98	368	1:11.30	2:28.72	3:47.94	5:06.98
50m:	100m:	150m:	250m:	350m:			
	1:11.30	2:28.72	3:47.94	5:06.98			
13. RODRIGUES, Joao Luis 05	Clube Naval do Funchal	5:11.96	351	1:12.59	2:32.91	3:53.19	5:11.96
50m:	100m:	150m:	250m:	350m:			
	1:12.59	2:32.91	3:53.19	5:11.96			
14. FARIA, Joao Pedro 03	Clube Naval do Funchal	5:13.04	347	1:10.90	2:30.35	3:52.16	5:13.04
50m:	100m:	150m:	250m:	350m:			
	1:10.90	2:30.35	3:52.16	5:13.04			
15. AGUILAR, Luis Santos 04	Desportivo Nacional	5:13.22	346	1:13.73	2:34.72	3:55.57	5:13.22
50m:	100m:	150m:	250m:	350m:			
	1:13.73	2:34.72	3:55.57	5:13.22			
16. FERNANDES, Martim Pes04	Clube Naval do Funchal	5:13.68	345	1:12.34	2:33.24	3:55.04	5:13.68
50m:	100m:	150m:	250m:	350m:			
	1:12.34	2:33.24	3:55.04	5:13.68			
17. SOUSA, Lourenco Quintas05	Clube Naval do Funchal	5:17.54	332	1:14.23	2:35.29	3:57.54	5:17.54
50m:	100m:	150m:	250m:	350m:			
	1:14.23	2:35.29	3:57.54	5:17.54			
18. GOUVEIA, Luis Galvao 05	Desportivo Nacional	5:17.98	331	1:15.22	2:38.56	4:01.96	5:17.98
50m:	100m:	150m:	250m:	350m:			
	1:15.22	2:38.56	4:01.96	5:17.98			
19. NUNES, Afonso Miguel 04	Juventude Atlantico Clube	5:19.15	327	1:15.25	2:38.36	4:01.49	5:19.15
50m:	100m:	150m:	250m:	350m:			
	1:15.25	2:38.36	4:01.49	5:19.15			
20. AGUIAR, Pedro Ferreira 03	Clube Naval do Funchal	5:21.45	320	1:13.19	2:35.05	3:59.44	5:21.45
50m:	100m:	150m:	250m:	350m:			
	1:13.19	2:35.05	3:59.44	5:21.45			
21. FERREIRA, Leonardo Filipe04	Clube Naval do Funchal	5:21.48	320	1:12.66	2:34.69	3:59.45	5:21.48
50m:	100m:	150m:	250m:	350m:			
	1:12.66	2:34.69	3:59.45	5:21.48			
22. OLIVEIRA, Jose Alexandre03	Clube Escola O Liceu	5:22.03	319	1:16.27	2:39.14	4:03.14	5:22.03
50m:	100m:	150m:	250m:	350m:			
	1:16.27	2:39.14	4:03.14	5:22.03			
23. GAMA, Ibrahim Jose 01	Juventude Atlantico Clube	5:22.36	318	1:13.41	2:35.73	3:59.70	5:22.36
50m:	100m:	150m:	250m:	350m:			
	1:13.41	2:35.73	3:59.70	5:22.36			
24. LEITAO, Andre Freitas 05	Clube Naval do Funchal	5:25.99	307	1:17.40	2:40.49	4:04.77	5:25.99
50m:	100m:	150m:	250m:	350m:			
	1:17.40	2:40.49	4:04.77	5:25.99			
25. DIAS, Andre Vicente 05	Desportivo Nacional	5:31.24	293	1:16.39	2:42.95	4:11.14	5:31.24
50m:	100m:	150m:	250m:	350m:			
	1:16.39	2:42.95	4:11.14	5:31.24			
26. BOULHOSA, Rodrigo Abre05	Clube Naval do Funchal	5:31.91	291	1:19.31	2:46.18	4:12.14	5:31.91
50m:	100m:	150m:	250m:	350m:			
	1:19.31	2:46.18	4:12.14	5:31.91			
27. ANDRADE, Pedro Afonso 03	Individual Madeira	5:32.10	290	1:17.20	2:44.17	4:09.91	5:32.10
