

II TORREGRI
Santo António, Funchal, 6 - 7/4/2018

Prova 18
07/04/2018 - 9:48

Femin., 400m Livres

Cadetes A, 2007
Resultados

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts
1.	CAMARA, Ines Cruz		07	Clube Desportivo Nacional				5:39.26	330
	50m:	36.80 36.80	150m:	2:00.90	42.89	250m:	3:27.59 43.82	350m:	4:55.58 44.06
	100m:	1:18.01 41.21	200m:	2:43.77	42.87	300m:	4:11.52 43.93	400m:	5:39.26 43.68
2.	GONCALVES, Valentina Jose		07	Clube Desportivo Nacional				6:01.01	274
	50m:	38.76 38.76	150m:	2:10.61	47.17	250m:	3:43.82 46.95	350m:	5:16.94 46.45
	100m:	1:23.44 44.68	200m:	2:56.87	46.26	300m:	4:30.49 46.67	400m:	6:01.01 44.07
3.	NETO, Leonor Rodrigues		07	Clube Naval do Funchal				6:03.68	268
	50m:	40.95 40.95	150m:	2:12.75	46.67	250m:	3:45.86 46.79	350m:	5:19.91 46.97
	100m:	1:26.08 45.13	200m:	2:59.07	46.32	300m:	4:32.94 47.08	400m:	6:03.68 43.77
4.	RODRIGUES, Laura Sofia		07	Juventude Atlantico Clube				6:08.74	257
	50m:	41.26 41.26	150m:	2:13.46	47.04	250m:	3:48.59 47.92	350m:	5:23.92 47.02
	100m:	1:26.42 45.16	200m:	3:00.67	47.21	300m:	4:36.90 48.31	400m:	6:08.74 44.82
5.	TEMTEM, Sara Maria		07	Clube Desportivo Nacional				6:21.00	233
	50m:	43.03 43.03	150m:	2:18.96	48.44	250m:	3:56.63 48.88	350m:	5:35.46 49.59
	100m:	1:30.52 47.49	200m:	3:07.75	48.79	300m:	4:45.87 49.24	400m:	6:21.00 45.54
6.	MATEUS, Clarisse Vieira		07	Clube Desportivo Nacional				6:41.98	198
	50m:	45.32 45.32	150m:	2:26.89	50.22	250m:	4:08.96 51.75	350m:	5:53.32 52.41
	100m:	1:36.67 51.35	200m:	3:17.21	50.32	300m:	5:00.91 51.95	400m:	6:41.98 48.66
7.	FRANCA, Ines Matos		07	Juventude Atlantico Clube				6:52.59	183
	50m:	45.06 45.06	150m:	2:30.52	53.55	250m:	4:15.54 52.89	350m:	6:03.63 53.49
	100m:	1:36.97 51.91	200m:	3:22.65	52.13	300m:	5:10.14 54.60	400m:	6:52.59 48.96
8.	FIGUEIRA, Madalena Leonor		07	Clube Naval do Funchal				7:02.36	171
	50m:	46.15 46.15	150m:	2:32.88	53.76	250m:	4:21.47 54.41	350m:	6:10.45 54.26
	100m:	1:39.12 52.97	200m:	3:27.06	54.18	300m:	5:16.19 54.72	400m:	7:02.36 51.91
9.	FREITAS, Maria Raquel		07	Clube Naval do Funchal				7:23.01	148
	50m:	45.76 45.76	150m:	2:38.63	58.05	250m:	4:33.27 58.17	350m:	6:28.03 56.66
	100m:	1:40.58 54.82	200m:	3:35.10	56.47	300m:	5:31.37 58.10	400m:	7:23.01 54.98
10.	ERRA, Clara Patricia		07	Juventude Atlantico Clube				7:24.02	147
	50m:	48.45 48.45	150m:	2:37.90	56.41	250m:	4:33.58 58.26	350m:	6:30.47 58.46
	100m:	1:41.49 53.04	200m:	3:35.32	57.42	300m:	5:32.01 58.43	400m:	7:24.02 53.55
11.	PONTE, Eliana Maria		07	AD do Campanario				8:27.61	98
	50m:	57.40 57.40	150m:	3:07.70	1:06.15	250m:	5:17.45 1:04.95	350m:	7:26.07 1:04.50
	100m:	2:01.55 1:04.15	200m:	4:12.50	1:04.80	300m:	6:21.57 1:04.12	400m:	8:27.61 1:01.54
12.	PERESTRELO, Laura Vasconcelos		07	Juventude Atlantico Clube				8:35.84	93
	50m:	57.44 57.44	150m:	3:08.08	1:05.17	250m:	5:21.38 1:07.73	350m:	7:35.27 1:07.61
	100m:	2:02.91 1:05.47	200m:	4:13.65	1:05.57	300m:	6:27.66 1:06.28	400m:	8:35.84 1:00.57