50m:	100m:	150m:	250m:	350m:			
	1:17.20	2:44.17	4:09.91	5:32.10			
28. ABREU, Nuno Afonso 03	Clube Naval do Funchal	5:32.33	290	1:18.15	2:44.83	4:11.10	5:32.33
50m:	100m:	150m:	250m:	350m:			
	1:18.15	2:44.83	4:11.10	5:32.33			
29. CANDELARIA, L. 03	Clube Naval do Funchal	5:42.28	265	1:16.88	2:45.36	4:14.06	5:42.28
50m:	100m:	150m:	250m:	350m:			
	1:16.88	2:45.36	4:14.06	5:42.28			

Prova 9, Masc., 400m Livres, Absoluto, 13 anos e mais velhos

Lugar	Ano		Tempo final	Pts	100m	200m	300m	400m
30. VOLOZHENIM, Alexandre	05	Clube Naval do Funchal	6:06.49	216	1:27.06	3:01.71	4:37.59	6:06.49
50m:		150m:	250m:			350m:		
100m: 1:27.06		200m: 3:01.71	300m: 4:37.59			400m: 6:06.49		
31. LEAL, Diogo Silva	04	Juventude Atlantico Clube	6:07.27	215	1:25.51	3:00.80	4:40.48	6:07.27
50m:		150m:	250m:			350m:		
100m: 1:25.51		200m: 3:00.80	300m: 4:40.48			400m: 6:07.27		
32. ABREU, Tiago Gomes	03	Clube Naval do Funchal	6:11.87	207	1:27.72	3:02.45	4:38.90	6:11.87
50m:		150m:	250m:			350m:		
100m: 1:27.72		200m: 3:02.45	300m: 4:38.90			400m: 6:11.87		
33. SILVA, Tony Stefano	05	Clube Naval do Funchal	6:13.88	203	1:31.08	3:08.05	4:46.05	6:13.88
50m:		150m:	250m:			350m:		
100m: 1:31.08		200m: 3:08.05	300m: 4:46.05			400m: 6:13.88		
34. PEREIRA, Diogo Gameiro	04	Clube Naval do Funchal	6:14.83	202	1:28.91	3:05.38	4:41.75	6:14.83
50m:		150m:	250m:			350m:		
100m: 1:28.91		200m: 3:05.38	300m: 4:41.75			400m: 6:14.83		
35. ALVES, Tiago Pires	05	Juventude Atlantico Clube	6:20.72	193	1:31.25	3:08.63	4:47.36	6:20.72
50m:		150m:	250m:			350m:		
100m: 1:31.25		200m: 3:08.63	300m: 4:47.36			400m: 6:20.72		
36. MENDES, Juan Diego	05	Desportivo Nacional	7:13.20	131	1:37.19	3:30.04	5:22.69	7:13.20
50m:		150m:	250m:			350m:		
100m: 1:37.19		200m: 3:30.04	300m: 5:22.69			400m: 7:13.20		
37. ALVES, Luis Fernandez	05	Juventude Atlantico Clube	7:13.63	130	1:35.50	3:26.53	5:22.36	7:13.63
50m:		150m:	250m:			350m:		
100m: 1:35.50		200m: 3:26.53	300m: 5:22.36			400m: 7:13.63		
38. JESUS, Pedro Miguel	05	Juventude Atlantico Clube	7:20.95	124	1:42.93	3:38.05	5:32.39	7:20.95
50m:		150m:	250m:			350m:		
100m: 1:42.93		200m: 3:38.05	300m: 5:32.39			400m: 7:20.95		
39. NUNES, Andre Maltez	05	Desportivo Nacional	7:43.20	107	1:46.02	3:42.77	5:42.16	7:43.20
50m:		150m:	250m:			350m:		
100m: 1:46.02		200m: 3:42.77	300m: 5:42.16			400m: 7:43.20		
DNS BARRY, Rafael Francisco	04	Clube Naval do Funchal						
DNS FERRO, Henrique Martins	01	Clube Naval do Funchal						
DNS SANTOS, B.	05	Juventude Atlantico Clube						